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<u>Dundee Partnership</u> <u>Community Regeneration Fund</u>

Grant Application 2023/24

Applicant Information			
Name of Applicant Group	Dryburgh Athletic Community Club		
Activity Title	Dryburgh Athletic Community Club supporting extra-curricular activity		
Grant Requested (£)	£1086		

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.
- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.
- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a citywide activity, but a local activity that is to take place in more than one Ward.

	VARD WHERE YOUR T WILL OPERATE	PLEASE INDICATE WHICH TYPE O YOU ARE APPLYING FOR	
Coldside		Small Grant	
East End		Physical & Environmental Improvemen	t 🗌
Lochee	\boxtimes	Youth Inclusion	\boxtimes
Maryfield			
North East			

Strathmartine	Please note that communications regarding this application will be sent to you via email unless you
	indicate otherwise

Checklist for the DP Community Regeneration Fund Application Form

Have you:

for money is being considered)

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Read the guidance sections of the form	Χ
Fully completed the information on the front of the form	Χ
Provided a response to all sections of the application form	Χ
(including indicating a section as 'N/A' where relevant)	
Checked that your budget adds up properly?	Χ
Checked that your start date is after the date at which funds could be available,	Χ
(see page 6) and that your end date is within the financial year?	
To all and a manuscript and a subscript of a subscr	V
Included appropriate, measurable outputs & outcomes?	Χ
Provided your groups accounts, or other appropriate financial information?	Χ
Sourced and attached all relevant quotes?	X

(multiple quotes are required where >£5,000 is being applied for to ensure value

Checked that the bank details or financial code are correct / complete?

Signed the form and given accurate contact details?

Who is the grant for? (Name of Applicant Group / Department)	Drybur	gh Athletic Co	ommunity (Club
Did you receive a Dundee (If yes, list all grants below		grant during 2022-	23?	YES / NO
Title of project fund		Amount granted	When	Was it fully spent?

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

Consultation has been carried out in local schools within the Lochee Ward (Ancrum Road and Tayview PS) which demonstrates that children who attend these schools have limited opportunities to take part in sport and physical activity.

Discussions with the schools have taken place and the grant will be used to deliver free extra-curricular football activity (after school) to increase access to sport and physical activity for primary school children within the local area.

Schools located within the Lochee Ward area fall into SIMD 1 and 2 of high deprivation, causing taking part in sport being costly for families. The grant will be used to cover coaching costs (delivery) and purchase of football equipment to be used for the after-school programs.

At Dryburgh Athletic we are committed to breakdown barriers that may cause children to not be taking part in physical activity (cost), and to provide as many children within the Lochee Ward area with as many opportunities to take part as possible. We also know the crucial part sport can play having a wider impact on the children's learning life skills, mental wellbeing, physical health and building friendships.

Which City Plan / Local Community Plan Outcome(s) will it address?

The City Plan for Dundee outlines the importance of partnership working to improve the quality of life for people in Dundee. Dryburgh Athletic Community Club and local schools partnering up to provide free after school football. The overall aim is to reduce deprivation and inequalities across Dundee, reducing child poverty and inequalities in income, education, and health.

Working alongside the school to provide free after school football activity will help combat inequalities in health ensuring that children in the local ward have access to regular activity for the benefit of their physical and mental health. There are links between poverty, mental health and obesity therefore having early involvement in sport and physical activity is vital to keep them active throughout childhood all the way to adulthood.

The City Plan outlines outcomes aimed to be achieved in the next 10 years and I have noted below how this initiative contributes:

- 1. Mental health of our citizens will improve through accessible community supports: As community sport organisations through this initiative Dryburgh Athletic will deliver football activity variety with the aim of improving mental health of children through participation in physical activity.
- 2. Adults & children living in Dundee will be more physically active and those living in our most deprived communities will enjoy greater access to green space: As outlined in this application children in the identified schools are receiving fewer sport and physical activity opportunities. Linking in with the schools will increase opportunities available to them to participate and be more physically active.

Lochee Community Plan:

- 1. Targeted activities to reduce isolation and build community resilience: Children have suffered due to the prolonged periods of lockdowns in recent years and have missed out on engagement with other young people. This provision brings children together to build friendships with one another and reduce isolation.
- 2. Families expressed that they sometimes struggle to cope due to lack of money Embed what matters to you approach to transforming services for children and families in Lochee: This grant would remove financial barriers for families as football would be provided free of charge to children after school.

How many people will benefit from this project?

40

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

Primary 5-7 girls

The aim is to grow this and have more sessions targeting more children, male and female across a number of age groups.

Please say why the project is needed (please limit your answer to 500 words or less)

Throughout the discussions with the local school and Active Schools it has been determined that children in the schools lack opportunities to participate in physical activity. Dryburgh Athletic uses football to improve the lives of people within the local area. Free after school football sessions will be provided to the children to give them a sense of belonging, improve their physical and mental health, and the opportunity to learn, have fun and be active. Learning through sport will develop traits with the children taking them into adulthood.

We already deliver FREE taster sessions in local schools through after school or breakfast club sessions to strengthen the school to club link. Children who have taken part in the taster sessions then have an opportunity to join the club if they wish to.

Most recently we have spoken to Anthony Murray headteacher at Ancrum Road, and he has said there is a big need for football in at the school. Not just to have session with the children but to also upskill and help teachers in the school. The school also have good links with school and university students and the club also have good links and support students with work experience / volunteering hours. The program we are delivering with the school is Football Champions from the Scottish FA and these targets older pupils developing young leaders.

The school also have limited to know equipment for use and will be using the club equipment, but it would benefit the school in the long run to have their own equipment including goals, footballs, bibs, and cones. Our aim is to get as many touches of the football

as possible at the sessions and to have a ball per participant will develop their confidence wit the ball at their feet.

The project is also needed in relation to the current cost of living crisis with 20% of the Lochee Ward population classed as income deprived (Scottish Government SIMD Data from 2020). This grant will benefit children from low-income families and allow them to take part in regular physical activity. Our club want to bring activity to children who are facing barriers to participate and promote inclusion through sport.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

Working alongside Active Schools coordinators and the schools themselves to find out what the children would like to see being delivered. Surveys were carried out and football came out on top. Anthony Murray who is head teacher at Ancrum Road sees the impact football can play at keeping children active.

Meeting with the school to get an understanding of what is on offer currently at Ancrum Road to be told not much as they can not staff the extra-curricular activity and are looking to partner up with the local clubs to provide opportunities for children to attend clubs free of charge.

What evidence do you hold that the local community supports this application? (For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Surveys were sent out to pupils and parents at the school by the Active Schools Coordinators (they have the results and feedback from the surveys)

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

The sessions are being delivered free of charge after school breaking down the barrier of cost for families who might be struggling. At Dryburgh Athletic we believe everyone should have an equal opportunity to participate in sport and physical activity, by providing this activity in their community at a venue where they are comfortable, tackling inequalities. We hope that this will promote a healthy lifestyle and promote lifelong participation in sport and physical activity.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

n/a

How will the planned project be maintained? (please state who will be responsible for this)

n/a

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

n/a

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

n/a

What other sources of funding have you secured / tried to secure for this project? • If none, please state why this is the case

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
None, as this activity will directly have a positive impact on children in Lochee we have identified Dundee Partnership as an appropriate funding source to support addressing this local community need.	n/a

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Coach Cost = £20 per hour x2 sessions per week for 12 weeks	£480	£480
Purchase of equipment (footballs, cone, bibs, goals etc)	£606	£606
Totals	£1086	£1086

- All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED
- If reserves held are less than three months operating expenses please confirm this below

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

How do you intend to monitor the project Outputs and Outcomes?

Asking for feedback / surveys from parents, players, teachers, and Active Schools coordinators. Through the relationship with school staff, we will work closely together to measure the impact of the delivery.

What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes)	January 2024
What is the planned end date of the event/activity?	March 2024

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome: Purpose of activity / project within this Outcome: Target 2023-24 Outputs Primary school aged children in the ward will receive free after school 40 children (this could football activity increase) Outcomes / Indicators: We will discuss with the participants, parents, teachers and Active 40 particpants Schools coordinators to find out their thoughts of the sessions and the 40 parents benefits from the sessions Active Schools coordinators Teachers

City Plan / Local Community Plan Outcome:

Purpose of activity / project within this Outcome:		
	Target 2023-24	
Outputs		
Outcomes / Indicators:		