



For official use

Ref: L2408

<u>Dundee Partnership</u>

Community Regeneration Fund

Grant Application

2024/25

	Applicant Information
Name of Applicant Group	Bethany Christian Trust
Activity Title	Connect Cafe / Bridge to Freedom
Grant Requested (£)	£1720

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing

them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for <u>each</u> Forum, but it is essential that each application can stand on its own if agreed and that the application is <u>not</u> for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE	PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR	
Coldside	Small Grant 🗸 🛛	
East End	Physical & Environmental Improvement	
Lochee	Youth Inclusion	
Maryfield		
North East	Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All	
Strathmartine	communication for this application should be made to dundee.partnership@dundeecity.gov.uk	

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

Read the guidance sections of the form	✓
Fully completed the information on the front of the form	✓
Provided a response to all sections of the application form	✓
(including indicating a section as 'N/A' where relevant)	
Checked that your budget adds up properly?	✓
Checked that your start date is after the date at which funds could be available,	✓
(see page 6) and that your end date is within the financial year?	
Included appropriate, measurable outputs & outcomes?	✓
Provided your groups accounts, or other appropriate financial information?	✓
Sourced and attached all relevant quotes?	
(multiple quotes are required where >£5,000 is being applied for to	\checkmark

ensure value for money is being considered)

Checked that the bank details or financial code are correct / \checkmark complete?

Signed the form, given accurate contact details and ticked the GDPR \checkmark box?

Who is the grant for? (Name of Applicant Group / Department) Did you receive a Dundee	Partnersl	nip grant during 20	23-24?	
(If yes, list all grants belo	w)			YES / NO
Title of project func	led	Amount granted	When	Was it fully spent?
Connect Café/ / Bridge to Recovery	Freedom	£2080	04/20/23	YES

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

The Connect Café is a partnership with Menzieshill Parish Church, Food Bank, Crossreach and Bethany Christian trust, its run by volunteers from the community for the benefit of the community. We specifically set the café up to provide volunteer and support for those in recovery, using the term recovery to apply to all who are going through or been through something that they are recovery from, poor mental health, addiction, unemployment etc.

Our aim is to provide a café that offers free healthy food and a friendly social space that all Menzieshill residents can access.

We run this while the foodbank is open in the same venue, this allows us to make new connections as residents come to the foodbank and we can offer some food and any referrals and signposting to other services that would be appropriate.

The Connect Café Staffing

We currently provide a community development worker who coordinates the café. Amongst other things, they are responsible for ordering stock, day to day health & safety and food & hygiene and coordination of the volunteers. The café relies on having six volunteer staff each week.

We would like to apply for this grant to allow us to continue to feed and support more people in the Lochee ward. To help us do this we are asking for:

Monthly running costs to cover purchase of items such as:

Margarine, Cheese, Onion, Oil, Milk, Bread for toastier, Sugar, Coffee, Tea, Juice, napkins cleaning spray and other items when not donated.

Which City Plan / Local Community Plan Outcome(s) will it address? Key Community Plan outcomes would be: Reduce substance misuse, Improve mental health and wellbeing, Building Stronger Communities, Close the jobs gap Additional potential outcomes would be: Reduce levels of crime, Reduce levels of re-offending, Reduce levels of antisocial behaviour

How many people will benefit from this project?	
Will any specific groups benefit from this project? (male, female, ag protected characteristic)	e range or
This group is open and welcoming to all people.	

Please say why the project is needed (please limit your answer to 500 words or less)

There is a growing need to offer support in the Lochee ward to those who are struggling with poverty, addiction, poor mental health, and isolation. The café is doing this and continues to offer a positive volunteering opportunity as well as creating a healthy social space. The current cost of living crisis has had an additional impact on communities across Dundee including those in the Lochee ward.

Last year we supported 174 individual people and we anticipate this number rising in the year ahead.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

There has been no formal community wide consultation on this specific application, however as an ongoing project we continue to see people using the café every week

and our annual survey taken over two weeks is evidence that we are making a positive impact in people's life's.

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

Of 19 people who participated in a survey at the cafe:

11 said that their physical health has improved since coming to the Cafe

17 said that their mental health has improved since coming to the Cafe

18 said that they have more positive relationships in their life since coming to the Cafe

14 said they make better use of their time since coming to the Cafe

19 said they feel that the Connect Cafe is a safe place and free of illicit substances

19 said they feel part of a community at the Cafe

Of the 19 surveyed they identified the following as support they had personally accessed at the cafe:

Housing	6
Benefits	12
Health Issues	4
Substance Use	2
Voluntary Work	6
Debt support	3
Spiritual Support	4
Keep Well Nurse	3
VoiceAbility Worker	5
Other	1

When asked what they liked about the cafe we received the following answers:

"The food. The company and its nice and warm. Friendly staff."

"Nice people. Good conversation"

"Everything. Get to speak to people. Get involved and keep busy."

"What's not to like!"

"Can come here and solve my problems"

"Talking to people and getting fed"

"Everyone is treated the same' and everyone is treated with respect"

"Friendly warm welcoming environment. Building relationships with the community. Great food, Great people."

"Helping people from the community and various advisors are available to help with health, applying for benefits and support for dealing with addictions"

How will the project / activity tackle deprivation or benefit those experiencing deprivation? (Refer to Section 1 of the Guidance Notes)

By providing a free Meal

Providing referrals to Dundee foodbank

Debt advice referrals and signposting

Support with Crisis grant applications

Providing Free sanitary products through Partnering with the governments Period poverty scheme

Providing volunteer opportunities helping people back into work.

Providing drug recovery support through partnerships and our Bridge to Freedom recovery program and our recovery activities project.

Providing space for the community nurse to support people weekly.

Providing space for the VoiceAbility worker to provide Advocacy with ADP applications.

Provide IT access.

Promoting other local services.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

How will the planned project be maintained? (please state who will be responsible for this)

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

What other sources of funding have you secured / tried to secure for this		
project?		
• If none, please state why this is the case (Detail below, including applications that are pending or that have down. We may ask for further evidence of an application for other		
Source of Funding (detail if this funding is for more than 1 year, if applicable)	£	
Bethany Christian Trust has secured funding for the community		
development workers salary through ALEC trust and Tay		
Charitable Trust. This is salary funding which includes hours		
running the cafe. This funding does not cover cost of food for the		
cafe.		

What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

	Full Costs	DP Aid
Cost Heading	(£)	(£)
Monthly running costs to cover £40 per week for food	£1720	£1720
and cleaning products. from June to March 43 weeks.		

- All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED
- If reserves held are less than three months operating expenses please confirm this below

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

BCT holds reserve funds to cover staff salaries.

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income, and expenditure)

How do you intend to monitor the project Outputs and Outcomes?

We keep track of numbers who use the service and numbers of referrals (but do not gather individual's personal information)

We also have a Feedback form which can give individuals the opportunity to share how they are benefiting from the café and complete a questionnaire every March.

What is the planned start date of the event/activity?

Immediate/Ongoing

Please note turn around on applications is 6 - 10 weeks and	However, this
funding cannot be retrospective (see section 2 of the	funding shall cover
guidance notes)	June to March
What is the planned end date of the event/activity?	March / Ongoing

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one <u>City Plan</u> / <u>Local Community Plan</u> Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

Purpose of activity / project within this Outcome:	
Fulpose of activity / project within this Outcome.	
	1
	Target 2024-25
Outputs	
Provide positive volunteering opportunities to those in recovery.	Ongoing
Provide Food support to Local residence	Ongoing
Support individuals through recovery	Ongoing
Outcomes / Indicators:	
Increase in numbers of Individuals receiving support	
Increase in referrals and signposting.	
An increase in successful recovery from addiction, self worth and improved	
mental health, and wellbeing.	

City Plan / Local Community Plan Outcome: Purpose of activity / project within this Outcome:	
Outputs	
Outcomes / Indicators:	