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<u>Dundee Partnership</u> <u>Community Regeneration Fund</u>

Grant Application 2023/24

	Applicant Information
Name of Applicant Group	Dundee West Community Trust
Activity Title	Dundee West ASN Lunchtime School Sessions
Grant Requested (£)	£3600.00

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.
- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.
- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a city-wide activity, but a local activity that is to take place in more than one Ward.

PROJECT WILL OPERATE		ARE APPLYING FOR
Coldside		Small Grant
East End		Physical & Environmental Improvement
1	1	

	Lochee	Youth Inclusion		
	Maryfield			
	North East	Please note that communications regard application will be sent to you via email	-	
	Strathmartine	indicate otherwise	uriicaa you	
Chec	cklist for the DP Community Regend	eration Fund Application Form		
Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.				
Have	e you:			
Read the guidance sections of the form				
Fully completed the information on the front of the form				
Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)				
Checked that your budget adds up properly?				
Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?				
Included appropriate, measurable outputs & outcomes?				
Prov	vided your groups accounts, or other a	appropriate financial information?		
(mu	rced and attached all relevant quotes? Iltiple quotes are required where >£5,0 money is being considered)	000 is being applied for to ensure value		
Cha	cked that the bank details or financial	code are correct / complete?		

Signed the form and given accurate contact details?

Who is the grant for? (Name of Applicant Group / Department)	Dundee West Community Trust			
Did you receive a Dundee Partnership grant during 2022-23? (If yes, list all grants below) YES / NO				YES / NO
Title of project fund	ed	Amount granted	When	Was it fully spent?
Drop-In Lunchtime School S	Sessions	£1560	16/12/21	YES
Drop-In Lunchtime School S	Sessions	£4260	31/03/2022	YES
Drop-in Lunchtime School S	Sessions	£3840	02/05/2023	YES

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

To deliver 5 targeted lunchtime football sessions to young people with Additional Support Needs across Craigowl PS, Downfield PS, St Andrews PS, Baldragon Academy and St Pauls Academy (5 schools in total.) The aim is to start these sessions from the W/C 29th April and run for 36 school weeks ending on 28th March 2025.

Dundee West in partnership with the 5 schools detailed above are determined to provide better opportunities for children/young people with ASN with better ways to get active, healthier, and better connected to community. The approach to these sessions must be different compared to our mainstream children's sessions therefore we are looking to create a better transition from education to the community.

These sessions are to demonstrate our aim to be more inclusive for everyone within our community and allow children/young people to experience and understand structured sessions in an environment they are familiar with, building their confidence and working on their social skills. This is all preparing them for the community sessions running weekly by Dundee West Community Trust.

Sessions will be led by one of our new coaches at the Trust who is supporting our ASN football pathway and is a fantastic opportunity to strengthen our links and will have no impact on any of the other lunchtime drop-in football sessions we have running through the support from Dundee Partnership Funding.

Sessions will be in partnership with Active Schools Dundee and local schools and throughout this application, discussions have been held weekly between Dundee West CT and Ryan Alexander the ASN inclusion officer from L&CD who has supported us with looking at better ways to connect/engage with young people with ASN.



Which City Plan / Local Community Plan Outcome(s) will it address? Improve physical, mental, and emotional health for children and young people & Improve health and wellbeing outcomes for children and young people who experience inequalities.

How many people will benefit from this project?

50

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

25 Males & 25 Females ranging between the ages of 7 years to 15 years split across delivery in both primary and secondary schools

Craigowl session – 5 M & 5 F (Aged between 7-11 years)

Downfield session – 5 M & 5 F (Aged between 7 – 11 years)

St Andrews session – 5 M & 5 F (Aged between 7 – 11 years)

Baldragon session – 5 M & 5 F (Aged between 12 – 15 years)

St Pauls session – 5 M & 5 F (Aged between 12 – 15 years)

As discussed with the schools our aim is to have each school session evenly split and open to boys and girls. Numbers as detailed above are smaller in comparison to our other mainstream lunchtime sessions due to the fact this is a targeted audience with extra care required for the individuals involved. We may have a situation in 1 or 2 schools that there is a heavier presence of boys or girls and if/when this is the case we will ensure this is recorded in the final report.. Children will be targeted for the sessions through staff working in the ASN units and discussions have taken place to identify those who would take part in the sessions.

Please say why the project is needed (please limit your answer to 500 words or less)

Discussions with schools have outlined the need for additional physical activity for young people with ASN during school curriculum time. A recent survey <u>ASN Sport and Physical activity Survey Findings - Dundee.pdf</u> (attached) highlights many factors that demonstrate the lack of opportunities for young people to participate in sport through education and the inequalities between mainstream and ASN.

Many children/young people also feel embarrassed whilst struggling to cope with opportunities outside education and families finding it difficult to support children getting to different places. This only strengthens the need for Dundee West to create more opportunities in a familiar environment through education that can reduce barriers and build stronger relationships with families to open up better pathways from education to the community.

Through discussions with all 5 school, they are not able to contribute as part of their PEF funding as they have ring fenced this money to other areas such as staff teaching although they have agreed to contribute towards new footballs and bibs.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

Discussion with head teachers, Ryan Alexander (ASN Inclusion Officer L&CD) and families with young people with ASN.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Dundee West, L&CD and schools discussed with staff and young people in ASN units and Dundee West were keen to support schools and local community to support be more inclusive and offer better opportunities for young people with ASN.

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

After discussions with head teachers, schools could not afford to provide funding towards sessions as money was required on other areas of deprivation. Within the Strathmartine ward, schools have around 75% living in SIMD 1-3 so creating new activities for pupils across the community and

connecting to a local community club will make a huge difference to their lives and hopefully suppor many with their overall health and well-being.
For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:
Have all relevant permissions been agreed? (please state what these are)
How will the planned project be maintained? (please state who will be responsible for this)
What is the expected 'life' of the improvement? (e.g. before it will require replacement)
Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)
What other sources of funding have you secured / tried to secure for this project? If none, please state why this is the case (Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)
Source of Funding (detail if this funding is for more than 1 year, if applicable) £
What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

DP Aid

Full Costs

Cost Heading	(£)	(£)
5 sessions per week x £20 per session x 36 weeks	£3600.00	£3600.00
Tot	als £3600.00	£3600.00

All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED

If reserves held are less than three months operating expenses please confirm this below Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

How do you intend to monitor the project Outputs and Outcomes?

Regular conversations with pupils, families and support staff in ASN units at the school.

What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes)	Monday 29 th April 2024
What is the planned end date of the event/activity?	Friday 28 th March 2025

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome: Improve health a for children and young people who experience inequalities.	nd wellbeing outcomes
Purpose of activity / project within this Outcome:	
	Target 2023-24
Outputs	
5 sessions per week at lunchtimes to up to 10 pupils in each session Minimum of 25% of pupils from SIMD $\frac{1}{2}$ areas	50
Outcomes / Indicators:	
City Plan / Local Community Plan Outcome:	
Purpose of activity / project within this Outcome:	
	Target 2023-24
Outputs	
Outcomes / Indicators:	