Ref: L2506

## Dundee Partnership

## **Community Regeneration Fund**

# **Grant Application**

## 2025/26

|   | Applicant Information |
|---|-----------------------|
| Name of Applicant Group Lochee Friendship Group (55+) |                       |
| Activity Title  | Activities & Supplies |
| Grant Requested (£)                                   | £1,078.93             |

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a city-wide activity, but a local activity that is to take place in more than one Ward.

| TICK THE WARD WHERE YOUR<br>PROJECT WILL OPERATE | PLEASE INDICATE WHICH TYPE OF GRANT<br>YOU ARE APPLYING FOR  |
|--|--|
| Coldside   | Small Grantx   |
| East End   |  |
| Lochee <b>X</b>                                  | Youth Inclusion  |
| Maryfield  |  |
| North East                                       | Please note that communications regarding<br>this application will be sent to you via email<br>unless you indicate otherwise. All<br>communication for this application should be<br>made to |
| Strathmartine                                    | dundee.partnership@dundeecity.gov.uk   |

# Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

| Read the guidance sections of the form                   | x |  |
|--|---|--|
|  |   |  |
| Fully completed the information on the front of the form | x |  |

Provided a response to all sections of the application form

(including indicating a section as 'N/A' where relevant)

Checked that your budget adds up properly?

x

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Checked that your start date is after the date at which funds could x be available,

(see page 6) and that your end date is within the financial year?

Included appropriate, measurable outputs & outcomes?

Provided your groups accounts, or other appropriate financial x information?

Sourced and attached all relevant quotes?

(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)

Checked that the bank details or financial code are correct / complete?

Signed the form, given accurate contact details and ticked the x GDPR box?

# x

| Who is the grant for?<br>(Name of Applicant<br>Group / Department)                            | Lochee Friendship Group (55+) |                |            |                        |
|---|-------------------------------|----------------|------------|------------------------|
| Did you receive a Dundee Partnership grant during 2024-25?<br>(If yes, list all grants below) |                               |                | No         |                        |
| Title of project func   | led                           | Amount granted | When       | Was it fully<br>spent? |
| CRF Cost of living gra  | ant                           | £252.60        | Feb/Mar 25 | yes                    |
|   |                               |                |            |                        |
|   |                               |                |            |                        |
|   |                               |                |            |                        |
|   |                               |                |            |                        |

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

As a new group, the only funding we have secured was a small amount from the CRF cost of living, and would like to apply to CRF for help towards running and activity costs e.g. refreshments and monies for activities to expand our programme and resources for the group.

Our programme offers varied activities based on members' preferences, and includes sessions from e.g. HOPE, CAB, FIRE safety at home, Energy saving, LIBRARY services, digital support, and interests such as crafts, mindfulness, local history, RSPB speaker, Lifeboats speaker, seated yoga, seated exercise and social chat over a cup of tea and biscuits. Although some activities are free, we would like to apply for a grant to fund the activities listed below.

Which City Plan / Local Community Plan Outcome(s) will it address?

The Local Community Plan outcome that this will address is to tackle social isolation and improve mental wellbeing

#### How many people will benefit from this project?

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

15-20people 55+ years attend regularly. The group are currently meeting at

Mulligan Court Sheltered Housing Lounge and we hope to expand membership through targeted promotion with tenants. The group was originally set up in 2024 in response to a survey of older residents in Lochee, to address social isolation amongst 55+ years.

Some vulnerable adults attend (including people with early dementia, frailty due to age and/or mobility) The group helps to give peace of mind to extended families of loved ones attending with these conditions.

We are planning inter-generational sessions later in the year, which would benefit young people and their families.

**Please say why the project is needed** (please limit your answer to 500 words or less)

The LCCP felt the local community plan did not contain sufficient focus on the needs of the older population in Lochee and as a result, consultations took place in the local area and the Friendship Group was born as a result of this.

The project is needed so that the group can continue to run and offer a wide range of activities for older people and continue to offer a safe warm and welcoming place so that older folk don't go back to being isolated. It's also needed so that older people can continue to take part in learning opportunities.

The group currently has between 15-20 members and is open to new members.

The comments below show why the project is vital.

"Nice to get out and meet other people & make new friends, Each activity has been really enjoyable, Companionship, Friendships, Social Chit Chat, Cup of tea and a biscuit, Group activities, Social Contact, Mental stimulation, Meeting new people with diverse experiences"

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

The Lochee Community Empowerment team along with stakeholders did a wide range of consultations during 2024 which resulted in the friendship group being set up. A questionnaire was produced and it's aim was to gather views of older people using a questionnaire online (Microsoft forms). The key questions were around what activities and improvements older residents would like to see in the area.

#### What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Evidence of support comes from the initial survey of 55+ years residents in the Lochee area which highlighted a feeling of social isolation and a need for a social/activity based group. Further evidence was gained from the 2 subsequent taster drop-ins held in 2024, which included further consultations asking about people's needs and interest in a group.

We have held 2 group planning sessions, asking what activities people would like and what they want from the group. We have a weekly feedback/comment sheet asking for feedback from each session. We hold evaluation sessions with members to gain insight into the impact the group has made and to ensure the group is relevant and meeting needs. How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

The profile for Lochee from 2020 shows that 55 % of the population are living in data zones ranked in the 5% of most deprived. For the 20% most deprived it is 80%. Dryburgh is 21.6% and Whorterbank is 17.3% for the 20% most deprived data zone. Within this a considerable number are pensionable aged.

The Friendship Group is based in Lochee Hub and is targeted at those aged 55+. It's a free group and it provides a warm, safe, social and welcoming environment for older people to feel included. A wide variety of support agencies visit the group so the group members can easily access support if they require it but generally information is shared that is of benefit to everyone especially around tackling high bills.

The group offers the opportunity for older people to experience new activities, learn new skills and get ideas about dealing with stress. In recent weeks, the group members have got themselves involved in community activism and made sure they have got their voices heard regarding a range of issues. This in turn has had huge benefits for their health and well- being.

This is an excellent group that values older people and doesn't hide them away.

### What other sources of funding have you secured / tried to secure for this project?

#### • If none, please state why this is the case

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

| Source of Funding (detail if this funding is for more than 1 year, if applicable) | £      |
|---|--------|
| CRF Cost of Living Fund Feb/March 2025  | 252.60 |

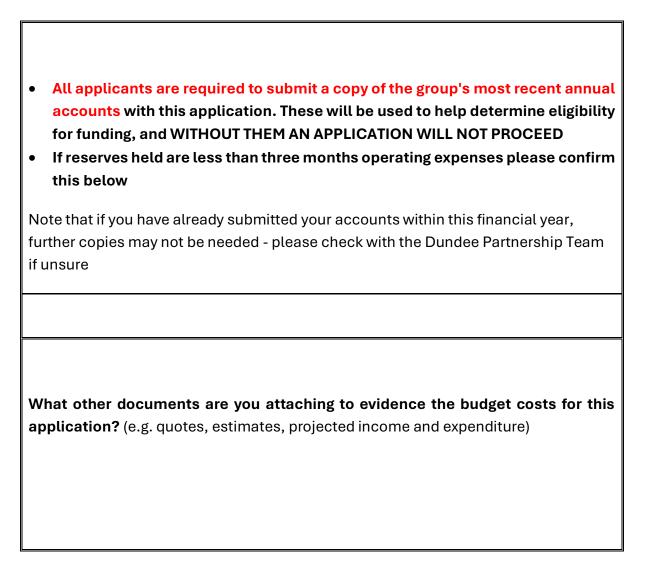
What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

|              | Full Costs | DP Aid |
|--------------|------------|--------|
| Cost Heading | (£)        | (£)    |
|              |            |        |

| Hand Massage                         | 25.00  | 25.00  |
|--------------------------------------|--------|--------|
| Verdant Works trip                   | 267.10 | 267.10 |
| Therapet speaker                     | 25.00  | 25.00  |
| Manicure                             | 75.00  | 75.00  |
| RSPB speaker                         | 25.00  | 25.00  |
| Inter-generational games prizes      | 28.00  | 28.00  |
| Bongo playing tuition                | 96.00  | 96.00  |
| Xmas crafts                          | 47.84  | 47.84  |
| Xmas musician                        | 54.00  | 54.00  |
| Music taster                         | 36.00  | 36.00  |
| Xmas party food & drinks             | 65.05  | 65.05  |
| Xmas party games & prizes            | 49.98  | 49.98  |
| Burns celebrations cheese & oatcakes | 4.19   | 4.19   |
| Valentines crafts                    | 20.29  | 20.29  |
| Easter crafts                        | 17.98  | 17.98  |
| Refreshments 25/26                   | 210.52 | 210.52 |

| Group games | 31.98    | 31.98    |
|-------------|----------|----------|
| Totals      | 1,078.93 | 1,078.93 |

## PLEASE SEE ATTACHED SHEET with quotes & evidence



How do you intend to monitor the project Outputs and Outcomes?

Ongoing weekly comment/feedback sheets to gather views and comments.

Ongoing photographic evidence from sessions.

Group evaluation sessions to gather feedback from members on their preferences and group impact, relevance, areas of success and areas in need of change.

| What is the planned start date of the event/activity?<br>Please note turn around on applications is 6 - 10 weeks and<br>funding cannot be retrospective (see section 2 of the<br>guidance notes) | If we are successful<br>– as soon as grant is<br>awarded |
|--|--|
| What is the planned end date of the event/activity?  | 31 March, 2026   |

#### **Outputs & Outcomes**

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

| City Plan / Local Community Plan Outcome: Tackle social isolation and improve mental |
|--|
| vellbeing  |

## Purpose of activity / project within this Outcome:

|  | Target 2025-26 |
|--|----------------|
| Outputs  |                |
| Numbers attending  | 15             |
|  |                |
|  |                |
| Outcomes / Indicators:   |                |
| Reduce isolation   | 15             |
| Taking part in learning opportunities and improving mental wellbeing | 15             |
|  |                |

| City Plan / Local Community Plan Outcome:          |                |
|--|----------------|
|  |                |
|  |                |
| Purpose of activity / project within this Outcome: |                |
|  |                |
|  | 1              |
|  | Target 2025-26 |
|  |                |

| Outputs                |  |
|------------------------|--|
|                        |  |
|                        |  |
|                        |  |
| Outcomes / Indicators: |  |
|                        |  |
|                        |  |
|                        |  |