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Dundee Partnership Community Regeneration Fund

Grant Application 2023/24

Applicant Information		
Name of Applicant Group	Maxwelltown Information Centre	
Activity Title	MAXyouth Work	
Grant Requested (£)	£12,341.00	

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a citywide activity, but a local activity that is to take place in more than one Ward.

	VARD WHERE YOUR T WILL OPERATE		PLEASE INDICATE WHICH TYPE YOU ARE APPLYING FO	
Coldside	\boxtimes	Sn	nall Grant	
East End		Ph	ysical & Environmental Improveme	nt 🗌
Lochee		Yc	outh Inclusion	\boxtimes
Maryfield				
North East			ease note that communications rega	
Strathmartine			olication will be sent to you via emai licate otherwise	r uniess you

Strathmartine

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form	Y
Fully completed the information on the front of the form	Υ
Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)	Υ
Checked that your budget adds up properly?	Υ
Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?	Υ
Included appropriate, measurable outputs & outcomes?	Υ
Provided your groups accounts, or other appropriate financial information?	Υ
Sourced and attached all relevant quotes? (multiple quotes are required where $>$ £5,000 is being applied for to ensure value for money is being considered)	Υ
Checked that the bank details or financial code are correct / complete?	Υ
Signed the form and given accurate contact details?	Υ

Who is the grant for? (Name of Applicant Group / Department)		. Centre & Gard		lork
Did you receive a Dundee Partnership grant during 2022-23? (If yes, list all grants below)			YES	
Title of project funde	ed	Amount granted	When	Was it fully spent?
Holiday Club & Afterschoo	l Groups	£10.000.00	Apr 23	Ongoing
Cupboard Steward	k	£4,928.00	Sep 23	Ongoing

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

The award will be used to part fund our youth workers for 2024/2025 .Our workers allow us to provide 13 popular weekly garden workshops for local schools and nurseries. They also deliver 2 weekly after school clubs, a youth cooking group, our award winning holiday garden club and a youth council.

The funding will be used to employ a youth worker and a youth sessional workers to plan, develop and manage all the following youth sessions:

- Our Garden is attended by our 4 local primary schools, 3 local nurseries. Weekly we deliver 13 sessions over 4 days in the Garden, with sessions focusing on outdoor educational activities. Our young people take part in various activities in the Garden from Pond dipping to arts and crafts, the main focus of the sessions are growing fruit and vegetables in our award winning community garden. This empowers young people, giving them the confidence to take the skills they've learned in the garden and use them within school and at home. We have very positive relationships with our local schools and nurseries and a high demand for sessions.
- Our After School Clubs run 2 evenings a week and we currently support 30 different children from the local area. The club focuses on free play, creativity and being outdoors all year round – the clubs are very much led by our young people as they often choose and develop their own activities that our youth workers facilitate.
- Our Youth Cooking Group is attended by 6 local secondary school pupils on a Thursday evening. The groups focuses on developing cooking skills, learning to use produce from our community garden and overall increasing our young people's confidence and leadership skills. The group prepares healthy dishes that they can take home and share with their family. Each month our Youth Cook Group prepares and serves around 20 local elderly residents who are isolated in the community through the "Come Dine with Us" initiative. This intergenerational project has broken down barriers between older and younger members of the community through food and conversation and has become an important part of our Youth Cook Group.
- Our Garden club runs over the Easter, Summer and October School holidays, Monday – Thursday 10am-3pm. Last year we had 142 different participants over the 10 weeks. Our club is always fully booked with a waiting list. This year we will run our Holiday club over the many In-service days that occur throughout the year. This will allow children who are on our waiting list for the clubs to experience the Garden during one-off sessions. The grant would also fund a sessional worker during the holidays. This additional worker means we can safely provide access for up to 20 different young people each day.

• Over the last year we established a youth council consisting of 10 local young people between the ages of 11-16. The councils chosen aims were to raise awareness on issues related to climate change and sustainability, getting more young people outdoors, creating more opportunities for young people to participate and have their say in The Maxwell and wider community. So far we have held a vegan bake sale (raising £110), hosted a movie night and we are in the process of running a drawing competition with our local schools to embellish our garden tool shed.

All our youth activities are delivered free of charge to our youths with no barriers to participation.

Which City Plan / Local Community Plan Outcome(s) will it address?

Our children will be safe, healthy, achieving, nurtured, active, respected responsible and included.

People in Dundee will have improved physical health and mental well-being and will experience fewer health inequalities.

How many people will benefit from this project?

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

330 males and 330 females.

Please say why the project is needed (please limit your answer to 500 words or less)

Many of our young people do not have gardens or access to green space and therefore have limited freedom to play outdoors. Over the years we have developed strong relationships with our young people and their families. The garden has huge benefits for our young people in relation to their physical and mental health. We encourage healthy eating and mindfulness in the Garden allowing our young people to be themselves embracing their individuality in a safe healthy environment. Many of our children have attended the clubs since beginning primary school and once they get to high school they have the option of becoming a youth volunteer, this can further strengthen their skills and confidence as they help lead groups of our younger participants. This year we are introducing our Youth Cook Group to the Saltire awards so they can celebrate their achievements and give them recognition for their contributions to the Garden.

Another indication of the need for the project is its huge popularity and the demand for places to take part. We have been able to address this by providing more activities and sessions over the last few years.

We continued to support as many young people as possibly during lockdown and now demand for our youth work is greater than ever. It is essential going forward that we adapt and amend our activities to support our young people. Now the cost of living crisis is having a disproportional impact on our community we need to support our young people more than ever.

Young people attending our After School Club and Garden Club have created friendships that go beyond the clubs, with many of them meeting outside the clubs and excited to see each other during the holidays. One of the unexpected outcomes of the

clubs was the young people reconnecting when they start high school, many of them have said they felt anxious about the change and meeting their friends from the club makes the transition easier as they see lots of familiar faces.

Pete Richie - Executive Director Nourish Scotland:

"On a Monday morning in the school holidays the garden is buzzing with people as well as bees. In one corner, children are harvesting produce and cooking lunch, and there's a group under a trellis working with a jewellery designer to learn about bacteria and natural dyes. But what's most striking is the children who are just hanging out, at home in the garden. They have the natural confidence that comes easy to children who grew up with their own garden – but they've found that confidence here.

It's a confidence that's extended to food, as they've discovered that 'mostly edible' goes much further than the truncated offer in the supermarkets. They enjoy the thin-skinned purply tomatoes which could never meet the shelf-life test and split at the first opportunity but taste utterly different; they try beetroot leaves, radish leaves edible flowers, calendula, nasturtium, courgette....":

What local consultation has taken place regarding this application? (Please attach evidence summarising the results of any consultation)

All our youth activities and services are designed from the start with the input of the young people we serve. We spend a lot of time discussing what specific issues and problems they face and what types of activities they feel would be most beneficial. We constantly seek feedback and evaluation of our work. One of our best attributes is that we are never afraid to try something new or different we are always open to suggestions that young people feel would improve the services we provide.

Local people are involved in the development and running of our centre at every level. From our board of trustees who steer the overall project, to the individual volunteers who deliver and support our daily activities, to participants of all ages. Our youth groups are very actively involved in the whole process too - they have a say in determining the activities we provide not only for their groups but across the centre.

Our youth volunteers have great input into our activities and we consult regularly with them on events and project design. Representatives from our youth council provide updates and will attend Board meetings.

To insure the continuing success of our youth work we liaise with local schools and other youth groups. Our youth worker regularly attends local primary school assemblies to promote our holiday garden club and after school clubs. Our holiday garden club enables children to participate fully and positively, making their own decisions and feeling empowered to contribute.

What evidence do you hold that the local community supports this application? (For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

We have great evidence of the huge, beneficial impact our project has had for our local youths over the last few years. Our case studies, valuations, observations and feedback from parents, carers and the school really do demonstrate attendees of our groups feel happier, safer and more confident as a result of taking part.

Much of the evidence that the local community supports this application comes directly from our youths. They regularly tell us how much they enjoy coming along and many race to the centre after school to be here first!

All the local schools and nurseries tell us of the huge beneficial impact garden visits have for pupils of all ages and backgrounds. We work closely together to evaluate our work and produce case studies. It is well recognised that there is considerable demand for youth activities in the local area and there is no other project in Dundee delivering garden based activities out of school like ours.

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

The effect of deprivation on our local children means they have outcomes in relation to learning, health, and employability that are significantly lower than the Scottish average, our project works tirelessly to tackle this inequality.

We enable children to feel safe, and grow their own food to enjoy in a pleasant and nurturing environment. Children who are withdrawn and unwilling to be part in other groups flourish in the centre and garden. They genuinely look forward to taking part in all our youth groups.

We have had fantastic feedback from the schools, families and partner organisations we work with on the benefits and impact the garden project has had for our local youths.

We are aware that the education attainment gap will continue to grow unless as a community we can provide excellent out of school services, activities and opportunities for our local young people, this is at the very core of all our youth work.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

How will the planned project be maintained? (please state who will be responsible for this)

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

 What other sources of funding have you secured / tried to secure for this project? If none, please state why this is the case (Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding) 	
Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
Children in Need are providing £9,250.00/year for youth worker costs till September 26	£9,250.00

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Youth Worker Term Time - 21 hours x's 42 weeks @ £13.50	11,907.00	8,717.00
Youth Worker Holiday Club: 10 Weeks x's 28 Hours x's £13.50	3,780.00	1,752.00
1 Holiday Club Sessional Youth Workers: 10 Weeks x's 24 Hours x's £12.00	2,880.00	1,872.00
Sessional youth worker Term Time 6 hours x 42 weeks £12 .00	3,024.00	
Totals	£21,591.00	£12,341.00

• All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED

• If reserves held are less than three months operating expenses please confirm this below Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

We pay the National living Wages of £12/hour for sessional staff and £12.45 for Youth workers. The £13.50 includes pension and NI contributions.

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

How do you intend to monitor the project Outputs and Outcomes?

In addition to monitoring attendance we use a wide variety of different methods/tools to evaluate our youth work - we primarily use observation as well as mood boards and group evaluations. Our youth workers write up each session with what has been successfull and ideas that the children have. This helps us look back on sessions to evaluate acitivties that worked well and areas we can improve on.

To further evaluate our work with the children we will work closely with the schools and value their feedback on improvements in behaviour, confidence and mental well being. Our Youth Workers have developed strong bonds with our young people and their parents, this allows us to ask parents directly for feedback and how we can best meet the needs of their children.

We regularly work with youths and famies to produce individual case studies of the beneficial impact our project has had for them.

What is the planned start date of the event/activity?

1st April 2024

Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes)	
What is the planned end date of the event/activity?	31 st March 2025

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome: Our children will be safe, healthy, achieving, nurtured, active, respected, responsible and included. People in Dundee will have improved physical health and mental well-being and will experience fewer health inequalities. Purpose of activity / project within this Outcome: Local children will experience a range of activities in a nurturing and safe garden environment within their local community. Target 2023-24 Outputs 11 sessions each week for local nursery, primary and high schools.(38 418 sessions Weeks) Day long sessions over the school holidays for 20 children per day. 48 sessions 2 weekly afterschool sessions based in the garden for children from our 76 sessions local primaries during term time (38 weeks) A weekly youth cook group during term time (38 weeks) 38 sessions Monthly Youth council meeting and events for 10 youths 20 sessions **Outcomes / Indicators:** Our young people will feel empowered to face the daily challenges in their lives. The project encourages exercise and healthy eating which will lead to improvements in physical and mental health. Young people report increased confidence. Our young people feel safer within the community.

City Plan / Local Community Plan Outcome:

Purpose of activity / project within this Outcome:		
	Target 2023-24	
Outputs		
Outcomes / Indicators:		