

Dundee Partnership Community Regeneration Fund

Grant Application 2026/27

Applicant Information	
Name of Applicant Group	Kizuna karate scotland
Activity Title	Inclusive karate
Grant Requested (£)	£5000

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE Coldside ☐ East End ☐ Lochee ☐ Maryfield ☐ North East ☒ Strathmartine ☐	PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR Small Grant ☐ Youth Inclusion ☐ Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to dundee.partnership@dundeecity.gov.uk
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Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

- | | |
|---|-------------------------------------|
| Read the guidance sections of the form | ☒ |
| Fully completed the information on the front of the form | ☒ |
| Provided a response to all sections of the application form
(including indicating a section as 'N/A' where relevant) | ☒ |
| Checked that your budget adds up properly? | ☒ |
| Checked that your start date is after the date at which funds could be available,
(see page 6) and that your end date is within the financial year? | ☒ |
| Included appropriate, measurable outputs & outcomes? | ☒ |
| Provided your groups accounts, or other appropriate financial information? | ☒ |
| Sourced and attached all relevant quotes?
(multiple quotes are required where >£5,000 is being applied for to ensure value
for money is being considered) | ☒ |
| Checked that the bank details or financial code are correct / complete? | ☒ |
| Signed the form, given accurate contact details and ticked the GDPR box? | ☒ |

DUNDEE PARTNERSHIP FUND CRF GRANT APPLICATION

Who is the grant for? (Name of Applicant Group / Department)	Kizuna Karate Scotland		
Did you receive a Dundee Partnership grant during 2025-26? (If yes, list all grants below)			YES
Title of project funded	Amount granted	When	Was it fully spent?
Karate for all	£2597	Jan 2025	Yes

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

We are seeking funding to cover the cost of hiring facilities at Drumgeith Community Campus for one year, enabling our not-for-profit karate club to provide free karate sessions every Monday, Thursday and Sunday. By removing all participation fees, we will ensure that everyone can access our activities regardless of their financial circumstances.

Our club is run entirely by four dedicated volunteer instructors and committee members who give their time freely to support the local community. We provide inclusive sessions for children, young people, adults and families, welcoming people of all ages, abilities and backgrounds. We actively support disabled participants, vulnerable individuals, those experiencing financial hardship and people who may otherwise face barriers to participating in regular physical activity.

The grant will cover our venue hire costs, allowing every session to be delivered free of charge for a full year. This will reduce financial pressures on families, encourage greater participation and ensure that no one is excluded because they cannot afford membership or class fees.

Our sessions provide much more than martial arts training. They promote physical health, improve mental wellbeing, build confidence, discipline, resilience and self-esteem, and create opportunities for people to make friends and feel part of their community. The club provides a safe, welcoming and supportive environment where participants develop respect, teamwork and positive relationships while taking part in a structured activity.

By providing free, accessible sessions throughout the year, we will strengthen community connections, reduce social isolation and create positive opportunities for local people to come together. The project supports healthier lifestyles, encourages community participation and provides a constructive activity that benefits people of all ages while helping to reduce inequalities in access to sport and recreation.

Funding this project will enable us to continue delivering a valuable community service that is sustainable, inclusive and volunteer-led. It will ensure that local people have ongoing access to high-quality activities that improve health and

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wellbeing, foster community spirit and create lasting positive outcomes for individuals, families and the wider community.

Which City Plan / Local Community Plan Outcome(s) will it address?

Our project contributes to several outcomes within the Dundee City Plan and Local Community Plan by improving health and wellbeing, reducing inequalities and strengthening community connections.

By providing free karate sessions, we remove financial barriers to participation, ensuring that children, young people, adults and families can access regular physical activity regardless of their income or circumstances. This supports healthier lifestyles, improves both physical and mental wellbeing and helps reduce health inequalities within the local community.

The project promotes inclusive participation by welcoming people of all ages and abilities, including disabled participants, vulnerable individuals and those experiencing financial hardship. It helps tackle social isolation by creating a safe, welcoming environment where people can build friendships, develop confidence and feel connected to their community.

Our volunteer-led club also provides positive opportunities for children and young people to develop discipline, respect, resilience, teamwork and leadership skills in a structured and supportive setting. These skills contribute to improved life chances, increased confidence and stronger community engagement.

Overall, the project supports the Community Plan outcomes of creating healthier lives, reducing inequality, strengthening communities and ensuring that local people have access to inclusive, affordable activities that improve wellbeing and encourage active participation in community life.

How many people will benefit from this project?

100

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

The project is open to everyone regardless of gender, ethnicity, religion, disability or background. We welcome male and female participants of all ages, with classes available for children (from age 5), young people and adults.

By providing karate free of charge, we will remove financial barriers that may prevent people and families from taking part. This will particularly benefit low-income households and those affected by the cost-of-living crisis. Our aim is to ensure that everyone has equal access to the physical, mental and social benefits of karate in a safe, inclusive and supportive environment.

Please say why the project is needed (please limit your answer to 500 words or less)

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Our karate club provides a safe, welcoming and inclusive environment where children, young people and adults can improve their physical health, mental wellbeing, confidence and resilience while building positive relationships within their community.

This project is needed because many families in the North East Ward face financial hardship and cannot afford the cost of regular sports and leisure activities. Local data shows that 17.6% of households in the North East Ward are income deprived and 34% of households are in receipt of Universal Credit, demonstrating the financial pressures experienced by many local residents. These challenges mean that some children, young people and adults are unable to access positive activities that support their health and wellbeing.

We believe that no one should miss out because of their financial circumstances. Funding will cover the cost of hiring our training venue for one year, allowing us to provide karate classes free of charge to all members. Removing this financial barrier will make it possible for more local people to take part in regular physical activity, regardless of their ability to pay.

Karate offers much more than exercise. It develops confidence, discipline, respect, resilience and self-esteem while improving physical and mental health. It also provides a safe, structured environment where children, young people and adults can make friends, reduce social isolation and become more connected to their community.

By providing free classes, this project will help reduce inequalities, increase participation in healthy activities and strengthen community connections across the North East Ward. It will ensure that everyone has the opportunity to benefit from karate, regardless of their income or background.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

The need for this project has been identified through ongoing discussions with our members, parents and carers. Many families have told us that the increasing cost of living makes it difficult to afford regular sports and leisure activities, and that removing class fees would make a significant difference to their ability to continue attending.

Club coaches and volunteers have also observed that financial pressures can affect attendance and that some families are concerned about the cost of participating. There has been strong support from members for making karate classes free of charge so that everyone can continue to take part regardless of their financial circumstances.

As evidence of this consultation, we can provide a summary of feedback from members and parents, along with letters of support from club members or partner organisations if required.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

This application has been developed in response to feedback from our 100 club members and their parents and carers. Families have consistently told us that the rising cost of living is making it more difficult to afford regular activities, and many have said that free karate classes would allow them and their children to continue participating without financial pressure.

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The proposal has been discussed and supported by our club committee, coaches and volunteers, who have seen first-hand the positive impact karate has on members' physical health, mental wellbeing, confidence, discipline and social connections. They have also recognised that some families are struggling financially and that the cost of classes can be a barrier to participation.

By funding the cost of our venue hire for one year, we will be able to remove this financial barrier and provide karate free of charge to all members. This project directly responds to the needs identified by our members and the wider local community, ensuring that everyone has equal access to a safe, inclusive and positive activity regardless of their financial circumstances. We expect this to help retain existing members, encourage new participants from the North East Ward and strengthen community wellbeing.

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

This project will tackle deprivation by removing the financial barrier to taking part in regular physical activity. Many families in the North East Ward are experiencing financial hardship because of the rising cost of living, and the cost of sports and leisure activities can prevent children, young people and adults from participating.

Funding will cover the cost of our venue hire for one year, allowing us to provide karate classes free of charge to all members. This will ensure that people are not excluded because of their financial circumstances and that everyone has equal access to the physical, mental and social benefits of karate.

The project will particularly benefit families on low incomes and those affected by the cost-of-living crisis by reducing household costs while providing a safe, structured and positive community activity. Regular participation in karate improves physical fitness, mental wellbeing, confidence, discipline and resilience, while helping to reduce social isolation and build stronger community connections.

By making karate accessible to everyone regardless of their ability to pay, the project will help reduce inequalities, improve health and wellbeing, and create opportunities for local people to participate in an inclusive community activity that supports healthier, stronger and more resilient communities.

What other sources of funding have you secured / tried to secure for this project?

- If none, please state why this is the case

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£0
We have not looked at other sources of funding, apart from fundraising the club has done to help families in need.	

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

	Full Costs	DP Aid
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Cost Heading	(£)	(£)
Monday Drumgieth Let, 1 Year - 2 hours	£1260	£1260
Thursday Drumgieth Let Gym 1 for 1 year - 2 Hours	£1260	£1260
Thursday Drumgieth Let Gym 2 for 1 year - 2 Hours	£1260	£1260
Sunday Drumgieth Let, 1 Year - 3 Hours	£2025	£2025
Totals	£5805	£5805

- All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**

- See additional detail on reserves in the Guidance section below.

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application?
(e.g. quotes, estimates, projected income and expenditure)

We have provided – Quote from Dundee City Council booking form for Monday, Thursday and Sunday.

Annual Accounts also provided.

How do you intend to monitor the project Outputs and Outcomes?

Outputs will be measured by recording:

- The number of free karate sessions delivered.
- The number of participants attending each session.
- The number of new members joining the club.
- Attendance and retention rates over the 12-month period.

Outcomes will be evaluated through participant feedback, short surveys, and discussions with members and parents. We will assess:

- Increased participation in regular physical activity.
- Improved confidence, discipline, and wellbeing.
- Reduced financial barriers to taking part in sport.
- Greater social inclusion, with participants developing friendships and a sense of belonging within the club.

We will maintain attendance records, collect feedback at regular intervals, and review progress throughout the project to ensure it is meeting its objectives. The information gathered will help us measure the project's impact, identify any improvements needed, and demonstrate the benefits of providing free karate sessions to the local community.

What is the planned start date of the event/activity?

Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes)

October 2026

What is the planned end date of the event/activity?

October 2027

Outputs & Outcomes

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It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome: Communities are healthier, more active, and people have improved physical and mental wellbeing through increased participation in community activities.	
Purpose of activity / project within this Outcome: The project will remove financial barriers to participation by providing free karate classes for one year. This will enable children, young people, and adults to access regular physical activity regardless of their financial circumstances. The project aims to improve health and wellbeing, build confidence and resilience, encourage positive social interaction, and create an inclusive environment where participants can develop new skills and remain active.	
	Target 2026-27
Outputs	
Deliver approximately 100 free karate sessions over the funding period.	End of 2026
Provide 12 months of free venue hire, allowing all scheduled classes to be offered at no cost.	
Support 80+ participants to access free karate training during the year.	
Recruit at least 20 new members who may not otherwise have been able to participate due to cost.	
Deliver community taster sessions to encourage wider participation.	

Outcomes / Indicators:	
At least 75% of participants attend regularly throughout the project.	
At least 80% of participants report increased confidence, self-discipline, and resilience.	
Reduced financial barriers to sport, demonstrated by participants accessing classes free of charge.	
Increased community participation and social inclusion, measured through attendance records, member retention, and participant feedback.	