

Roy O'Kane FRSA Charity Chief Officer Kanzen for Life 21-23 Mains Loan Dundee DD4 7AB

9th June 2025

Dear Roy,

## **Proposed Kanzen for Life Hub**

I am writing to offer my wholehearted support for the development of the Kanzen for Life Centre, and to commend the transformative work your organisation continues to deliver across Dundee, Angus and surrounding areas.

The vision for the new £1 million community hub, in the heart of Dundee's most deprived community, is not only ambitious, it is vital. As a Dundee-based MSP, I have seen the first-hand the impact of health inequalities, social isolation and a lack of access to inclusive community spaces on our city. This initiative speaks directly to those challenges, providing opportunities for empowerment, resilience and connection in some of our most deprived areas.

With support from partners like Jon Frullani Architects, NHS Tayside Charitable Foundation, and Dundee City Council, it is clear that this is a collaborative effort rooted in community values and long-term sustainability.

We know that preventative spending can be transformative for the health and wellbeing of individuals and communities. By promoting physical activity, boosting mental wellbeing and helping people build confidence and connections, I am sure that the Kanzen for Life Centre will make a lasting difference.

This is exactly the kind of investment our city needs – community-led, evidence-based and filled with purpose. I look forward to seeing the Kanzen for Life Centre come to life and will continue to champion its development throughout all its stages.

Please do let me know if there are ways in which I can further support this important investment in our communities.

With my best wishes for this exciting journey,

Michael Marra MSP

Nichal Alarra