

# Dundee Partnership Community Regeneration Fund

## Grant Application 2026/27

| Applicant Information          |                                    |
|--------------------------------|------------------------------------|
| <b>Name of Applicant Group</b> | NE ward Community Empowerment Team |
| <b>Activity Title</b>          | Wednesday women's group            |
| <b>Grant Requested (£)</b>     | £874.99                            |

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

|   |
|---|
| TICK THE WARD WHERE YOUR PROJECT WILL OPERATE |
| Coldside                                      |
| East End                                      |
| Lochee  |

|  |
|--|
| PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR |
| Small Grant    x   |
| Youth Inclusion  |

|               |   |
|---------------|---|
| Maryfield     | Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to <a href="mailto:dundee.partnership@dundeecity.gov.uk">dundee.partnership@dundeecity.gov.uk</a> |
| North Eastx   |   |
| Strathmartine |   |

## Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

### Have you:

|  |                              |
|--|------------------------------|
| Read the guidance sections of the form   | <input type="checkbox"/>     |
| Fully completed the information on the front of the form   | <input type="checkbox"/>     |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)   | <input type="checkbox"/>     |
| Checked that your budget adds up properly?   | <input type="checkbox"/>     |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?          | <input type="checkbox"/>     |
| Included appropriate, measurable outputs & outcomes?   | <input type="checkbox"/>     |
| Provided your groups accounts, or other appropriate financial information?   | <input type="checkbox"/> n/a |
| Sourced and attached all relevant quotes?<br>(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered) | <input type="checkbox"/>     |
| Checked that the bank details or financial code are correct / complete?  | <input type="checkbox"/>     |
| Signed the form, given accurate contact details and ticked the GDPR box?   | <input type="checkbox"/>     |

|  |                                 |             |                            |
|--|---------------------------------|-------------|----------------------------|
| <b>Who is the grant for?</b><br>(Name of Applicant Group / Department)                               | Finmill Wednesday Women's Group |             |                            |
| <b>Did you receive a Dundee Partnership grant during 2025-26?</b><br>(If yes, list all grants below) |                                 |             | <b>YES / NO</b>            |
| <b>Title of project funded</b>   | <b>Amount granted</b>           | <b>When</b> | <b>Was it fully spent?</b> |
| Womens group   | £600                            | 2025        | No                         |
|  |                                 |             |                            |
|  |                                 |             |                            |
|  |                                 |             |                            |
|  |                                 |             |                            |

**Please give a description of what you want this grant for - (please limit your answer to 500 words or less)**

The Women's group aims to reduce social isolation and improve mental health and wellbeing for local women living in the area. The group provides a safe, welcoming, women-only space where participants can connect with others, build supportive relationships, and take part in gentle wellbeing-focused activities.

The group will meet weekly and will offer a mix of informal social time and structured activities such as wellbeing walks, creative and therapeutic sessions, guest-led workshops, and facilitated discussions around mental health, confidence, and self-care. Sessions will be informal, accessible, and shaped by the women themselves to ensure the group reflects their interests and needs.

Many women in the local area experience isolation due to factors such as caring responsibilities, low income, poor mental health, lack of confidence, or limited access to local opportunities. This project directly responds to these challenges by creating regular opportunities for connection, peer support, and positive engagement within the community.

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**Which City Plan / Local Community Plan Outcome(s) will it address?**

**Locality plan outcome** – We need to tackle social isolation and improve mental wellbeing

Working towards:

**City plan** – Mental health of our citizens will improve through accessible community supports

|   |       |
|---|-------|
| <b>How many people will benefit from this project?</b>  | 10-13 |
| Will any specific groups benefit from this project? (male, female, age range or protected characteristic) |       |
| The group is all females who are suffering from poor mental health or social                              |       |

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**Please say why the project is needed (please limit your answer to 500 words or less)**

Women in the area have identified a lack of women-only provision that supports mental health and social connection. Through conversations at existing community activities and informal consultation with local women, it has become clear that many feel isolated, lonely, and disconnected, particularly those not currently in work or who face anxiety around attending larger or mixed-gender groups.

Social isolation is widely recognised as a key factor affecting mental health and wellbeing. By providing a consistent, trusted space where women can attend at their own pace, this project will help reduce loneliness, improve confidence, and support positive mental wellbeing outcomes.

The group will be open to all women in the local area, with a particular focus on those who are socially isolated, experiencing low mood, anxiety, or poor mental health.

**What local consultation has taken place regarding this application?**

(Please attach evidence summarising the results of any consultation)

The project was co-designed with local people who identified the need.

**What evidence do you hold that the local community supports this application?**

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

The Women's Group has been developed in response to feedback from local women and through discussions at existing community activities. Women have been directly involved

in shaping the idea, identifying preferred activities, meeting times, and the need for a relaxed, non-judgemental environment.

Ongoing feedback will be gathered informally during sessions, and participants will be encouraged to help shape future activities, guest sessions, and group outings. This ensures the group remains responsive, relevant, and owned by the women who attend.

**How will the project / activity tackle deprivation or benefit those experiencing deprivation?** (Refer to Section 1 of the Guidance Notes)

The Women's Group will tackle deprivation by addressing the social, emotional, and financial impacts experienced by women living in areas of multiple deprivation. Deprivation is not only linked to income, but also to loneliness, poor mental health, lack of confidence, and reduced access to opportunities. This project responds directly to these issues.

The group will reduce social isolation, which is a significant factor contributing to poor mental health and inequality. Many women in the local area experience isolation due to low income, caring responsibilities, unemployment, or anxiety about accessing services. By providing a free, regular, and locally based women-only group, the project removes financial and confidence barriers that often prevent women from participating in community activity.

The project will support mental health and wellbeing through early intervention and prevention. Informal peer support, wellbeing-focused activities, and access to a safe and welcoming space will help women improve confidence, self-esteem, and emotional resilience. This preventative approach helps reduce longer-term demand on statutory services.

The group will improve access to opportunities by connecting women to local services, community activities, and informal learning. Guest sessions and signposting will support women to increase their awareness of health, wellbeing, and community resources, helping reduce inequalities in access to information and support.

By encouraging peer relationships and shared experiences, the project builds social capital and strengthens community connections. Developing strong informal support

networks helps women feel more connected, valued, and able to participate more fully in community life.

The project will also support community empowerment by involving women in decision-making, activity planning, and shaping the future direction of the group. This ensures the project reflects real lived experience and helps women develop confidence, skills, and a sense of ownership.

Through tackling isolation, improving mental wellbeing, increasing access to support, and strengthening social networks, the project directly contributes to reducing the wider impacts of deprivation within the local community.

**What other sources of funding have you secured / tried to secure for this project?**

- **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

| Source of Funding (detail if this funding is for more than 1 year, if applicable) | £ |
|---|---|
| No other sources identified   |   |

**What are the costs of your activity and how much money is required?** Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

|  | Full Costs | DP Aid |
|--|------------|--------|
|--|------------|--------|

| Cost Heading                     | (£)            | (£)            |
|----------------------------------|----------------|----------------|
| Weekly refreshments 41 weeks x£6 | £246           | £246           |
| Monthly yoga session @£35 x 9    | £315           | £315           |
| Hobbycraft resources             | £277           | £277           |
| Toaster                          | £36.99         | £36.99         |
|                                  |                |                |
|                                  |                |                |
|                                  |                |                |
| <b>Totals</b>                    | <b>£874.99</b> | <b>£874.99</b> |

- **All applicants are required to submit a copy of the group's most recent annual accounts** with this application. These will be used to help determine eligibility for funding, and **WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

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**What other documents are you attaching to evidence the budget costs for this application?** (e.g. quotes, estimates, projected income and expenditure)  
 Quotes and receipts from previous refreshment purchases

**How do you intend to monitor the project Outputs and Outcomes?**

Outputs will be monitored through recording the number of participants attending each week

Outcomes will be monitored through capacity building within the group

|   |                  |
|---|------------------|
| <p><b>What is the planned start date of the event/activity?</b></p> <p>Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)</p> | <p>June 2026</p> |
|---|------------------|

|   |                             |
|---|-----------------------------|
| What is the planned end date of the event/activity? | 31 <sup>st</sup> March 2026 |
|---|-----------------------------|

### Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

|  |                       |
|--|-----------------------|
| <b>City Plan / Local Community Plan Outcome:</b> <i>Mental health of our citizens will improve through accessible community supports</i> |                       |
| <i>We need to tackle social isolation and improve mental wellbeing</i>   |                       |
| <b>Purpose of activity / project within this Outcome:</b>  |                       |
| <i>Reduce isolation and contribute to improving mental wellbeing of local ladies</i>   |                       |
|  | <b>Target 2026-27</b> |
| Outputs  |                       |
| <i>Participants will attend the group each week. There will be 2 weeks during the Christmas period where the centre will be closed.</i>  | 10-12                 |
|  |                       |
|  |                       |
| Outcomes / Indicators:   |                       |
| <i>Ongoing group evaluations highlighting improvements to mental wellbeing</i>   |                       |
|  |                       |
|  |                       |

|   |                       |
|---|-----------------------|
| <b>City Plan / Local Community Plan Outcome:</b>          |                       |
| <b>Purpose of activity / project within this Outcome:</b> |                       |
|   | <b>Target 2026-27</b> |
| Outputs   |                       |

|                        |  |
|------------------------|--|
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|                        |  |
| Outcomes / Indicators: |  |
|                        |  |
|                        |  |
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