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Dundee Partnership
Community Regeneration Fund

Grant Application
2023/24

| Applicant Information | |
|--------------------------------|------------------------|
| Name of Applicant Group | ScrapAntics |
| Activity Title | Lochee Family Fun Days |
| Grant Requested (£) | £5,000.00 |

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

| TICK THE WARD WHERE YOUR PROJECT WILL OPERATE | |
|---|----------|
| Coldside | |
| East End | |
| Lochee | X |
| Maryfield | |
| North East | |
| Strathmartine | |

| PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR | |
|--|----------|
| Small Grant | X |
| Physical & Environmental Improvement | |
| Youth Inclusion | |

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form

Fully completed the information on the front of the form

Provided a response to all sections of the application form
(including indicating a section as 'N/A' where relevant)

Checked that your budget adds up properly?

Checked that your start date is after the date at which funds could be available,
(see page 6) and that your end date is within the financial year?

Included appropriate, measurable outputs & outcomes?

Provided your groups accounts, or other appropriate financial information?

Sourced and attached all relevant quotes?

(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)

Checked that the bank details or financial code are correct / complete?

Signed the form and given accurate contact details?

| Who is the grant for? (Name of Applicant Group / Department) | ScrapAntics | | |
|--|----------------|------|---------------------|
| Did you receive a Dundee Partnership grant during 2022-23? (If yes, list all grants below) | | | NO |
| Title of project funded | Amount granted | When | Was it fully spent? |
| | | | |
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Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

ScrapAntics propose to facilitate local art and play sessions, creating a safe and welcoming environment for all. These sessions will prioritise people living in the Lochee area.

We will use our knowledge around play and the arts, and experience of running large scale family activity days, to organise 5 family fun days in the summer holidays 2023 and a further day during the October holidays 2023.

Each session will offer a play session and an art activity alongside snacks and socialising. These interactive days will support family relationships, social interactions with the wider community and through art and play raise the overall physical, emotional and mental wellbeing of those involved.

The sessions will also provide opportunities for community workers to engage with families and distribute free food and support if needed whilst offering opportunities for social interaction with others in their localities.

The days will be free to attend and include juice, hot chocolate and snack bars as this helps teenagers engage - breaking down the barriers to play - and supports families to use the service, maintaining dignity around cost of living crisis

Play

We will use Loose Parts Play, which encourages creativity and imagination using completely recycled resources. ScrapAntics are well experienced in facilitating these play sessions both in schools and the community, and so can ensure the benefits are felt by the participants.

We know through our play sessions that they help young people regulate behaviour and support emotional balance, team building, friendships and individual confidence.

Experienced play workers will be used, who are skilled in encouraging communication, engagement and fun! Loose Parts Play is flexible and interactive, beneficial in supporting many people to engage or only a few.

Arts

Each session will include a drop-in art activity, which can accommodate up to 50 people throughout per session. The activities will be built around the interests of the local community and will enable everyone involved to make something which they can take away.

The art workshops will use recycled materials and encourage conversation around sustainability and our role in looking after our environment.

Costs Breakdown

Funding will support two Play Workers and an artist to deliver activities at each session. We have a team of artists and Play Workers however these are not covered within our core costs. In order to deliver these sessions external project funding is required.

Costings include petrol for our van to transport recycled play materials such as pallets, tubes, ropes and tyres, additional worker time to create posters and

advertise sessions using social media, some time to develop a short report detailing how outcomes and outputs have been achieved and refreshments.

Funds have also been requested for arts materials. We have included within the £250 cost for each play and arts session planning, delivery and clearing up time for workers, time for transporting materials and insurance.

ScrapAntics will provide food for sessions in kind through our partnership with Fareshare and contribute a proportion of our budget for warm clothing distribution

Which City Plan / Local Community Plan Outcome(s) will it address?

Local Community Plan - Lochee

Encourage families, children and young people to be more active

City Plan- Dundee

Improve physical, mental and emotional health for children and young people
Improve health and wellbeing outcomes for children and young people who experience inequalities

How many people will benefit from this project?

50 people per event (300 max)

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

We will select locations in SIMD1 areas, with advice from the local CRF Worker, and the sessions will be open to all families.

We have previously had over 50 people, 20 families attending a family day event. Children tend to be primary school aged from lower primary classes. The sessions have a good mix of boys and girls.

Please say why the project is needed (please limit your answer to 500 words or less)

Previous family days run in the area have been popular and feedback has been very positive.

These sessions will be on the door steps of families who need support and may lack access to transport - providing local access to arts and play on specific community green spaces.

Importance of play

The benefits of public play sessions include exercise, connection with nature, opportunities to socialise and respite from stresses of everyday life which all go to support physical and mental well-being.

Our sessions support families of all ages and backgrounds including single parent families, those with carers or others who have children who are not accompanied by parents when accessing the park.

Scot Gov have recognised that there has been a deficit of play due to covid restrictions. There is evidence to suggest that the pandemic has disproportionately affected those who were already impacted by low income and unemployment.

Impact

Mental health issues and isolation are increasing, however families regularly use ScrapAntics community play sessions as a safe, fun and free opportunity to socialise and connect. Families have fed back to us that they have created connections with neighbours through our sessions that they otherwise would not have met.

These types of free, informal sessions are really needed because the rise in the cost of living means less money is available to families to provide access to arts and play clubs for their children. Lack of resources and ideas for creativity at home is also an issue. Our sessions provide inspiration and ideas around using everyday household excess or waste, so young people can be encouraged to imagine and design their own activities and games for no money at all.

In a recent survey following ScrapAntics play sessions we found that:

- 88% of parents felt the session encouraged their child(ren) to play outside more
- 90% of parents said the play sessions encouraged them to explore their community more
- 77% said they would be looking for more outdoor sessions as a result of this experience

Feedback:

"I love the outdoors, but sometimes feel like I don't have the creativity to share this with my child!

This session was brilliant." - Parent

"We came to the park to play football but this is much better!" - Child

"My kids are desperate to come to these sessions, they love the building and it's great to see them using their arms and legs and not just sitting indoors!" - Parent

"This feels like our park now!" - Child

"I like Loose Parts Play, it's good being outside and having something to do." - Child

"One family spoke to me and said they can't afford all the kids clubs and classes, they were really grateful for these sessions." - Play Worker

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

At each locally organised session run over the past two years families have asked for more physical play opportunities to socialise closer to home.

More art activities was also popular on the evaluations at each of the sessions.

We have spoken with the local CRF Worker about the needs of the community, and they have asked that we undertake this application and work alongside staff from the team to make the sessions as inclusive as possible.

In delivering the sessions we will engage local workers and community representatives to assist with promotion and delivery, including the Play Leadership Group.

There is a recognition that the planned absence this year of Summer of Play funding will impact upon the most disadvantaged children and families from Lochee. This funding will ensure access for those most in need to quality play opportunities for improved mental and physical wellbeing.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Again, the evaluations undertaken at each of our sessions over the last two years have proven the families attending want more of these sessions

ScrapAntics have delivered a number of outdoor activity sessions for families based at Fruit Bowls Community Garden. The garden has also hosted Activity Days involving play which have been very well received by local families. 100 people attended our most recent event.

The need for play provision has been identified as a priority within the Local Community Plan, following consultation.

The Lochee area has developed a Play Leadership Group to increase access to play for families within the area.

How will the project / activity tackle deprivation or benefit those experiencing deprivation?

(Refer to Section 1 of the Guidance Notes)

Due to the rising living costs, paying for organised children's groups are low on family's priorities. Yet with the long summer days and school holidays access to recreational activities is important to break up the week and promote social opportunities for those socially isolated.

ScrapAntics are aware that with higher competition around funding there are fewer social opportunities through charitable groups for families to enjoy. We would like to use the funding to provide free food, art and play session for all ages of family members. ScrapAntics are experienced in supporting diverse cultural and community needs, ensuring accessibility and dignity around inclusion.

ScrapAntics run sessions in schools to support areas of the curriculum and primary to secondary transition and this experience will be incorporated into the play process. Play is renowned to support communication skills, attention spans, team building, emotional regulation and promotes the learning of transferable skills from the park to the classroom.

Access to nutritious snacks and drinks within the sessions will support stretched home incomes and our connections with FareShare means there is the potential to offer free food that can be used at home.

We have received match funding and a proportion of this can be used to distribute outdoor clothing essentials such as waterproofs and jackets to a number of families in need during the play sessions.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

N/A

How will the planned project be maintained? (please state who will be responsible for this)

N/A

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

N/A

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

N/A

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| <p>What other sources of funding have you secured / tried to secure for this project?</p> <ul style="list-style-type: none"> If none, please state why this is the case <p>(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)</p> | |
| Source of Funding (detail if this funding is for more than 1 year, if applicable) | £ |
| Winter Clothes and Blankets Fund (DVVA). Providing clothing essentials for disadvantaged families, received April 2023. | £2400 |
| Food Provision with Fare Share | In kind support |
| Other partners will be involved in this project with no other costs attached with them, supporting promotion and delivery | In kind support |

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| <p>What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).</p> | | |
| Cost Heading | Full Costs (£) | DP Aid (£) |
| Play session delivery, transport, insurance and resources £250 x 6 | £1500 | £1500 |
| Art workshop delivery, transport, insurance and resources £250 x 6 | £1500 | £1500 |
| Van use £50 x 6 | £300 | £300 |
| Admin and advertising £90 x 6 | £540 | £540 |
| Refreshments £80 x 6 | £480 | £480 |
| Recycled arts materials £30 x 6 | £180 | £180 |
| Clothing essentials for families | £2400 | £0 |
| Management/reporting for whole project | £500 | £500 |
| Totals | £7400 | £5000 |

- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
 - **If reserves held are less than three months operating expenses please confirm this below**
- Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

Yes - reserves are less than 3 months operating expenses. These are to cover essential running costs in an emergency situation

What other documents are you attaching to evidence the budget costs for this application?
(e.g. quotes, estimates, projected income and expenditure)

N/A. We will be using our own Play Workers and artists, not asking for external quotes. Their costs are based on our standard rates for delivery across the city. Invoices for worker time will be obtained with examples available on request. Receipts for transport, refreshments and materials will be provided. We have based these costs upon previous experience

How do you intend to monitor the project Outputs and Outcomes?

ScrapAntics will work in partnership with local workers to promote the sessions. ScrapAntics staff will keep a photographic and attendance record for each session.

Participants will have an opportunity to give feedback on the sessions through an evaluation form and by speaking with Play Workers, Artists or staff from partner agencies.

After every play session a recording form is completed by Play Workers

The creative activities will offer additional evidence of engagement.

A short report on the sessions can be collated as needed

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| <p>What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)</p> | <p>July 2023</p> |
| <p>What is the planned end date of the event/activity?</p> | <p>November 2023</p> |

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

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|--|---------------------------------|
| City Plan Outcome: Improve health and wellbeing outcomes for children and young people who experience inequalities | |
| Purpose of activity / project within this Outcome: To engage local families from a recognized SIMD1 area in quality play opportunities | |
| | Target 2023-24 |
| Outputs | |
| 6 x 2 hour sessions with up to 20 families participating in non structured and structured activities. | 20 families |
| 50 people provided with a nutritious lunch, clothing essentials as needed and given information on key services in the locality. | 50 people |
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| Outcomes / Indicators: | |
| Numbers of families reporting enhancement of overall physical and social and mental wellbeing for both children and their parents. | 15 families minimum per session |
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|---|-----------------------|
| Local Community Plan Outcome: Encourage families, children and young people to be more active | |
| Purpose of activity / project within this Outcome: Increased engagement in physical activity through play, which also benefits mental wellbeing | |
| | Target 2023-24 |
| Outputs | |
| 6 x 2 hour sessions with up to 20 families participating in non structured and structured activities. | 20 families |
| 50 people provided with a nutritious lunch, clothing essentials and given information on key services in the locality. | 50 people |

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|--|---------------------------------|
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| Outcomes / Indicators: | |
| Numbers of families reporting enhancement of overall physical and social and mental wellbeing for both children and their parents. | 15 families minimum per session |
| | |