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## Dundee Partnership Community Regeneration Fund

### Grant Application 2023/24

Applicant Information	
Name of Applicant Group	Lochee Community Hub
Activity Title	Group work
Grant Requested (£)	1581.01

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE	
Coldside	<input type="checkbox"/>
East End	<input type="checkbox"/>
Lochee	x
Maryfield	<input type="checkbox"/>
North East	<input type="checkbox"/>
Strathmartine	<input type="checkbox"/>

PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR	
Small Grant	x
Physical & Environmental Improvement	<input type="checkbox"/>
Youth Inclusion	<input type="checkbox"/>

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise

## Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

### Have you:

- |  |                          |
|--|--------------------------|
| Read the guidance sections of the form   | <input type="checkbox"/> |
| Fully completed the information on the front of the form   | <input type="checkbox"/> |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)   | <input type="checkbox"/> |
| Checked that your budget adds up properly?   | <input type="checkbox"/> |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?          | <input type="checkbox"/> |
| Included appropriate, measurable outputs & outcomes?   | <input type="checkbox"/> |
| Provided your groups accounts, or other appropriate financial information?   | <input type="checkbox"/> |
| Sourced and attached all relevant quotes?<br>(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered) | <input type="checkbox"/> |
| Checked that the bank details or financial code are correct / complete?  | <input type="checkbox"/> |
| Signed the form and given accurate contact details?  | <input type="checkbox"/> |

## DUNDEE PARTNERSHIP FUND CRF GRANT APPLICATION

<b>Who is the grant for?</b> (Name of Applicant Group / Department)	LocheeCommunity Hub		
<b>Did you receive a Dundee Partnership grant during 2022-23?</b> (If yes, list all grants below)			<b>YES / NO</b>
<b>Title of project funded</b>	<b>Amount granted</b>	<b>When</b>	<b>Was it fully spent?</b>

**Please give a description of what you want this grant for** - (please limit your answer to 500 words or less)

We are looking to develop group work sessions for Community Members. We have completed 6 monthly reviews with the community of Lochee and have looked at the Local Community Plan. Both have discussed isolation and how group work and bringing community members together would be beneficial for mental and physical health. For this reason we are looking to get funding for the over 60's keep fit class and an Art group to run within the Lochee Community Hub. These funds will pay for services to come into the building and complete the sessions with Community members. Giving them chances to be involved with others, socialise and to try new things. This will encourage more social situations, and will help the well being of the people involved.

**Which City Plan / Local Community Plan Outcome(s) will it address?**

1. We need to tackle social isolation and improve mental wellbeing:- Family groups, children, young and older people have said they feel isolated and their mental health has been affected, particularly during lockdown periods. Targeted activities established in community facilities to reduce isolation and build community resilience. Health and wellbeing

<b>How many people will benefit from this project?</b>	
Will any specific groups benefit from this project? (male, female, age range or protected characteristic)	
20 over 60's females in the Lochee area	
8 participants to participate in the jesmonite homewares workshop	

## DUNDEE PARTNERSHIP FUND CRF GRANT APPLICATION

**Please say why the project is needed** (please limit your answer to 500 words or less)

Over 60's female fitness class:-

Because of COVID more people are struggling with their mental health and are feeling isolated from their communities and lonely. These group sessions will allow women over the age of 60 to come together and develop friendships and have social interactions. The National council of aging states that "Evidence reveals that social isolation and loneliness hinder good health—putting older adults at risk for high blood pressure, heart disease, obesity, a weakened immune system, anxiety, depression, cognitive decline, Alzheimer's disease, and even death." By having more access to social activities in the area and a wider choice will enable the participants to engage with others develop friendships and aid in a more positive mental health and physical health.

Jesmonite homewares workshop:-

This is an eco-friendly art and craft workshop which will enable community members to make and build items for there home as well as engaging in social interactions and developing a better sense of self in the community.

**What local consultation has taken place regarding this application?**

(Please attach evidence summarising the results of any consultation)

The LCCP plan states this as one of the outcomes from the Community. The Lochee Hub also completes 6 monthly reviews and this was an activity that was shown to be needed in the area and within the Lochee Community Hub.

**What evidence do you hold that the local community supports this application?**

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

The LCCP plan states this as one of the outcomes that the Community stated is needed in the area focusing on elderly as one of the main areas of need. The Lochee Hub also completes 6 monthly reviews and this was an activity that was shown to be needed in the area and within the Lochee Community Hub.

The Hub also was informed by participants and community members that they were interested in an Art group to enable a more therapeutic response to being isolated and want to develop a more eco friendly development to this. They discussed wanting to design projects for their homes to feel more in touch and confident. Also due to not being financially able to purchase new items for their home they wanted to develop a group that would enable them to make new items for their home to make their mental health more positive and feel more in control of their own space.

## DUNDEE PARTNERSHIP FUND CRF GRANT APPLICATION

**How will the project / activity tackle deprivation or benefit those experiencing deprivation?**  
(Refer to Section 1 of the Guidance Notes)

The Lochee Hub is a one stop shop and allows the participants access to a different variety of services. This enables them to have a more inclusive access to services and is not dependant on whether they have funds for this. By having the access to this service when attending the groups and classes allows for them to be able to get assistance with benefits, food poverty, etc.

The group itself is accessible to anyone over the age of 60 and will be inclusive allowing free access to the session and donations welcome to allow this group to be sustainable in the future.

The Art group will be a free session to enable community members a chance to develop their skills and engage with activities that they would be able to due to financial restraint.

**For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:**

**Have all relevant permissions been agreed?** (please state what these are)

**How will the planned project be maintained?** (please state who will be responsible for this)

**What is the expected 'life' of the improvement?** (e.g. before it will require replacement)

**Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award?** (If there would be additional costs for this, please indicate this in the budget section)

**What other sources of funding have you secured / tried to secure for this project?**

- **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
Donations to the Lochee Hub	138.99

**What are the costs of your activity and how much money is required?** Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

## DUNDEE PARTNERSHIP FUND CRF GRANT APPLICATION

Cost Heading	Full Costs (£)	DP Aid (£)
Over 60's leisure coach costing till 30 <sup>th</sup> March 2024	600.00	461.01
Jesmonite homewares workshop	1120.00	1120.00
<b>Totals</b>	1800.00	1581.01

- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**  
Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

**What other documents are you attaching to evidence the budget costs for this application?**  
(e.g. quotes, estimates, projected income and expenditure)

Invoice from Leisure coach for the costings  
Invoice from Jesmonite homewares workshop coach

**How do you intend to monitor the project Outputs and Outcomes?**

At present we use UPSHOT to enable the team to impute data on the number of people attending the sessions, as well as case studies pictures and progression. This also enables you to see if the participants have used other services within the building to get a greater picture of the collaboration within the building.

We also complete 6 monthly reviews which will enable us to see if the sessions are helping the participants to become more included in the community and less isolated.

<b>What is the planned start date of the event/activity?</b> Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (see section 2 of the guidance notes)	26/06/2023
<b>What is the planned end date of the event/activity?</b>	30/03/2024

### Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

## DUNDEE PARTNERSHIP FUND CRF GRANT APPLICATION

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

<b>City Plan / Local Community Plan Outcome:</b>	
<b>Purpose of activity / project within this Outcome: 1. We need to tackle social isolation and improve mental wellbeing:-</b>	
	<b>Target 2023-24</b>
<b>Outputs</b>	
20 Participants using the group sessions	March 2024
8 participants using the Art group sessions	March 2024
66 Group work sessions to be completed	March 2024
<b>Outcomes / Indicators:</b>	
Participants feeling less isolated	March 2024
Health and wellbeing improved	March 2024