Ref: M2507

<u>Dundee Partnership</u> <u>Community Regeneration Fund</u>

Grant Application 2025/26

| Applicant Information | | |
|-------------------------|---------------------------------|--|
| Name of Applicant Group | Maryfield Support Café | |
| Activity Title | Support Café (Recovery focused) | |
| Grant Requested (£) | 1410 | |

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.
- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to

check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a city-wide activity, but a local activity that is to take place in more than one Ward.

| TICK THE WARD WHERE YOUR PROJECT WILL OPERATE | PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR |
|---|--|
| Coldside | Small Grant |
| East End | |
| Lochee | Youth Inclusion |
| Maryfield | |
| North East | Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be |

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

| Read the guidance sections of the form | yes |
|--|-----|
| Fully completed the information on the front of the form | yes |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant) | yes |
| Checked that your budget adds up properly? | yes |

Checked that your start date is after the date at which funds could | yes be available, (see page 6) and that your end date is within the financial year? Included appropriate, measurable outputs & outcomes? yes Provided your groups accounts, or other appropriate financial yes information? Sourced and attached all relevant quotes? yes (multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered) Checked that the bank details or financial code are correct / To complete? follo W Signed the form, given accurate contact details and ticked the GDPR | yes box?

| Who is the grant for? (Name of Applicant Group / Department) | Joint Local Project:- • Louise Yannetta, Community Health Worker • Sarah Hunter, Community Empowerment Worker | | | |
|---|---|----------------|------|---------------------|
| Did you receive a Dundee | ndee Partnership grant during 2024-25? Delow) YES | | | YES /NO |
| Title of project fund | iled | Amount granted | When | Was it fully spent? |
| | | | | |

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

The local Community Health Team and Community Empowerment Team wish to launch a new joint Support/Recovery Café to take place in Maryfield Ward from July-September 2025. There is currently no dedicated Recovery café in this area. This will

take place over a 3-month test of change period, from July 7th to end September (13 Mondays).

Following discussions at the local ADP subgroup, it was agreed that the best location for this initially would be the Foodbank café area on Albert Street as this is where the most people gather and where we can connect easily with people and build relationships locally. Following visits to the community café (which run Wed-Friday, with around 50 people on average attending per day) this is well attended by people who need a range of support, including from drug and alcohol addictions. By opening on a day where there is no café provision here, and providing food and activities as an incentive, it is hopeful that we will be able to attract and target people via the ADP partners who need support in recovery and may be willing to form a local recovery group to meet at a different location in the future (hopefully a lower cost option).

This is a partnership between Dundee City Council Health and Social Care and the Community Empowerment Team via workers Louise Yannetta and Sarah Hunter taking the lead.

This area suffers from very high levels of inequalities, particularly in relation to health where some wards within Stobswell have the lowest 5% under SMID data and this project will help address this.

Which City Plan / Local Community Plan Outcome(s) will it address?

| It is identified in the Maryfield Ward Community Plan as shown | | | |
|--|--|--|--|
| below. | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

How many people will benefit from this project?

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

We estimate around 20 people (age 16+ both male and female) will take part in this 3 month 'test of change' project. The target group is those in recovery from alcohol/drug addiction however the café will be open to all and will have a referral system for all kinds of support- from benefit and housing advice, health and wellbeing, to employment support. This ward contains several of the most deprived postcode zones, particularly in relation to health inequalities with high levels of mental health problems particularly prevalent.

It is also important to note that project this is likely also to positively benefit the families/friends of those involved too, as well as the wider community of Stobswell/Maryfield and wider Dundee.

| Please say why the project is needed (please limit your answer to 500 words or less) |
|---|
| We wish to provide improved support within the local community for people in recovery from drugs/alcohol and their families, as identified as a need in the Local Community Plan. |
| Despite being an area of deprivation and high levels of both drug users and those in recovery, there is no dedicated provision within the ward already. Some of those in the ward attend cafes further afield (e.g. Hilltown which takes place on a Tuesday, and Douglas which takes place on a Thursday) and these attendees have indicated they support the need for one within the Maryfield ward. |
| We wished to see if there was a need for this amongst current support services and if so to come up with a proposed action plan. The evidence as shown below indicates the need for this at the current time. |
| |
| |

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

| Process | Outputs |
|---|--|
| We discussed initial ideas on venues, time activities etc but agreed it was best to discuss openly from the start with relevant partners so we called a ADP Subgroup Meeting and invited all members along. | ADP Subgroup Meeting where the idea of a recovery café was discussed was held on 19th March. There was support for this project and it was identified that there is a gap on Monday and Tuesdays when the Foodbank Cafe is not run. Attendees suggested including activities and using the Food Bank as a location as this is where the most people gathered weekly. |
| We discussed the idea with a local man in recovery who is on the ADP group and visited Hilltown Community Centre's Recovery Café | He agreed there's a need for a recovery café in this area and that he wished to be Peer Volunteer. |
| We visited Dundee Foodbank- 24th March | Met Hannah and Michelle from the food bank along with other staff and discussed our ideas, th.ey have been supportive of this project Spoke to 6 attendees who agreed there was a need for a support café on days this is closed (Mondays/Tuesdays) |

| Visit to Douglas Recovery Café 25th March | Spoke to 5 attendees- the men really appreciate the café and says it makes a real difference having this place to go along to speak to someone, for free food, and to do the activities (some don't take part but enjoy watching/supporting) Other agencies attend such as Hillcrest Futures, Positive Steps, Street Soccer, they have now got guitars to start a music group. The LCPP fund this project. Two men who attend are from Maryfield ward and would be interested in attending a new one there |
|--|--|
| Survey | Launched here and has 8 responses to date (undertaking face to face with foodbank attendees on the 1st May) all showing a very strong support for this project. |

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

We will provide meals on a weekly basis thus ensuring the participants have access to fresh meals and advice on health and wellbeing, this will help 'close the gap' between those suffering inequalities.

The project seeks to alleviate social isolation among local participants by fostering stronger community connections and making appropriate referrals.

We intend to run sessions around financial health with participants thus ensuring they have support from relevant external agencies to improve their income maximisation.

We will provide a space for both peer support and tailored one to one support as needed; thus ensuring any issues around deprivation is identified and actioned by staff.

Stobswell infographics NEW.pdf This infographic shows data showing the health inequalities and gives a good picture of the most deprived datazones within this ward which will be targeted.

What other sources of funding have you secured / tried to secure for this project?

If none, please state why this is the case

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

| None, the ADP funding has ended or we would have applied to this | fund. |
|---|-------|
| Source of Funding (detail if this funding is for more than 1 year, if applicable) | £ |
| | |

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over $\mathfrak{L}5,000$ is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

| | Full Costs | DP Aid |
|--------------|------------|--------|
| Cost Heading | (£) | (£) |
| | | |

| Hire of Foodbank Premises (13 weeks) | 650 | 650 |
|---|-------|-------|
| Refreshments (£20 per session for 13 weeks) | 260 | 260 |
| Activities- 2 outdoor activities, 2 indoor exercises activity. These will be based on the interests of those who attend and could include such things as fishing, ten pin bowling, pool, darts, walks) (£125 per activity on average) | 500 | 500 |
| Totals | £1410 | £1410 |

- All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED
- If reserves held are less than three months operating expenses please confirm this below

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Quotes for room hire.

How do you intend to monitor the project Outputs and Outcomes?

We will carefully monitor this weekly through attendance of all sessions and activities, and feedback from participants and will reshape the project on an ongoing basis.

| What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes) | July 7 ^{th-} 29 th September 3 month period (13 | |
|--|---|--|
| What is the planned end date of the event/activity? | weeks) End September 2025. | |

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

| Local Community Plan Outcome: It is identified in the Maryfie Plan as shown below. | ld Ward Community |
|--|---------------------|
| Purpose of activity / project within this Outcome: | |
| | |
| | |
| | Target 2025-26 |
| Outputs | |
| 20 people supported in their recovery | 20 target attendees |
| 30 other attendees – benefiting from the food provision or other support | 30 other attendees |
| 13 day sessions held July- September with provision of food and support | 13 sessions |
| 4 activity sessions held in this period, tailored to the needs of the attendees | 4 activites |
| 3 hours work per week for 2 workers x 13 | 78 hours |
| Outcomes / Indicators: | |
| Number of participations who agree there is now more support for those in recovery within the Maryfield Ward through provision of a dedicated café | 20 attendees |
| Food provision in an area of deprivation on a day this café would otherwise be closed | 30 attendees |
| | |
| | |

City Plan:- 'reducing the gap in outcomes between the most and least deprived groups and improving long term sustainability of public service provision'

There is also a key aim within the city plan to ensure 'Dignified and sustainable approaches are in places across the city to support those dealing with fuel or food poverty'

Purpose of activity / project within this Outcome:

| | Target 2025-26 |
|--|----------------|
| Outputs | |
| Provision of food | 30 people |
| Outcomes / Indicators: | |
| More people have access to free food and support | 30 people |