

Dundee Partnership **Community Regeneration Fund**

Grant Application **2024/25**

Applicant Information	
Name of Applicant Group	Positive Minds
Activity Title	Positive Minds – Activities & Resources to support Residential
Grant Requested (£)	£2,601.91

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE	PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR
<div style="margin-bottom: 10px;">Coldside</div> <div>East End x</div>	<div style="margin-bottom: 10px;">Small Grant</div> <div>Physical & Environmental Improvement</div>

Lochee	Youth Inclusion x
Maryfield	
North East	
Strathmartine	Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to dundee.partnership@dundeecity.gov.uk

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form	<input checked="" type="checkbox"/>
Fully completed the information on the front of the form	<input checked="" type="checkbox"/>
Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)	<input checked="" type="checkbox"/>
Checked that your budget adds up properly?	<input checked="" type="checkbox"/>
Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?	<input checked="" type="checkbox"/>
Included appropriate, measurable outputs & outcomes?	<input checked="" type="checkbox"/>
Provided your groups accounts, or other appropriate financial information?	<input checked="" type="checkbox"/>
Sourced and attached all relevant quotes? (multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)	<input checked="" type="checkbox"/>
Checked that the bank details or financial code are correct / complete?	<input checked="" type="checkbox"/>

Signed the form, given accurate contact details and ticked the GDPR box?

X

Who is the grant for? (Name of Applicant Group / Department)			
Did you receive a Dundee Partnership grant during 2023-24? (If yes, list all grants below)			YES / NO
Title of project funded	Amount granted	When	Was it fully spent?
Douglas Diversionary Activities & Holiday Provision for Young People	April 23	YES	

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

Positive Minds are a group of young people who take part in a training programme to deliver mental health awareness sessions to other young people within their local community. We have been fortunate enough to secure funding for our residential accommodation which allows the young people to finish off their training as well as celebrate their hard work and commitment over the last 6 months. Whilst on residential we would like to take part in different activities to boost young people's mental health. Although the focus of the group is to support other young people it is a great opportunity for the group to work together but also take part in fun and relaxing activities which in turn positively increases their mental health.

Which City Plan / Local Community Plan Outcome(s) will it address?

Local Community Plan

We need to improve life chances for children and families

We need local support for people experiencing poor mental health or who are affected by substance or alcohol use

We need opportunities for East End residents to be involved in decisions which affect their community

City Plan

Children and Families

Close the attainment gap

How many people will benefit from this project?	10
Will any specific groups benefit from this project? (male, female, age range or protected characteristic)	
Young people will benefit from the funding.	
Currently we have a group of 10 young people who attend on a weekly basis, this cohort are an all girls group.	

Please say why the project is needed (please limit your answer to 500 words or less)

The SIMD2020 briefing has highlighted there has been an increase in the statistics for the child population (aged 0-15) in the most deprived areas with 44.7% (SIMD 5%) and 88.3%

(SIMD 20%) being identified for the East End Ward. Therefore, when identifying young people for our groups we aim to target those most in need to provide as much support as possible. The focus of the group may be mental health however, it is much wider than this and allows us to address inequalities such as food poverty and reducing the attainment gap.

The residential is essential to the Positive Minds programme and is an experience some young people may never have. Previous groups have highlighted the positive impact this weekend has had on them, and they would never have had the chance to take part in the activities if we had not provided them with this opportunity.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

A residential experience has been embedded into the programme for the last five years however, the young people are consulted regarding accommodation and activities.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Consultation with past groups have highlighted the need for Positive Minds as not only have they enjoyed the training programme and delivering sessions to other young people, but they have also been on a learning journey themselves allowing them to identify strategies for supporting their mental health.

As the project is held up in such high regard due to their success, we held a focus group with local convenors and young people to discuss the impact of the group. It was within this discussion several young people identified the residential and activities as having an essential role as this is where they feel the team building really happens and an opportunity to talk about their own mental health and get away from day-to-day worries.

How will the project / activity tackle deprivation or benefit those experiencing deprivation?
(Refer to Section 1 of the Guidance Notes)

The SIMD2020 highlights the East End Ward as having one of the highest rates of children and young people living within deprivation. There are 5 data zones within the East End that are ranked within 5% most deprived and 2 data zones within the 15% most deprived.

Currently our group live within the East End ward therefore, emphasising the need for young people to have the opportunity to participate in new experiences. The funding would support us in providing a variety of activities, resources, toiletries, night wear, hoodies, food and an evening meal in a restaurant over the weekend alleviating any financial pressure from families. This ensures every young person is included and removing any stigma or barriers to attending.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

N/A

How will the planned project be maintained? (please state who will be responsible for this)

N/A

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

N/A

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

N/A

What other sources of funding have you secured / tried to secure for this project?

- **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

2 x Qualified CLD Youth Work Staff	IN KIND
Residential Accommodation funded by Dundee Youth Fund	£2,343

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Activity passes	£350	£350
Food for weekend	£500	£500
Self-care resources	£575.60	£575.60
Hoodies	£240	£240
Other activities	£316	£316
Evening meal/soft drinks	£447.53	£447.53
Transport	£172.78	£172.78
Totals	£2,601.91	£2,601.91

- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**
Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application?
(e.g. quotes, estimates, projected income and expenditure)

Please see attached documents with direct quotes and receipts.

How do you intend to monitor the project Outputs and Outcomes?

Feedback from young people

Social Media

Statistical data e.g. how many young people are attending activities

Staff observation

Use of DCC managing information system (Cognisoft)

What is the planned start date of the event/activity?

Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (*see section 2 of the guidance notes*)

Friday 28th March 2025

What is the planned end date of the event/activity?

Monday 31st March 2025

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome:

Purpose of activity / project within this Outcome:

	Target 2024-25
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Outputs	
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Positive Minds group offered to young people in the East End	1
Number of new opportunities	1
Outcomes / Indicators:	
Number of young people accessing Positive Minds	10
Number of young people experiencing a new opportunity	10
Number of young people reporting an increase in confidence/self-esteem	10

City Plan / Local Community Plan Outcome:	
Purpose of activity / project within this Outcome:	
	Target 2024-25
Outputs	
Outcomes / Indicators:	