





Dundee Partnership Community Regeneration Fund

Grant Application 2025/26

Applicant Information			
Name of Applicant Group	West End Community Sports Hub		
Activity Title	Multi-Sport Activity for Young People in Lochee		
Grant Requested (£)	£680.00		

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.
- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a citywide activity, but a local activity that is to take place in more than one Ward.

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Coldside			Small Grant
East End		*	, , , , , , , , , , , , , , , , , , ,
Lochee	\boxtimes		Youth Inclusion
Maryfield			
North East			Please note that communication will be sent to you
Strathmartine			indicate otherwise. All commapplication should be made dundee.partnership@dunde

PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR			
Small Grant			
Youth Inclusion			

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Checklist for the DP Community Regeneration Fund Application Form

Have vou:

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

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Read the guidance sections of the form	X
Fully completed the information on the front of the form	X
Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)	X
Checked that your budget adds up properly?	Х
Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?	X
Included appropriate, measurable outputs & outcomes?	Х
Provided your groups accounts, or other appropriate financial information?	Х
Sourced and attached all relevant quotes? (multiple quotes are required where $>£5,000$ is being applied for to ensure value for money is being considered)	X
Checked that the bank details or financial code are correct / complete?	X
Signed the form, given accurate contact details and ticked the GDPR box?	х

Who is the grant for? (Name of Applicant Group / Department)	West End Community Sports Hub				
Did you receive a Dundee Pa (If yes, list all grants below)	YES / NO				
Title of project funded		Amount granted	When	Was it fully spent?	
Multi-Sport Activity for Young People		£1320.00	July 2024	Yes	

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

In the past two years due to support from the community regeneration fund we have been able to provide multi-sport provision to children after school in the Lochee Ward. This has been a huge success and helped break down barriers to participation which can be reflected in our end of year report submitted in April 2025.

We would like this grant to continue providing this provision in 25-26. Unfortunately, the capacity of our tennis coaches is restricted this year and therefore we are unable to include tennis provision however we have capacity to deliver football and hockey.

A survey carried out by Active Schools showed that only 17.6% pupils meet the daily physical activity guidelines (20.8% boys and 14.0% girls). This is stark evidence that there is a need for more affordable and local opportunities for children and young people to participate in sport and one of the reasons for this application to continue provision.

Member clubs of the West End Community Sports Hub (WECSH) - Harris Hockey Club and Riverside West End Football Club will use this grant to deliver free extra-curricular (after school) sport in the 6 primary schools in the ward (Ancrum Road, Camperdown, St Clements, St Ninians, St Mary's and Tayview) to increase access to sport and physical activity for primary school children in the Lochee Ward. This will ensure that local children can assess community sport in a venue they are comfortable at and free of charge, breaking down two of the main barriers to accessing sport in the community. Each school will receive either a block of football or hockey coaching.

The aim of the WECSH is to provide opportunities for as many people to participate in sport and physical activity in the local area. We aim to provide opportunities for all children however in particular those who are currently inactive and currently feel excluded from the opportunity to participate.

This grant will be used to provide free after school sport and physical activity sessions to primary school children in the Lochee Ward. Participation in sport can be costly and with the Lochee Ward including children living in areas of SIMD 1 & 2, we view this grant as crucial to supporting equal opportunities. This grant will be used to cover coaching costs to deliver the activities at no cost, after school in the school facility which children are familiar with and comfortable in which we know from parent feedback, is crucial to them engaging in the activity.

We are passionate about supporting the community to enable more children to be active, more often and improve their physical and mental wellbeing. Another crucial part of this proposal is sport having a huge wider impact in terms of learning life skills and building friendships with others. These outcomes are all met by giving children and young people an opportunity to try sports that without this programme they would not get the opportunity to try.

Which City Plan / Local Community Plan Outcome(s) will it address?

One of the key priorities in the City Plan is to reduce inequalities and poverty across Dundee. Through our proposed provision we will provide activity to help address inequalities in health, ensuring that children in the ward have access to sporting opportunities for the benefit of their physical and mental health. There are strong links between poverty, mental health and obesity therefore early intervention at primary school age through sport and physical activity is crucial.

I have outlined below how this application contributes to some of the outcomes outlined in the City Plan:

Mental health of our citizens will improve through accessible community supports: As community sport organisations through this initiative the WECSH will deliver sports with one of the aims being to improve mental health of children through participation in physical activity.

Adults & children living in Dundee will be more physically active and those living in our most deprived communities will enjoy greater access to green space: As outlined in this application, children in the identified schools are receiving fewer sport and physical activity opportunities and this initiative will increase opportunities available to them to participate and become more physically active.

Lochee Community Plan:

Targeted activities to reduce isolation and build community resilience: This provision brings children together to build friendships with one another and reduce isolation. It brings children from different backgrounds and cultures together developing peer to peer relationships and learning from each other.

Families expressed that they sometimes struggle to cope due to lack of money: This grant removes financial barriers for families as football and hockey will be provided free of charge to children after school.

This programme supports the following community priorities in the Lochee Community Plan: Cost of living, Health & Wellbeing and Children & Families.

How many people will benefit from this project?

100

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

Yes, children aged between 5 and 12 years old (P1-P7).

Please say why the project is needed (please limit your answer to 500 words or less)

Through consultation with schools and Active School Coordinators it has been outlined that children in these school's lack opportunities to participate in sport and physical activity. There is a lack of sports clubs in the area and limited coaching capacity meaning there is not a range of opportunities for young people to participate locally which has a detrimental impact on physical and mental wellbeing. Through this project the WECSH will provide free after school sporting opportunities to ensure children in Lochee have access to sport and physical activity which will improve their confidence, sense of belonging, skill development and give them the opportunity to have fun and be active together. From this project we will see an improvement in both the physical and mental health of young people in the area.

The WECSH uses sport as a vehicle to improve the lives of people for the better. In addition to making people more active sport can also support with combatting isolation, improving

challenging behaviour, skill development and anti-social behaviour. The learning through sport will help shape traits that these young people will develop and take forward into adulthood.

The project is also needed in relation to the cost of living crisis. With 20.3% of the population of Lochee classed as income deprived (Scottish Government SIMD Data 2020) this grant to provide sport and physical activity opportunities for the benefit of children and young people's physical & mental health, is absolutely crucial with families facing cost of living challenges resulting in families not having the finance to support their child/children to be active. Consultation through conversations with parents has shown that increased cost of food and energy means for a high percentage of families in the Lochee ward, money is not available to support their child to attend sport and physical activity opportunities. As a local sports organisation we want to bring activity to children and young people who are currently facing barriers to participation and promote inclusion through sport.

A parent of a child who attended one of the sessions provided the following quote showing the impact of the provision to date and to support the continued need for the project:

"Brilliant after school activity in getting all kids of all financial capabilities involved, playing and working together in teams and really helps to give back a little to the local community.... definitely worth being funded".

The following comment received from another parent of a child who attended the sessions also supports the project — ""My child really enjoyed the tennis, she learnt so much from it. It worked well for my family as it was straight after school at school and not having to transport to another area in Dundee to take her to a club"

What local consultation has taken place regarding this application? (Please attach evidence summarising the results of any consultation)

Discussions have taken place with school staff and Active Schools Coordinators with school staff outlining the need for more continued sport and physical activity opportunities for their young people.

Discussions have then taken place between the WECSH and the Active Schools Coordinators to discuss WECSH provision to support meeting this community need.

Feedback has been received from local parents, as outlined above regarding the impact of the sessions and the continued need.

What evidence do you hold that the local community supports this application? (For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

We carried out a survey with the parents of those attended previous sessions. The following quote received from a parent through the survey demonstrates the positive social impact of the sessions: "The project was awesome as it enabled my child to exercise, and he was also able to make friends".

The sessions also open up new opportunities for young people in our community that they might currently be struggling to access. This is shown by the following quote from a parent: "If it wasn't for the hockey sessions at Tayview, my daughter would not have found an interest in the sport".

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

Due to the identified schools being in an area of deprivation there are fewer opportunities for them to access. This project will bring activity to the doorstep of local young people and break down barriers they face to participation including transport and cost. We believe that everyone should have equal opportunity to participate in sport and physical activity and by providing this activity in their community and at a venue where young people are comfortable, we will help to tackle inequalities. This programme will help promote an active lifestyle and lifelong participation in sport and physical activity.

What other sources of funding have you secured / tried to secure for this project? • If none, please state why this is the case (Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding) Source of Funding (detail if this funding is for more than 1 year, if applicable) None, as this activity directly has a positive impact on children in Lochee we have identified Dundee Partnership as the most appropriate funding source to support addressing this local community need.

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide \underline{all} quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Hockey: £20 per hour x 1 hour x 6 week block (x3 – will deliver 3, 6 week blocks throughout the year)	£360.00	£360.00
Football: £20 per hour x 1 hour x 4 week block (x3 – will deliver 4, 4 week blocks throughout the year)	£320.00	£320.00
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Totals	£680.00	£680.00

- All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED
- If reserves held are less than three months operating expenses please confirm this below Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)