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Dundee Partnership Community Regeneration Fund

Grant Application 2023/24

| Applicant Information | |
|-------------------------|--|
| Name of Applicant Group | Dalnacraig Rocks Junior Cricket Club & Dundee Active Schools |
| Activity Title | Community Cricket Development Program |
| Grant Requested (£) | £2920 |

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

| TICK THE WARD WHERE YOUR PROJECT WILL OPERATE | |
|---|--------------------------|
| Coldside | <input type="checkbox"/> |
| East End | <input type="checkbox"/> |
| Lochee | <input type="checkbox"/> |
| Maryfield | X |
| North East | <input type="checkbox"/> |
| Strathmartine | <input type="checkbox"/> |

| PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR | |
|--|--------------------------|
| Small Grant | X |
| Physical & Environmental Improvement | <input type="checkbox"/> |
| Youth Inclusion | <input type="checkbox"/> |

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

- | | |
|--|--------------------------|
| Read the guidance sections of the form | <input type="checkbox"/> |
| Fully completed the information on the front of the form | <input type="checkbox"/> |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant) | <input type="checkbox"/> |
| Checked that your budget adds up properly? | <input type="checkbox"/> |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year? | <input type="checkbox"/> |
| Included appropriate, measurable outputs & outcomes? | <input type="checkbox"/> |
| Provided your groups accounts, or other appropriate financial information? | <input type="checkbox"/> |
| Sourced and attached all relevant quotes? (multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered) | <input type="checkbox"/> |
| Checked that the bank details or financial code are correct / complete? | <input type="checkbox"/> |
| Signed the form and given accurate contact details? | <input type="checkbox"/> |

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| | | | |
|--|--|-------------|----------------------------|
| Who is the grant for? (Name of Applicant Group / Department) | Dalnacraig Rocks Junior Cricket Club & Dundee Active Schools | | |
| Did you receive a Dundee Partnership grant during 2022-23? (If yes, list all grants below) | | | NO |
| Title of project funded | Amount granted | When | Was it fully spent? |

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

The Dalnacraig Rocks Junior Cricket Club is the Junior Section of Dundee High Cricket Club, which was formed in 1901 and began life as a Former Pupils Club associated with the High School of Dundee. However, since the 1950's Dundee High Cricket Club has been a fully independent club, reflected in our constitution, open to any person who wishes to play cricket, regardless of their age, sex, ethnicity, race, religion or socio- economic background.

Historically, Dundee High Cricket Club have operated from Dalnacraig, a High School of Dundee sports facility, with off peak usage secured under a long-term lease. Notably this means the club has assumed responsibility for maintenance of the cricket facilities, which includes the significant operating costs associated with grounds machinery, landscaping materials and extensive labour.

In the early 2000's, to promote the openness of Dundee High Cricket Club, the junior section was renamed The Dalnacraig Rocks. The intention was to clarify that members don't have to attend the High School of Dundee or have any association with it. This club structure and playing arrangements are very similar to many other sports clubs across various sports in Scotland.

The Dalnacraig Rocks propose to deliver an extra-curricular Community Junior Cricket Development Program in partnership with three schools in the Maryfield Ward. The identified schools are Glebelands Primary School, Clepington Primary School and Morgan Academy. The target audience is children from P4 – P7 and S1 – S4, however should children from out with the target ages be keen to attend every effort will be made to safely accommodate them.

The Program will promote health, wellbeing and friendship, and will be accessible to the whole community including children of all ages, sexes, ethnicities and socio-economic backgrounds, and their family, friends and parents.

A Summer 2023 Pilot Program was operated with Glebelands Primary School to develop the concept and hone the delivery to 100 children. High levels of engagement resulted in 26 children entering club activities including regular training, matches and social events. This uptake included an equal split of males and females, notably many were from disadvantaged backgrounds and multiple ethnicities were represented, which demonstrated the high level of equality, diversity and inclusion achieved. Additionally, many parents keenly supported.

To deliver the Program in collaboration within schools in a financially sustainable manner, and due to expected increased participation levels, funding is sought to provide high quality coaching.

The Program will run weekly for 4 months from the beginning of May to the end of August 2024.

The Program has 2 phases:

Phase 1: Introduction To Cricket (May & June) - 300 Children – Delivered via taster sessions and after school clubs in partnership with Glebelands PS at Baxter Park and both Clepington PS and Morgan Academy at DISC.

Phase 2: Developing Cricket Skills & Playing Games (May to August) – Estimate 30 Children – Delivered at Dalnacraig Cricket Facility, 102 Arbroath Road (Maryfield Ward) weekly on a Tuesday evening for 2 hours. Additionally, regular opportunities will be provided, including coach and travel coverage, to play competitive fixtures in the Tayside Region.

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A small amount of funds have been included to purchase basic cricketing equipment that is required to facilitate the extra-curricular activities, which will include technical skills development and fun matches.

Importantly, in March 2024, Dundee High Cricket Club will submit an application to become a registered Scottish Charity in parallel to this funding application.

Which City Plan / Local Community Plan Outcome(s) will it address?

The Dalnacraig Rocks Junior Cricket Club believes the execution of this Program will address various outcomes defined in the Local Community Plan, most notably the following:

- Our children and young people will be physically, mentally and emotionally healthy
- Our children and young people who experience particular inequalities and disadvantage will achieve health, wellbeing and educational outcomes comparable with all other children and young people
- Reduce Obesity
- Improve Mental Health & Wellbeing
- Improve access to healthy green and open spaces

How many people will benefit from this project?

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

The program will be accessible to the whole community including children of all ages, sexes, ethnicities and socio-economic backgrounds, and their family, friends and parents. It was noted that during the 2023 Pilot Program, many children that had tried cricket at Glebelands PS brought their siblings and parents with them to training sessions. This allowed the club to also deliver social nights including a BBQ night and end of season prize giving (picture below) to a large section of the community.

It is expected that 300 children will benefit from Phase 1, and based on previous experience, that at least 30 children will benefit from Phase 2. In partnership with Active Schools, School and Family Development Workers and Senior Management Team we will identify and support targeted children to access these opportunities without barriers. This can include those who are inactive, those who have additional support needs, those in young carer roles and/or those who are care experienced.

The schools have a high percentage of children in SIMD 1/2, around 50% of the school role in Clepington, Glebelands and Morgan. Also, these schools have a high percentage of BME children and young people, Clepington 40% of role, Glebelands 38% of role and Morgan 32% of role. Therefore, we are confident that by offering opportunities and targeted person-centred approaches, this free extracurricular provision will be effectively targeting vulnerable children and young people in hard-to-reach groups.

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Please say why the project is needed (please limit your answer to 500 words or less)

Per SIMD 2020 report, deprivation is a major issue and opportunities are limited for children in the Maryfield Ward. Alongside the cost-of-living crisis, it is more important than ever to provide free and inclusive opportunities for children and young people to be active. Only 9.5% of children and young people living in SIMD 1 and 2 in Dundee are meeting the recommended levels of physical Activity (Research carried out by Abertay University and Dundee Active Schools 2020). This percentage drops further to 7.9% for girls living in the same data zones. A successful way of targeting and supporting the children and families most in need is through the school setting. This Program seeks to address these issues by providing free opportunities to participate with their peers in a sports club setting.

Those in the Maryfield area experience reduced exposure to sport and physical activity resulting in underdeveloped gross motor skills and a negative perception of sport and physical activity. They have a lack of opportunities to participate in sports and physical activity impacted by financial barriers to participation and progression.

Sport can play a crucial role in addressing the challenges faced by deprived communities in several ways:

1. **Physical and Mental Health:** Sport promotes physical activity, which is essential for maintaining good health. Regular exercise can help prevent chronic diseases later in life and improve mental well-being.
2. **Social Cohesion:** Sport brings people together from diverse backgrounds, fostering social interaction and cohesion. It provides a platform for individuals to connect, build relationships and develop a sense of belonging and unity.
3. **Skill Development:** Engaging in sports helps individuals develop a wide range of skills, including teamwork, leadership, communication, and problem-solving, which are transferable to other aspects of life.
4. **Education and Personal Development:** Sport can be used as a tool for education and personal development. Through sports, participants can learn important values such as discipline, resilience and respect for others.
5. **Crime Prevention and Reduction:** Participation in sports can reduce the likelihood of engaging in undesired behaviours by providing constructive outlets for energy and fostering positive relationships with peers and mentors.

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6. Community Empowerment: Sport empowers communities by providing opportunities for self-expression, decision-making and collective action. Communities can take ownership of their development, advocate for their needs and drive positive change. Sport clubs provide a safe place for young people and allows them to learn from role models, having a positive influence on the overall community.

This Program will support positive outcomes for young people in the Maryfield Ward. Children and young people that show interest in being a young sports leader will be encouraged to support delivery of the program alongside The Dalnacraig Rocks Coaches, whilst they act as mentors. This will provide opportunity for the young leaders to develop coaching and leadership skills, in addition to providing experience which may lead to a future career within the sports, health and wellbeing industries. In partnership with participating schools and Active Schools young people can be supported to gain qualifications in sport and related courses which may provide benefit and pathways to future opportunities i.e. First Aid.

Cricket is a strong medium to deliver this Program as it is a globally enjoyed sport, played in outdoor green spaces and has the power to unite diverse communities to build strong relationships, share cultural heritages and work together in a shared team-based activity. Notably, cricket is a game which is renowned for fair play and sportsmanship, captured well in the common phrase "it's just not cricket."

In summary, The Dalnacraig Rocks Junior Cricket Club believes this Program is needed to provide every child in the community the opportunity to play sport, access green spaces, make new friends, build life skill and maintain good health and wellbeing. Funding this Program will aid removal of significant financial barriers from families which currently prevent uptake of sport due to financial hardship.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

Preliminary discussions were held with Jacqueline Wilson, Principal Teacher at Glebelands Primary School who is keen to repeat the Community Junior Cricket Development Program in 2024, due to the successful delivery of the Pilot Program in 2023.

Additionally, in early February a meeting was held with Jillian Walker, Dundee Active Schools, and Graeme Kiddie, Morgan Academy Head of PE, to discuss provision of the Community Junior Cricket Development Program for various schools in the Morgan Cluster.

Jillian advised that she regularly has discussions with young people about their interests in sports and cricket is often raised. Data has been collected from a variety of pupils via questionnaire and, amongst other sports, cricket has been suggested by many pupils as a sport they would like to be made available at Morgan Academy. Jillian Walker has subsequently led consultation with young people in all three target schools, both informally and formally, via forms and polls.

Jillian issued a poll to Morgan Academy pupils to ask whether a cricket club would be of interest. Of the 156 young people that completed the poll 28% (43 people) said they want a cricket club and 18% (27 people) said 'maybe'. To put this into perspective, there is currently only 12% of Morgan Academy pupils taking part in any form of extra-curricular activity. Cricket is not currently offered therefore the very high interest level shown in cricket does present a significant opportunity to engage a high quantity of young people in extra-curricular sports activity.

Consultation has been held with Clepington PS sports committee to discuss what opportunities and sports they thought were missing from the Clepington PS, and cricket was highlighted as a desire. From this, a Microsoft form was created and issued to gain the opinion of multiple classes. From 6 classes, only 2 of 180 children currently attend a cricket club but 24% (43 children) would be interested in joining a club if one was made available. Of the 180 children asked, just under 50% had heard of the cricket, and only 30% stated they have played cricket before.

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Glebelands PS P4&5 classes were asked similar questions and from the 103 children a total of 26% (27 children) would be interested in joining a club if one was made available.

It is anticipated that engagement may be higher than polling data suggests, as simply many young people will not advise they would enjoy or participate in an activity until having done so, which is the reason that taster sessions are critical to success. There is an element of consultation to identify and act upon need, but also a responsibility, to provide as many opportunities as possible for children and young people to engage in.

It should be noted that all referenced stakeholders are supportive of this application and the proposed Program and would be willing to provide their independent views if consulted.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

The Summer 2023 Pilot Program was devised with senior teachers at Glebelands Primary School who were seeking engagement in inclusive, outdoor and safe sports that children of various ethnicities, ages, sexes, abilities and socio-economic backgrounds could enjoy together. Cricket was proposed as it is a highly inclusive outdoor sport which boys and girls can play together safely, and it is renowned for fair play and sportsmanship.

Jacqueline Wilson, Principal Teacher at Glebelands Primary School stated:

"Feedback I have is very positive. Both the children and the teachers really enjoyed the sessions. So much so that teaching staff continued on the back of lessons they observed from your coaches. Teaching staff commented how well the sessions were run and how engaging both coaches were."

"The knowledge our children have of a sport that they have never really experienced before is now remarkable. I observed one class leading a cricket session themselves in the playground with a class teacher there really just for support. Also, some of our more reluctant PE participants have been motivated to join in more. Fantastic!"

"Thank you so much for the wonderful experience this has been and please pass on my sincere gratitude to your coaches also."

Jillian Walker (Active Schools Coordinator) commented:

"I am extremely supportive of a local community club partnering to offer opportunities to those most in need, advertised and supported through the schools. Active Schools have a changing lives approach to reaching and engaging with targeted vulnerable children, and I believe that cricket is a diverse and new sport to offer to the children in the ward. I am thrilled that a club has been proactive in its approach and supportive with bridging the gap between school and club links, which is a main priority of ours to not only promote sport and physical activity within school but to ensure this is an embedded health behaviour that lasts a lifetime."

Natalie Hocking (School & Family Development Worker – Clepington) stated:

"Clepington would be keen to work collaboratively with the local cricket community group. This would allow our children to gain new experiences and opportunities that they would never usually get. Cricket is a sport for all, which would engage some young people who do not participate in sports. This can be an opportunity for them to sample and then hopefully join in with their clubs. The children are keen to participate and try new sports which will develop their wider knowledge of sports. Families could also join in some family fun and try cricket together with their children."

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How will the project / activity tackle deprivation or benefit those experiencing deprivation?
(Refer to Section 1 of the Guidance Notes)

This Program will engage disadvantaged children in an area of deprivation to engage in sport, health and wellbeing and support them to develop not just sporting ability but also help them to form friendships, make decisions, build leadership skills and gain positive life experiences.

The Program will deliver high quality coaching within suitable facilities in the local community to families that suffer from financial hardship and are unlikely to access sports as they are unable to pay for membership fees, playing equipment and coaching.

Overall, sport has the potential to be a powerful tool for promoting community wide development and addressing the various challenges faced by deprived communities. By leveraging the inherent benefits of sports, communities can enhance physical and mental well-being, foster social cohesion, develop essential skills, and empower individuals to overcome barriers to success.

This Program will continue the engagement with those already participating, and after delivering Phase 1 to 300 children, it is anticipated approximately 30 children will enter into Phase 2.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

How will the planned project be maintained? (please state who will be responsible for this)

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

What other sources of funding have you secured / tried to secure for this project?

- **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

| Source of Funding (detail if this funding is for more than 1 year, if applicable) | £ |
|---|---|
| No funding has yet been applied for or secured for this Program as this is the first time the Community Junior Cricket Development Program is seeking funding after a successful Pilot Program in 2023. It is believed that CRF Grant is the most appropriate source of funding for this Program. | |

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What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

| Cost Heading | Full Costs (£) | DP Aid (£) |
|---|----------------|--------------|
| Phase 1: Introduction To Cricket (May & June) – Coach Cost Total Cost = £20/hr x 2 coaches x 1 hour x 4 sessions x 4 weeks x 3 schools = £1920 Active Schools Contribution - £500 | £1920 | £1420 |
| Phase 2: Developing Cricket Skills & Playing Games (May to August) – Coach Cost Total Cost = £20/hr x 4 coaches x 2 hours x 1 session x 16 weeks = £2560 | £2560 | £1280 |
| Equipment Cost 8 sets of plastic bats, stumps and balls = £240 Helmets for safety purposes £40 x 5 = £200 Total Cost = £440 | £440 | £220 |
| Totals | £4920 | £2920 |

- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**
Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Budget costs have been detailed in the relevant section of this application.

How do you intend to monitor the project Outputs and Outcomes?

Baseline and post Program measures on physical and mental wellbeing.

Weekly register will be completed.

There will be a process in place to measure the school to club transition rate. Discuss with Active Schools, Schools and club the need for any financial/wider support.

We will gain informal weekly feedback from children.

We will take photographs of children and young people in sessions.

We will gather children and parent feedback.

What is the planned start date of the event/activity?

07 May 2024

Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes)

What is the planned end date of the event/activity?

27 August 2024

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Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

| | |
|--|--|
| <ul style="list-style-type: none"> • City Plan / Local Community Plan Outcome: • Our children and young people will be physically, mentally and emotionally healthy | |
| <ul style="list-style-type: none"> • Purpose of activity / project within this Outcome: • To provide opportunity to young people to maintain a high level of physical, mental and emotional health by participating in cricket with friends and family members. | |
| | Target 2023-24 |
| Outputs | |
| Engage with multiple schools in the Maryfield Ward | 3 |
| Children to become/remain active via taster sessions and extra curricular activity | 300 |
| Children transition to the local community club | 30 |
| Children take on a young sports leader role | 3 |
| Outcomes / Indicators: | |
| Children report that playing cricket has had a positive impact on their physical and mental health. | Report an improvement in physical health and increased feelings of happiness |
| Children report that they enjoy participating in the cricket sessions | Children report enjoyment – Thumbs up/down |

| | |
|---|---|
| <ul style="list-style-type: none"> • City Plan / Local Community Plan Outcome: • Improve access to healthy green and open spaces | |
| <ul style="list-style-type: none"> • Purpose of activity / project within this Outcome: • To provide safe access to green spaces to train and play cricket within the Maryfield Ward, and beyond, under responsible adult supervision. | |
| | Target 2023-24 |
| Outputs | |
| Increased quantity of children and young people engage in sports in their local parks via taster sessions and extra curricular activity | 100 |
| More children engage with a local community club that operates in a healthy green open space | 35 |
| Outcomes / Indicators: | |
| Children report they enjoy being in and using local healthy green open space | Report an improvement in ability to safely access and play sport in green open spaces |
| Children report they enjoy playing cricket in local healthy green open space | Children report enjoyment – Thumbs up/down |

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