

Ref: NE2622

Dundee Partnership **Community Regeneration Fund**

Grant Application **2026/27**

Applicant Information	
Name of Applicant Group	Family Healthy Living Fintry
Activity Title	Family Group
Grant Requested (£)	£710

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE
☐ Coldside
☐ East End
☐ Lochee

PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR
☐ Small Grant
☐ Youth Inclusion

Maryfield
North East
Strathmartine

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to dundee.partnership@dundeecity.gov.uk

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form	☐
Fully completed the information on the front of the form	☐
Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)	☐
Checked that your budget adds up properly?	☐
Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?	☐
Included appropriate, measurable outputs & outcomes?	☐
Provided your groups accounts, or other appropriate financial information?	☐
Sourced and attached all relevant quotes? (multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)	☐
Checked that the bank details or financial code are correct / complete?	☐
Signed the form, given accurate contact details and ticked the GDPR box?	☐

Who is the grant for? (Name of Applicant Group / Department)		Family Healthy Living Fintry	
Did you receive a Dundee Partnership grant during 2025-26? (If yes, list all grants below)			YES / NO
Title of project funded	Amount granted	When	Was it fully spent?

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

The Family Healthy Living group meet weekly at the Finmill centre after school and consists of 10 families each with a child with additional support needs. We have approximately 22 children in the group, 10 with additional support needs.

The format of the group, which is parent led, is that we meet at Finmill at 3:15, make a picnic tea and, weather permitting, we walk to a local park to play. If weather is poor and in the winter terms, we organise board games, crafts and visitors such as ScrapAntics, HeartSpace and the Science Centre.

The purpose of the group is for the families to have fun together and learn about healthy eating and budget cooking, try new foods, and the benefits of play with their children. The group reduces social isolation, friendships are formed and local resources, ie parks, are utilised.

In the winter, terms 2 and 3, we receive free hot meals funded by Dundee Bairns, for the summer trips we also receive food from Dundee Bairns.

This group also runs during the holidays with the parents helping organise trips to places such as the Dundee Transport Museum and the Olympia Swimming.

After successful summer programme and lots of positive feedback from parents, we would like to organise a bigger trip during the October holidays for families.

The group is supported by Caitlyn, SFDW at Fintry PS and Christine, CHW. Community Health team are willing to host the funds.

Which City Plan / Local Community Plan Outcome(s) will it address?

- **Health and Wellbeing:** Tackling social isolation and improving mental health through local activities and supporting people in recovery.
- **Children and Families:** Improving local family activities and educational opportunities.
- **Environment and Green Spaces:** Enhancing the quality and accessibility of local green spaces, with specific focus on the Dighty linear park, Middleton Wood, and the Whitfield Burn

How many people will benefit from this project?

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

12 parents

22 children (aged 1-15) (10 children with ASN (suspected or diagnosed))

Please say why the project is needed (please limit your answer to 500 words or less)

The group started in Aug 2022 after parents requested a family group that supported physical activity, healthy eating and was inclusive for all. The group has grown in numbers since then and changes each term to address the ever changing needs of the group. The group encourages parents to cook with their children and play in a meaningful way. The group also encourages parents to utilise the green, outdoor spaces we have in the north east. The group reduces social isolation, encourages friendships and support networks to be formed and reduces food poverty and waste.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

Consultation has been carried out within Fintry Primary and at local food larders and cafes – targeting parents of primary aged children and families with children with additional support needs.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

The group continues to grow with each school term through word of mouth and positive feedback from those that attend.

Families have requested that the group continues and that our holiday provision and support increases.

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

The group provides free food and encourages family to utilise the free resources within the community.

The group also encourages families to try new foods and cook from scratch at home giving families' examples of cheap and easy meals to make.

What other sources of funding have you secured / tried to secure for this project?

- **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)

£400

Dundee Bairns small grant – £300 for April 2025-Oct 2025
Dundee Bairns supplied free hot meals Oct 2025-Mar 2026
Lifegate Church - £100 food voucher donation April 2026-June 2026
2 x mini bus with driver donation from Lifegate church and NW community sports hub

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
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Blairdrummond Safari entry	310	310
Minibus Hire & Fuel	400	400
Totals	710	710

- **All applicants are required to submit a copy of the group's most recent annual accounts** with this application. These will be used to help determine eligibility for funding, and **WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Blairdrummond Safari:

School/ nursery pupil £8.25 + VAT = £9.90

1 free adult for every 5 paying pupils

Additional adult £10.80 + VAT = £12.96

Child aged 2yrs and under FREE

How do you intend to monitor the project Outputs and Outcomes?

Comments from parents and children
Numbers and attendance
photos

What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)	October 1st
What is the planned end date of the event/activity?	October 21st

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome:	
1. Reduce child poverty and inequalities 2. Tackling cost living crisis 3. Social isolation and improving mental wellbeing 4. Improving life chances for children and families 5. Utilising quality green open spaces	
Purpose of activity / project within this Outcome:	
	Target 2026-27
Outputs	
Provide healthy, low costing food	October 26
Supported play	October 26
1 x holiday trip	October 26
Outcomes / Indicators:	
Children picking healthier options to eat	
Attendance	Approx. 34 people

