

Ref: S2607

Dundee Partnership **Community Regeneration Fund**

Grant Application **2026/27**

Applicant Information	
Name of Applicant Group	St Mary's CC SCIO
Activity Title	Yoga
Grant Requested (£)	1125

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE
☐ Coldside
☐ East End
☐ Lochee

PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR
☒ Small Grant x
☐ Youth Inclusion

Maryfield	Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to dundee.partnership@dundeecity.gov.uk
North East	
Strathmartinex	

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form	☐
Fully completed the information on the front of the form	☐
Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)	☐
Checked that your budget adds up properly?	☐
Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?	☐
Included appropriate, measurable outputs & outcomes?	☐
Provided your groups accounts, or other appropriate financial information?	☐
Sourced and attached all relevant quotes? (multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)	☐
Checked that the bank details or financial code are correct / complete?	☐
Signed the form, given accurate contact details and ticked the GDPR box?	☐

Who is the grant for? (Name of Applicant Group / Department)		St Mary's CC SCIO	
Did you receive a Dundee Partnership grant during 2025-26? (If yes, list all grants below)			YES
Title of project funded	Amount granted	When	Was it fully spent?
SY2502 Children's Work	£5281	April	Yes
S2506 Burns Supper	£1011	December	Yes
S2507 Community Cafes Produce	£399	December	Yes

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

Funding to provide for seated yoga on Mondays and yoga on Thursdays in the community centre.
 Funding to cover cost of qualified instructor fees and essential equipment, mats, bolsters, blocks, straps and blankets, needed to deliver weekly yoga classes.

Service : 2x Weekly Yoga Classes (Mat & Seated)

Duration : 1 Hour per session

Period : 23 weeks x2 sessions per week final week is only 1 session)

Rate : 1 x £25:00 per hour

Total Annual Cost : 45 sessions x £25:00 = £1,125

Whats Included:

- Planning and delivery of structured yoga sessions
- Adaptations for mixed ability levels
- Provision of basic equipment – mats, blocks, straps

Which City Plan / Local Community Plan Outcome(s) will it address?

Strathmartine Locality Plan:

Improve local supports for people: Health & Wellbeing.

How many people will benefit from this project?	35
Will any specific groups benefit from this project? (male, female, age range or protected characteristic) Elderly group for seated yoga session.	

Please say why the project is needed (please limit your answer to 500 words or less)

Health & wellbeing has been identified as an issue across all age groups and particularly amongst elderly people who are less likely to be active in their daily life. Improving movement and physical activity is proven to improve wellbeing and health of individuals.

The funding would help keep the classes affordable and accessible whilst ensuring they are delivered safely with the appropriate equipment and qualified instruction. The project aims to improve physical health wellbeing and social inclusion.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

The classes were initially offered free of charge and were very well received in the community. Information shared from participants stated they would like the classes to continue as they felt attending them had improved their mobility and they felt healthier.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Feedback from attendees states they wished the sessions to continue.

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

The classes were initially offered free of charge and were very well received in the community. As the sessions became established, it was agreed that participants would contribute a small amount to help cover hall hire costs. The tutor will provide all necessary equipment for anyone attending the sessions. If someone does not have the means to pay the £2 session charge, they would be allowed to participate for free.

What other sources of funding have you secured / tried to secure for this project?

- If none, please state why this is the case

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)
None.

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
	0.00

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Tutor	1125	1125
Totals	1125	1125

- **All applicants are required to submit a copy of the group's most recent annual accounts** with this application. These will be used to help determine eligibility for funding, and **WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Accounts have been shared when previous application was made for Children's Worker support funding – SY2603.
Tutor costs for session.

How do you intend to monitor the project Outputs and Outcomes?

Attendance at weekly sessions.
End of year feedback from participants.

What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)	21/09/26
What is the planned end date of the event/activity?	29/3/27

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome: Strathmartine Locality Plan: Improve local supports for people: Health & Wellbeing.	
Purpose of activity / project within this Outcome:	
	Target 2026-27
Outputs	
2x 23 Monday weekly sessions	23 sessions
2x 22 Thursday sessions	22 sessions

Outcomes / Indicators:	
Improved health & wellbeing	35

City Plan / Local Community Plan Outcome:	
Purpose of activity / project within this Outcome:	
	Target 2026-27
Outputs	
Outcomes / Indicators:	