Ref: NE2505

## <u>Dundee Partnership</u> <u>Community Regeneration Fund</u>

# Grant Application 2025/26

|                         | Applicant Information              |
|-------------------------|------------------------------------|
| Name of Applicant Group | NE Ward Community Empowerment Team |
| Activity Title          | Wednesday Women's Group            |
| Grant Requested (£)     | 880.28                             |

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.
- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a city-wide activity, but a local activity that is to take place in more than one Ward.

| TICK THE WARD WHERE YOUR PROJECT WILL OPERATE | PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR |
|---|--|
| Coldside                                      | Small Grant X  |
| East End                                      |  |
| Lochee  | Youth Inclusion  |

| Maryfield     |  |
|---------------|--|
| North East X  | Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this |
| Strathmartine | application should be made to<br>dundee.partnership@dundeecity.gov.uk  |

## **Checklist for the DP Community Regeneration Fund Application Form**

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

#### Have you:

| Read the guidance sections of the form   | Х |
|--|---|
| Fully completed the information on the front of the form   | Х |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)   | Х |
| Checked that your budget adds up properly?   | Х |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?          | Х |
| Included appropriate, measurable outputs & outcomes?   | Х |
| Provided your groups accounts, or other appropriate financial information?   | X |
| Sourced and attached all relevant quotes? (multiple quotes are required where $> £5,000$ is being applied for to ensure value for money is being considered) | X |
| Checked that the bank details or financial code are correct / complete?  |   |
| Signed the form, given accurate contact details and ticked the GDPR box?   | Х |

| Who is the grant for? (Name of Applicant Group / Department) | North East ward Wednesday Women's Group |                |      |                     |
|--|---|----------------|------|---------------------|
| Did you receive a Dundee Partnership grant during 2024-25?   |   |                |      |                     |
| (If yes, list all grants below)                              |   | J              |      | YES / NO            |
| Title of project funde                                       | ed                                      | Amount granted | When | Was it fully spent? |
|  |   |                |      |                     |
|  |   |                |      |                     |
|  |   |                |      |                     |
|  |   |                |      |                     |
|  |   |                |      |                     |
|  |   |                |      |                     |

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

The grant is being requested to provide craft activities, wellbeing resources and refreshments / snacks.

Which City Plan / Local Community Plan Outcome(s) will it address?

**Locality plan outcome** – We need to tackle social isolation and improve mental wellbeing

Working towards:

**City plan** – Mental health of our citizens will improve through accessible community supports

### How many people will benefit from this project?

10-15 per week

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

This is a female only group

#### Please say why the project is needed (please limit your answer to 500 words or less)

The project is needed as local women have identified that there are no Mental Health groups for them running in their area. More and more women are struggling with everyday issues and the group has been created in partnership with local people and the community empowerment team in order to provide a safe space.

Dundee has the 5th highest rate in Scotland of adults (aged 16-64) who reported in the 2011 Census that they lived with a mental health condition. Dundee has a higher number than the national average for people with a Mental Health condition.

Dundee also has 6319 people in the 16-64 age group who identified themselves as having mental health conditions; this is 6.4% of the 16 to 64 population. The gender balance for mental health conditions is similar to the Scottish average. There is a higher prevalence of females (57% females : 43% males) and also a higher prevalence in the 35- 64 age group

An Engage Dundee survey (2023) highlighted that 1 in 8 respondents spoke of a decline in their Mental Health. They described having little to no quality of life and few things to look forward to or take pleasure in. Isolation was also a key feature in

| this survey with many respondents stating they did not have financial means to be able to meet friends or engage in leisure activities.  |
|--|
|  |
|  |
|  |
|  |
| What local consultation has taken place regarding this application? (Please attach evidence summarising the results of any consultation)   |
| Local people have been involved by identifying the need for such a project therefore consultation has taken place with local people.   |
|  |
|  |
|  |
| What evidence do you hold that the local community supports this application?  |
| (For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)  |
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| The project will tackle deprivation by not having any fees in place and through the |
|---|
| provision of free refreshments. The project will enable relationships to be built   |
| between staff and participants which will then enable the appropriate signposting   |
| for support around finances and food where appropriate and required.                |
|   |

#### What other sources of funding have you secured / tried to secure for this project?

#### • If none, please state why this is the case

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

| Source of Funding (detail if this funding is for more than 1 year, if applicable) | £ |
|---|---|
|   |   |

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

|  | Full Costs | DP Aid |
|--|------------|--------|
| Cost Heading                           | (£)        | (£)    |
| c con resuming                         |            |        |
| Bread 1.40 per week x 40               | 56.00      | 56.00  |
| Butter 1.99 x 40                       | 79.60      | 79.60  |
| Tea/Coffee/Milk 4.00 x 40              | 160.00     | 160.00 |
| Plastic blank cups x 60 (amazon)       | 59.68      | 59.68  |
| Variety craft materials ( hobbycraft ) | 378.60     | 378.60 |
| Aluminium bottles x 50 (longforte)     | 146.40     | 146.40 |
|  |            |        |

| Totals | 880.28 | 880.28 |
|--------|--------|--------|

- All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED
- If reserves held are less than three months operating expenses please confirm this below Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Quotes for craft resources / bottles / cups

#### How do you intend to monitor the project Outputs and Outcomes?

Outputs will be monitored through recording the number of participants attending each week

Outcomes will be monitored through capacity building within the group

| What is the planned start date of the event/activity?  Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes) | April 2025      |
|--|-----------------|
| What is the planned end date of the event/activity?  | 31st March 2026 |

#### **Outputs & Outcomes**

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

| City Plan / Local Community Plan Outcome:  |                           |  |  |
|--|---------------------------|--|--|
| City plan: Mental health of our citizens will improve through acces  | ssible community supports |  |  |
| Locality community plan: We need to tackle social isolation and improve mental wellbeing   |                           |  |  |
|  |                           |  |  |
| Purpose of activity / project within this Outcome:   |                           |  |  |
| Reduce isolation and contribute to improving mental wellbeing of   | local ladies              |  |  |
|  |                           |  |  |
|  | Target 2025-26            |  |  |
| Outputs  |                           |  |  |
| Participants will attend the group each week. There will be 2 weeks during the Christmas period where the centre will be closed. | 10-15 per week            |  |  |
|  |                           |  |  |
| Outcomes / Indicators:   |                           |  |  |
| Ongoing group evaluations highlighting improvements to mental wellbeing  |                           |  |  |
|  |                           |  |  |
|  |                           |  |  |
|  |                           |  |  |
| City Plan / Local Community Plan Outcome:  |                           |  |  |
| Purpose of activity / project within this Outcome:   |                           |  |  |
|  | Target 2025-26            |  |  |
| Outputs  |                           |  |  |
|  |                           |  |  |
|  |                           |  |  |
|  |                           |  |  |
| Outcomes / Indicators:   |                           |  |  |
|  |                           |  |  |
|  |                           |  |  |
|  |                           |  |  |