Ref: S2417

Dundee Partnership Community Regeneration Fund

Grant Application 2024/25

| Applicant Information | | |
|-------------------------|--------------------|--|
| Name of Applicant Group | Kirkton CCLMG SCIO | |
| Activity Title | Pathfinder course | |
| Grant Requested (£) | £1,800 | |

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR

| Coldside | Small Grant |
|---------------|--|
| East End | Physical & Environmental Improvement |
| Lochee | Youth Inclusion |
| Maryfield | |
| North East | Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this |
| Strathmartine | application should be made to <u>dundee.partnership@dundeecity.gov.uk</u> |

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

| Read the guidance sections of the form | x |
|---|---|
| Fully completed the information on the front of the form | x |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant) | X |
| Checked that your budget adds up properly? | X |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year? | X |
| Included appropriate, measurable outputs & outcomes? | X |
| Provided your groups accounts, or other appropriate financial information? | X |

Sourced and attached all relevant quotes?

| (multiple quotes are required where | >£5,000 | is being | applied | for to | ensure | value |
|-------------------------------------|---------|----------|---------|--------|--------|-------|
| for money is being considered) | | | | | | |

| Checked that the bar | k details or financial | code are correct / | complete? |
|----------------------|------------------------|--------------------|-----------|
|----------------------|------------------------|--------------------|-----------|

Signed the form, given accurate contact details and ticked the GDPR box?

| Who is the grant for? (Name of Applicant Group / Department) | Kirkton cc -Img | | | |
|---|-----------------|----------------|------------|---------------------|
| Did you receive a Dundee Partnership grant during 2023-24?(If yes, list all grants below)YE | | | | YES |
| Title of project fund | ed | Amount granted | When | Was it fully spent? |
| S2402 – Family Activit | ies | £1,375 | April 2024 | Ongoing |
| SY2409 – childrens w | ork | £3,758 | April 2024 | Ongoing |

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

To continue the work of the pathfinder project within the strathmartine area.

To provide 2 group sessions a month over 5 months which includes Acupuncture, guided meditations and Trauma-Informed/Personal Development sessions for 10 people each session

These training sessions are fully accredited new participants will receive certification who Level 1 and returning participants can go up to Level 2.

| X | |
|---|--|
| ~ | |
| | |

| х | | |
|---|--|--|
| | | |

| х | | |
|---|--|--|
| | | |

Which City Plan / Local Community Plan Outcome(s) will it address?

Improving mental health and wellbeing for participants

How many people will benefit from this project?

Up to 15

Will any specific groups benefit from this project? (Male, female, age range or protected characteristic)

Please say why the project is needed (please limit your answer to 500 words or less)

Learning about Trauma-Informed Care is crucial in today's world, where many individuals have experienced various forms of trauma. This approach recognises the widespread impact of trauma and understands potential paths for recovery. By adopting a trauma-informed perspective, professionals across various fields can create environments that promote healing rather than inadvertently retraumatising individuals. This knowledge enables us to recognise the signs and symptoms of trauma in ourselves, our families, staff, and others involved in the system. It allows for a more compassionate, understanding approach to interactions and treatment, fostering a sense of safety and trust that is essential for healing and growth

Please see report attached for more information and feedback from participants

What local consultation has taken place regarding this application? (Please attach evidence summarising the results of any consultation)

Consulted with local centre users and previous participants

What evidence do you hold that the local community supports this application? (For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Feedback from previous participants and proposed participants

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

By providing free access services that would otherwise be unaffordable in an area of deprivation.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (Please state what these are) N/A

How will the planned project be maintained? (Please state who will be responsible for this) N/A

What is the expected 'life' of the improvement? (e.g., before it will require replacement) N/A

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section) logo will be placed on publicity

| What other sources | of funding have | you secured / tried to | o secure for this | project? |
|--------------------|-----------------|------------------------|-------------------|-----------|
| | or ranang navo | you ooou ou / 1100 t | | pi 0j00ti |

• If none, please state why this is the case

| (Detail below, including applications that are pending or that have been turned down. We may ask for | |
|--|--|
| further evidence of an application for other funding) | |

| Source of Funding (detail if this funding is for more than 1 year, if applicable) | £ |
|---|------|
| ADP funding for 3 sessions Nov & Dec 2024 | £900 |

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

| | Full Costs | DP Aid |
|---|------------|--------|
| Cost Heading | (£) | (£) |
| | | |
| Pathfinder sessions x10 @£300 per session | £2,700 | £1,800 |
| | | |
| | | |
| Totals | £2,700 | £1,800 |

 All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED

• If reserves held are less than three months operating expenses, please confirm this below Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

Account submitted with previous application

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Quote and report of previous course

How do you intend to monitor the project Outputs and Outcomes?

Feedback from participants and a report will be produced

| Jan 2024 |
|-----------------------------|
| |
| 31 st March 2024 |
| |

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

| City Plan / Local Community Plan Outcome: Health Care & wellbeing | |
|---|--|
| Purpose of activity / project within this Outcome: | |
| То | |
| | Target 2024-25 |
| Outputs | |
| Extend existing provision | 6 extra sessions |
| | |
| | |
| Outcomes / Indicators: | |
| Participants experience reduced anxiety, gain better sleep patterns, reduction in addictive behaviour etc | 10 – 15 individuals over 5 month period |
| | |