

Ref:

NE2510

Dundee Partnership **Community Regeneration Fund**

Grant Application **2025/26**

Applicant Information	
Name of Applicant Group	Heart Space Dundee
Activity Title	ASN Kids + Family Classes
Grant Requested (£)	£4200

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE	PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR
<input type="checkbox"/> Coldside	<input checked="" type="checkbox"/> Small GrantX
<input type="checkbox"/> East End	
<input type="checkbox"/> Lochee	<input type="checkbox"/> Youth Inclusion

Maryfield
North EastX
Strathmartine

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to dundee.partnership@dundeecity.gov.uk

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form	<input checked="" type="checkbox"/>
Fully completed the information on the front of the form	<input checked="" type="checkbox"/>
Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)	<input checked="" type="checkbox"/>
Checked that your budget adds up properly?	<input checked="" type="checkbox"/>
Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?	<input checked="" type="checkbox"/>
Included appropriate, measurable outputs & outcomes?	<input checked="" type="checkbox"/>
Provided your groups accounts, or other appropriate financial information?	<input checked="" type="checkbox"/>
Sourced and attached all relevant quotes? (multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)	<input checked="" type="checkbox"/>
Checked that the bank details or financial code are correct / complete?	<input checked="" type="checkbox"/>
Signed the form, given accurate contact details and ticked the GDPR box?	<input checked="" type="checkbox"/>

Who is the grant for? (Name of Applicant Group / Department)		Heart Space Dundee	
Did you receive a Dundee Partnership grant during 2024-25? (If yes, list all grants below)			NO
Title of project funded	Amount granted	When	Was it fully spent?

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

We have strong relationships with community centres, community groups and schools in the NE of Dundee but have been limited in our afterschool delivery by rental fees for spaces to lead sessions.

We aim to deliver sessions afterschool in both community and education settings with links we have with ASN families of teenage years, ASN families with younger families of primary school age, and integrated family sessions with younger families and toddlers.

Classes are a mix of yoga, movement, mindfulness, and coordination work to encourage team work, family bonding, and both physical and mental stimulation.

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Which City Plan / Local Community Plan Outcome(s) will it address?

Health and Wellbeing and Children and Families

How many people will benefit from this project?	200
Will any specific groups benefit from this project? (male, female, age range or protected characteristic) Classes will specifically target mixed groups of ages with ASN characteristics.	

Please say why the project is needed (please limit your answer to 500 words or less)

Our community officers work with schools and communities during school hours and afterschool provision is limited in our budgets with rental fees and hall hire. We have had multiple requests for blocks of classes over 8 weeks between 3.30-6.00pm which is currently outwith our offering in the community.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

We have direct requests from Roundabout, Greenfield Academy, and The Crescent for sessions for ASN families. We are happy to share contacts on this.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

We have been working within Greenfield Academy since it opened, we have had a few successful projects at Roundabout and currently have a permanent session for seniors/mobility issues at The Crescent but our links with the centre manager and adjacent school are good.

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

All of our sessions are free at the point of access. We provide all materials, mats, and non-reusable items for classes regardless of the size of families.

What other sources of funding have you secured / tried to secure for this project?

• **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£25000 (Salaries for two community officers part time for schools/community projects)

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Rental costs (Direct quote) £30/session	£600	
Individual ASN Session £60/session	£3600	

Totals	£4200	

- **All applicants are required to submit a copy of the group's most recent annual accounts** with this application. These will be used to help determine eligibility for funding, and **WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Our session cost includes staff cost, travel and equipment.

How do you intend to monitor the project Outputs and Outcomes?

We monitor with feedback after each session and log attendance numbers. This will give a good overview as we put this into our impact report software. We will draft a case study for each location.

What is the planned start date of the event/activity?

Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (*see section 2 of the guidance notes*)

19th January 2026

What is the planned end date of the event/activity?

30th March 2026

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome: Health and Wellbeing	
Purpose of activity / project within this Outcome: Provide ASN Yoga sessions in community settings	
	Target 2025-26
Outputs	
Number of participants reporting an increased knowledge of the benefits of yoga and mindfulness	200
Outcomes / Indicators:	
Attendance and casual feedback after each session.	

City Plan / Local Community Plan Outcome:
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