



For official	use	only:
Ref:		

<u>Dundee Partnership</u> <u>Community Regeneration Fund</u>

Grant Application 2024/25

Ref: L2405

	Applicant Information
Name of Applicant Group	LOCHEE BOYS AND GIRLS CLUB
Activity Title	Improve Accessibility for All
Grant Requested (£)	£4993.53

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.
- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.
- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a citywide activity, but a local activity that is to take place in more than one Ward.

		WARD WHERE YOUR OT WILL OPERATE		PLEASE INDICATE WHICH TYPE OF O YOU ARE APPLYING FOR	RANT
		DUNDEE PA	RTN	ERSHIP FUND CRF GRANT APF	PLICATION
	Coldside		8	Small Grant	
	East End		F] Physical & Environmental Improvement [□ □
	Lochee		<u> </u>	outh Inclusion	
	Maryfield			e note that communications regarding this	
	North East		comm	nt to you via email unless you indicate oth nunication for this application should be m ee.partnership@dundeecity.gov.uk	
	Strathmartine			cklist for the DP Community Re	generation
			Fun	d Application Form	
chec	klist to ensur	re that your form is a	as ful	e Dundee Partnership Team, please ly completed as possible. Please a ys in processing or rejection of your	also note that
Have	e you:				
Rea	d the guidanc	e sections of the form			х
Fully	y completed t	he information on the f	front o	of the form	Х
Prov	vided a respor	nse to all sections of the		lication form tion as 'N/A' where relevant)	Х
Che	cked that you	r budget adds up prope		cion as N/A where relevant,	Х
	•	r start date is after the hat your end date is w		at which funds could be available, the financial year?	Х
Incl	uded appropri	ate, measurable outpu	ıts & c	outcomes?	х
Prov	vided your gro	oups accounts, or other	r appr	opriate financial information?	X
(mu	Itiple quotes	ched all relevant quotes are required where >£ g considered)) is being applied for to ensure valu	e
Che	cked that the	bank details or financia	al cod	e are correct / complete?	Х
Sigr	ned the form,	given accurate contact	detai	ls and ticked the GDPR box?	Х

Who is the grant for? (Name of Applicant Group / Department)	Lochee Club	Boys and Girls		
Did you receive a Dundee Pa (If yes, list all grants below)	artnership g	rant during 2023-24?		NO
Title of project fund	ed	Amount granted	When	Was it fully spent?

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

The club is busier than ever and we struggle to accommodate all the people who wish to take part in our activities. On a Monday evening, we have an "open session" where anyone wishing to box or train can attend. It is encouraging to see the club busy with on average 60 people attending the sessions. These sessions were a real mix of people from all ages, genders, and backgrounds. We were getting to breaking point and having to turn young people away or create a waiting list which we did not want to do so we had to find a way to accommodate people. To eliminate the need to turn people away we decided to try and run different sessions on different days of the week which would enable us to provide tailored sessions and to meet the demand.

This means we have actively recruited new volunteers to assist with coaching, this comes with costs as every potential coach must register with Boxing Scotland, complete the child protection training, first aid training and ongoing coaching training. To register and train a new coach costs a minimum of £160 per person, the coaching development then cost between £225 and £350 per course depending on the coaching level required.

This was an anticipated cost however given the financial challenges most of our members face we took the decision not to increase the cost of the sessions. We do not have a membership fee and we do not ask members to pay monthly for their sessions like most other clubs do. Our sessions cost £3 for those under 16years and all registered boxers. Over 16s pay £4. These costs are low in comparison to other clubs or other sporting activities or classes.

By opening the premises more frequently to accommodate we have increased our utility costs and there is a greater requirement for cleaning and maintenance. We have tried to off-set these by allowing other clubs and community groups to use our premises for a fee and this has also increased the foot fall of users of our facility.

To enable the additional sessions, we have dedicated coaches and volunteers to run 2 separate juniors' classes, we now also have a dedicated Womens Section with separate training and we are hoping to meet the demand for box ability sessions for those with disabilities and additional support needs.

To enable all the above to continue we require additional equipment to suit the different training on offer. We would be looking to source specific equipment to help support the box ability classes which focuses on balance, footwork, and coordination.

To support the juniors, we also require specific equipment that we do not have including smaller and lighter weights, smaller gloves to provide for those that do not have their own and some alternative equipment.

We also require our boxing rings to be maintained and the canvas and skirts to be intact and comply with H&S regulations.

Which City Plan / Local Community Plan Outcome(s) will it address?

Given our location, being at the "Heart of Lochee" we are ideally placed to be accessible to those within the central Lochee area. We have been operating since 1946 for the community of Lochee and there are generations of families who have been involved with the club. We see ourselves as a family, and what we offer really does tackle social isolation by given people a sense of belonging and a safe place to come and meet others. Given that boxing or any sport really can improve both physical and mental health we can assist in helping achieve positive outcomes in this area.

	200+ per week
How many people will benefit from this project?	

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

Currently the club has about 200 people coming through its doors a week. This is made up from those participating in various boxing sessions but also, we have other organisations providing their services. We have a sustainable fitness class three times a week, early mornings, we have a Bouncercise class running twice a week and a martial arts club operating 3 times weekly.

During late 2023 we ran some taster sessions for those with disabilities. We worked with colleagues at Dundee City Disability Sport and advertised and ran these sessions. The response was overwhelming and welcomed by those organisations who brought individuals along. We are inundated with requests to make these sessions available on a regular basis for this community and it is a long-term plan for us to be able to do so.

During these sessions we were contacted by a local High School who asked if they could bring some pupils from their Assisted Support Need group. The young people attended and given their feedback the school has worked with us over the past few months and there is now funding in place for us to offer a weekly session to the pupils for the coming school term. This has been welcomed by all those involved.

We also worked with Womens Aid and to offer some free sessions, womens only sessions to help improve confidence and overall wellbeing. These were very well attended and we have now managed to keep operating a womens only session on a Tuesday evening during which there is an average of about 22 women and girls attend.

Our Juniors' sessions started recently to relieve the pressure on a Monday evening and to ensure younger children had an opportunity to experience a professional boxing class. This has been very successful and we run two sessions for children aged 6 to 13 years. On average we have around 40 children attending both sessions.

All the participants who attend the club will benefit from improvements to our equipment and benefit from having support and coaching from qualified and dedicated staff.

Please say why the project is needed (please limit your answer to 500 words or less)

The City Plan and the Local Community Plan mention keys areas in which I feel the club can contribute. Given our central location and the plans to increase local housing in our immediate area I feel we have something to offer families in the Lochee area. We need to maintain our assets so that we can continue to accept members of the community into an environment that is safe and is operated by staff who are trained and knowledgeable.

We have been supported by the community for over 70 years and have worked in partnership with numerous organisations. We have support from DCC and recently become members of the Lochee Community Sports Hub where we hope we can work in collaboration with others to deliver outcomes for the community.

We have evidence that there is demand for what we can deliver, our increased membership clearly show that. We have taken positive steps to offer new sessions expanding our reach within the wider community and the uptake has been overwhelming.

We regularly get referrals from schools and other youth organisations. We then offer young people an opportunity to be the best they can be and realise their potential. We have hundreds of ex members who often return to the club and offer their time, skills, or knowledge to "give back." We have letters of support from members and/or their families who explain what the club did for that individual and how it supported them, often through really difficult times.

The Lochee Boys and Girls Club is more than a boxing club, it is a club that exists because of its ability to work with all members of the community. It brings people from all backgrounds together; it promotes team work and instils respect and values in its members.

The club has produced many champions over the years, we have many Scottish Champions within our club and we are very proud of our very own Sam Hickey, Commonwealth Champion. However, the achievements of these young people could not happen without our dedicated team of volunteers and coaches and the support we get from the wider community.

We need to invest in these young people, we need to maintain a safe and equipped environment to give them the best opportunities they can have to achieve their goals. We need to keep the club open and accessible for all. By providing us the means to recruit and retain volunteers and coaches we can deliver more and meet the needs of the community.

By having options of equipment and resources we would be able to expand our reach and target some of the most vulnerable members within our communities. We could help people to maintain a healthy lifestyle, physically and mentally, we could work with schools to offer some young people other activities as an alternative to education and we could continue to encourage young people to engage in healthy activities and deter them from offending or participating in risky behaviours.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

What evidence do you hold that the local community supports this application? (For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Recently there has been some momentum in forming a local community sports hub for the area as clearly there has been a need for organisations to get together and combine resources to service the community. The Lochee Boys and Girls Club was accepted as a member of the newly formed group and Club Dundee Scheme. I have attended an LCPP meeting representing the club and given some of the discussions around the table and looking the Local Community Plan I can see where we could assist in achieving some of the local outcomes. I have met with and have the support of the local elected members to expand the reach of the club.

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

From data provided Lochee has an above the Dundee average of children in the local area and a massive 29% are living in poverty. This is something that as a local charity we are aware of and it is evident daily in the children we have engaged at the club. We strive to provide a facility where these young people can have access to the same equipment and training as other facilities but at a reduced cost. By providing funding it would mean that these young people can attend sessions with no outlay for their own gloves or equipment.

We do have young people who attend the club and if required the club meets the fee for the session. The club is also happy to pay for those in need to be registered with Boxing Scotland and will provide relevant clothing and on occasion food to these young people who represent us at local and National competitions.

We ensure that our members compete on a level playing field and they are not singled out because of their personal circumstances. We are discreet and respectful and work with families to gain their support.

We also offer other activities to these young people who despite their own personal challenges have dedicated themselves to being the best they can be. We have taken members on fun days to bowling or other activities that they may otherwise not be able to participate in. We also fundraised to be able to purchase a minibus which is vital to ensure that our members can engage in competitions and other boxing shows as not all families have access to transport. We have on occasion been able to take family members to competitions to see their child boxing for the first time and seeing a family being united and involved is inspiring.

We are a registered charity and not for profit so it is vital that we keep working as a team to ensure we keep the club accessible for all, we keep the cost of a session as low as possible and we continue to provide financial support to those that require it by supplementing their registration, entry fees to competitions and provide them with quality equipment and clothing. We hope that by participating the newly formed community sports hub we can collaborate with others to offer food, fitness, and a safe space for healthy activity for the young people in our community.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

How will the planned project be maintained? (please state who will be responsible for this)

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

What other sources of funding have you secured / tried to secure for this project?

· If none, please state why this is the case

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
New Canvas and skirts for boxing rings & Printing	2548	
Gloves and head guards for Women/Girls/juniors	1239.04	1239.04
Equipment to support ASN Group Boxing including, hand paddles to assist with coordination Gel hand wraps and sets of ear defenders to support the ASN and disability groups	283.99	283.99
Training for new coaches and first aid training x 3	922.50	922.50
Totals	4993.58	4993.58

- All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED
- If reserves held are less than three months operating expenses please confirm this below Note that if you have already submitted your accounts within this financial year, further copies may not be needed please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Have quotes available for equipment and other resources.

How do you intend to monitor the project Outputs and Outcomes?

All new members complete a membership form which contains personal information including their address and post code. This will assist us in determining the geographic location of persons attending the club.

We can provide data of any increase of attendance of participants

We can work with Dundee City Disability Sport in promoting tailored box ability sessions and hope to make this a regular dedicated session and can record numbers of persons attending. We can ask for feedback from participants and accompanying staff regarding the adaptations made to ensure the suitability of the equipment and training we deliver

We can record all staff training to determine the development of existing staff and any new coaches and volunteers

What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes)	May 2024
What is the planned end date of the event/activity?	Ongoing

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

Purpose of activity / project within this Outcome: To be able to offer sessions to a wider section of the community		
	Target 2024-25	
Outputs		
To improve the training environment and equipment.	35 new sets of gloves and 2 new canvas and skirts for boxing rings	
To increase our registered coaches to 9	3 additional coaches	
Outcomes / Indicators:		
An increase in members and participants. To record the number of sessions we provide for those with additional support needs.	Record numbers attending on weekly basis	
To build a team of coaches who have more capacity to run sessions.	Recruit and train an additional 3 coaches	
City Plan / Local Community Plan Outcome:		
Purpose of activity / project within this Outcome:		
	Target 2024-25	
Outputs		
Outcomes / Indicators:		