

Ref:

CY2508

Dundee Partnership **Community Regeneration Fund**

Grant Application **2025/26**

Applicant Information	
Name of Applicant Group	Maryfield United Community Charity
Activity Title	Refugee & Asylum Seeker: Welcome Through Football Programme
Grant Requested (£)	£2,295.90

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

<p>TICK THE WARD WHERE YOUR PROJECT WILL OPERATE</p> <p>Coldside</p> <p>East End</p> <p>Lochee</p>	<p>PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR</p> <p>Small Grant</p> <p>Youth Inclusion</p>
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Maryfield

North East

Strathmartine

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to dundee.partnership@dundeecity.gov.uk

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form

☐

Fully completed the information on the front of the form

☐

Provided a response to all sections of the application form
(including indicating a section as 'N/A' where relevant)

☐

Checked that your budget adds up properly?

☐

Checked that your start date is after the date at which funds could be available,
(see page 6) and that your end date is within the financial year?

☐

Included appropriate, measurable outputs & outcomes?

☐

Provided your groups accounts, or other appropriate financial information?

☐

Sourced and attached all relevant quotes?

☐

(multiple quotes are required where >£5,000 is being applied for to ensure value
for money is being considered)

Checked that the bank details or financial code are correct / complete?

☐

Signed the form, given accurate contact details and ticked the GDPR box?

☐

Who is the grant for? (Name of Applicant Group / Department)		Coldside Regeneration Form	
Did you receive a Dundee Partnership grant during 2024-25? (If yes, list all grants below)			YES / NO
Title of project funded	Amount granted	When	Was it fully spent?

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

Maryfield United is seeking over £2,000 to support the delivery of our *Refugee & Asylum Seeker – Welcome Through Football* programme. This programme uses the power of sport to bring people together, promote wellbeing, and help newly arrived refugees and asylum seekers build meaningful connections within the local community.

The funding will enable us to deliver free, weekly football sessions that provide a safe, inclusive, and structured environment for participants who may be experiencing isolation, trauma, financial hardship, or barriers to integration. The grant will cover essential costs including facility hire, coaching staff, equipment, transport support for participants, refreshments, and safeguarding measures.

In addition to improving physical and mental wellbeing, the programme creates opportunities for social interaction, language practice, cultural exchange, and community-building. It also supports participants to access volunteering and pathways into local clubs, helping them feel valued, welcomed, and part of the Maryfield community.

CRF funding will allow us to sustain and grow the programme so that more refugees and asylum seekers can benefit from regular physical activity, a sense of belonging, and positive social connections during a challenging period in their lives.

Which City Plan / Local Community Plan Outcome(s) will it address?

This post directly supports **Coldside's 2022-2027 Local Community Plan**, particularly priorities around:

- Respond to the Cost-of-Living crisis
- Improve life chances of Children & Families
- Health & Wellbeing
- Empowering Communities

How many people will benefit from this project?

20

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

The funding will directly benefit refugees and asylum seekers living in our local area who face significant barriers to social inclusion, wellbeing, and participation in community life. Many are experiencing isolation, trauma, financial hardship, and limited access to organised sport or social activities.

Overall, the funding will support some of the area's most vulnerable and marginalised residents, helping them build confidence, belonging, and improved physical and mental wellbeing, while contributing to a more welcoming and connected community.

Please say why the project is needed (please limit your answer to 500 words or less)

Refugees and asylum seekers arriving in our community often face significant challenges, including social isolation, language barriers, financial hardship, trauma, and limited access to safe and welcoming spaces. Many cannot afford sports activities, transport, or opportunities to meet new people, which leaves them disconnected from the wider community and vulnerable to poor mental and physical health.

Football is a powerful tool for engagement because it requires no shared language, builds confidence, and creates immediate opportunities for social connection. However, without funded provision, many refugees and asylum seekers would have no accessible route into organised sport or community activities.

The *Welcome Through Football* programme is needed to provide a structured, inclusive, and cost-free environment where participants can build friendships, improve wellbeing, and feel a

sense of belonging. It also supports community cohesion by bringing together people from diverse cultures in a positive and collaborative setting.

This programme will ensure that these individuals—some of the most marginalised in our area—have consistent access to physical activity, social support, and a community that welcomes and values them.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

Consultation for the *Refugee & Asylum Seeker Welcome Through Football* programme has taken place through ongoing engagement with local partners, service providers, and the individuals we aim to support. Maryfield United has been in regular contact with organisations working directly with refugees and asylum seekers in the area, including local community groups, housing providers, and support charities. These partners have identified a clear need for accessible, no-cost physical activity and social opportunities, particularly for those experiencing isolation and limited community connections.

Additionally, discussions with local volunteers, parents, and community members reinforced the view that inclusive programmes like this play an important role in building cohesion and fostering understanding between new arrivals and long-standing residents.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group?)

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How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

Evidence shows that refugees and asylum seekers are among the groups most likely to experience multiple forms of deprivation, including financial hardship, social isolation, poor

mental health, and limited access to community activities. National research indicates that people living in deprived circumstances are significantly less likely to participate in sport or physical activity due to cost, transport barriers, and lack of accessible provision. Regular sport participation is linked to improved mental wellbeing, reduced loneliness, and increased community connection — outcomes that are especially important for those facing deprivation.

The *Welcome Through Football* programme tackles these inequalities by providing **free**, **local**, and **inclusive** weekly football sessions designed specifically for people who cannot afford paid sport. By removing financial barriers (equipment, pitch hire, transport and refreshments) the project ensures that those experiencing the greatest deprivation can take part.

SportScotland research consistently shows that participation in team sport increases confidence, reduces anxiety, and strengthens social support networks — all key protective factors against the impacts of deprivation. For refugees and asylum seekers, this is especially relevant, as many arrive with limited income, disrupted social networks, and higher vulnerability to poor wellbeing.

Through physical activity, peer support, and connection to the wider community, the programme helps participants build resilience, stability, improved mental health, and a sense of belonging. By addressing both financial and social barriers, the project directly benefits those experiencing deprivation and contributes to reducing health and social inequalities in our area.

What other sources of funding have you secured / tried to secure for this project?

- **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Please see attached Budget Spreadsheet		
Totals		

- **All applicants are required to submit a copy of the group's most recent annual accounts** with this application. These will be used to help determine eligibility for funding, and **WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

Please see below

[20241217145805950-redacted-eed849d8-89bc-ef11-b8e8-6045bd0c8000.pdf](#)

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Links to Items

[FORZA Pro Training Football Bibs | Net World Sports](#)

[10x Mitre Impel One 24 Footballs with Free Bag | Direct-Soccer](#)

[FORZA POD Pro Alu50 Folding Football Goal | Net World Sports](#)

How do you intend to monitor the project Outputs and Outcomes?

Maryfield United is committed to ensuring that the impact of this project is measurable, transparent, and aligned with the aims of the Coldside Regeneration Forum.

We will monitor both outputs (what the project delivers) and outcomes (the difference it makes) using the following methods:

Monitoring Outputs

Participation & Attendance

What we will track

- Number of participants enrolled (disaggregated by age, gender, country of origin).
- Attendance per session.
- Number of new vs. returning participants.
- Number of volunteers/trainers involved.

How we will monitor

- Registration forms (paper or digital).
- Sign-in sheets or QR check-ins.
- Simple monthly attendance reports.

Partner & Community Engagement

What we will track

- Number of community events involving local residents.
- Partnerships with clubs, schools, and migrant organisations.
- Volunteer hours.

How we will monitor

- Partner MoUs or attendance sheets.
- Volunteer sign-in system.
- Event reports.

Monitoring Outcomes

Social Outcomes

Improved Social Integration

Indicators

- Participants report feeling more connected to the local community.
- Number of mixed-team events with local and immigrant youths.

Monitoring tools

- Pre- and post-programme surveys.
- Focus group discussions.
- Short interviews at mid-season and end-season.

Increased Confidence & Well-being**Indicators**

- Self-reported improvements in confidence and mental well-being.
- Reduction in social isolation.
- Increased participation in other community activities.

Monitoring tools

- Well-being scales (e.g., WHO-5).
- Coach observations & behaviour checklists.
- Parent/guardian feedback.

Integration & Inclusion Outcomes**Language and Cultural Integration****Indicators**

- Improved communication with peers and staff.
- Participation in mixed-language activities.
- Attendance at cultural exchange events.

Monitoring tools

- Coach observations.
- Short language self-assessment forms.
- Feedback from partner schools/organisations.

We will also report regularly to the Coldsides Regeneration Forum, sharing both quantitative data and qualitative evidence to demonstrate the project's value.

Our approach ensures we remain responsive to the community's needs and accountable for the funding we receive.

What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)	Thursday 29th January 2026
What is the planned end date of the event/activity?	Thursday 26 th March 2026

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Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome: Coldside LCP 2022-2027	
Empowering Communities, Improve Life Chances for Children and Families	
Purpose of activity / project within this Outcome: To address and tackle the high rates of Anti-social behaviour in Coldside	
	Target 2025-26
Outputs	
Deliver 9 weeks worth of sessions between January 22 nd and March 26 th to Asylum Seekers, Refugees and young people from Immigrant backgrounds	20 young people attending the session every week.
Outcomes / Indicators:	

City Plan / Local Community Plan Outcome:	
Purpose of activity / project within this Outcome:	
	Target 2025-26
Outputs	

Outcomes / Indicators:	