

# Dundee Partnership Community Regeneration Fund

## Grant Application 2024/25

<b>Applicant Information</b>	
<b>Name of Applicant Group</b>	West End Community Sports Hub
<b>Activity Title</b>	Multi-Sport Activity for Young People in Lochee
<b>Grant Requested (£)</b>	£1320.00

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE
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PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR
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Coldside	Small Grant
East End	Physical & Environmental Improvement
Lochee	Youth Inclusion
Maryfield	
North East	
Strathmartine	Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to <a href="mailto:dundee.partnership@dundeecity.gov.uk">dundee.partnership@dundeecity.gov.uk</a>

## Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

### Have you:

- |   |                          |
|---|--------------------------|
| Read the guidance sections of the form  | <input type="checkbox"/> |
| Fully completed the information on the front of the form  | <input type="checkbox"/> |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)                                | <input type="checkbox"/> |
| Checked that your budget adds up properly?  | <input type="checkbox"/> |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year? | <input type="checkbox"/> |
| Included appropriate, measurable outputs & outcomes?  | <input type="checkbox"/> |
| Provided your groups accounts, or other appropriate financial information?  | <input type="checkbox"/> |

Sourced and attached all relevant quotes?

x

(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)

Checked that the bank details or financial code are correct / complete?

x

Signed the form, given accurate contact details and ticked the GDPR box?

x

<b>Who is the grant for?</b> (Name of Applicant Group / Department)	West End Community Sports Hub		
<b>Did you receive a Dundee Partnership grant during 2023-24?</b> (If yes, list all grants below)			<b>YES / NO</b>
<b>Title of project funded</b>	<b>Amount granted</b>	<b>When</b>	<b>Was it fully spent?</b>
Multi-Sport Activity for Young People	£1920.00	June 2023	No

\*As outlined in our 23-24 end of year funding report, unfortunately the availability of some of our coaches changed after summer 2023 which resulted in us being unable to deliver the full allocation of sports sessions as intended prior to the end of March 2024. We have thoroughly consulted the clubs involved regarding future availability of coaches for 24-25 and have adjusted our application accordingly to support local children and young people in Lochee.

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

Consultation has been carried out with 6 primary schools in the Lochee Ward (Ancrum Road, Camperdown, St Clements, St Ninians, St Mary's and Tayview) which demonstrates that children who attend these schools have limited opportunities to take part in sport and physical activity. A survey carried out by Active Schools showed that only 17.6% pupils meet the daily physical activity guidelines (20.8% boys and 14.0% girls). This is stark evidence that there is a need for more affordable and local opportunities for children and young people to participate in sport.

The West End Community Sports Hub (WECSH) consisting of Harris Hockey Club, Riverside West End Football Club and West End Tennis Club will use this grant to deliver free extra-curricular (after school) sport in the identified primary schools to increase access to sport and physical activity for primary school children in the Lochee Ward. There will be two main target groups – P1-P3 and P4-P7 who will be targeted over the different blocks of delivery. This will ensure that local children can access community sport in a venue they are comfortable at and free of charge, breaking down two of the main barriers to accessing sport out with school time.

The aim of the WECSH is to provide opportunities for as many people to participate in sport and physical activity in the local area. We aim to provide opportunities for all children however in particular those who are currently inactive and currently feel excluded from the opportunity to participate.

This grant will be used to provide free after school sport and physical activity sessions to primary school children in the Lochee ward. Participation in sport can be costly and with the Lochee Ward including children living in areas of SIMD 1 & 2, we view this grant as crucial to supporting equal opportunities. This grant will be used to cover coaching costs to deliver the activities at no cost, after school in the school facility which children are familiar with and comfortable in which we know is crucial to them engaging in the activity.

We are passionate about supporting the community to enable more children to be active, more often and improve their physical and mental wellbeing. Another crucial part of this proposal is sport having a huge wider impact in terms of learning life skills and building friendships with others. These outcomes are all met by giving children and young people an opportunity to try sports that without this programme they would not get the opportunity to try.

### **Which City Plan / Local Community Plan Outcome(s) will it address?**

The City Plan for Dundee outlines the importance of partnership working to improve the quality of life for people in Dundee. This application is a prime example of partnership working with the WECSH working in partnership with local schools to improve the lives of children and young people through community outreach work by providing of a variety of sports after school.

One of the key priorities is to reduce deprivation and inequalities across Dundee, reducing child poverty and inequalities in income, education and health. Through our proposed provision we will provide activity to help address inequalities in health, ensuring that children in the ward have access to regular sporting opportunities for the benefit of their physical and mental health. There are strong links between

poverty, mental health and obesity therefore early intervention through sport and physical activity is crucial.

I have outlined below how this application contributes to some of the outcomes outlined in the City Plan:

Mental health of our citizens will improve through accessible community supports: As community sport organisations through this initiative the WECSH will deliver a variety of sports with one of the aims, improving mental health of children through participation in physical activity.

Adults & children living in Dundee will be more physically active and those living in our most deprived communities will enjoy greater access to green space: As outlined in this application, children in the identified schools are receiving fewer sport and physical activity opportunities and this initiative will increase opportunities available to them to participate and become more physically active.

Lochee Community Plan:

Targeted activities to reduce isolation and build community resilience: Children have suffered due to the prolonged periods of lockdowns in recent years, and we are still feeling the effects of this. Children and young people missed out on engaging with other people for a prolonged period. This provision brings children together to build friendships with one another and reduce isolation. It brings children from different backgrounds and cultures together developing peer to peer relationships and learning from each other.

Families expressed that they sometimes struggle to cope due to lack of money – Embed what matters to you approach to transforming services for children and families in Lochee: This grant removes financial barriers for families as football, tennis and hockey would be provided free of charge to children after school.

This programme supports the following community priorities in the Lochee Community Plan: Cost of living, Health & Wellbeing and Children & Families.

<b>How many people will benefit from this project?</b>	150
Will any specific groups benefit from this project? (male, female, age range or protected characteristic)  Yes, children aged between 5 and 12 years old (P1-P7).	

**Please say why the project is needed (please limit your answer to 500 words or less)**

Through consultation with the aforementioned schools and Active School Coordinators it has been outlined that children in these schools lack opportunities to participate in sport and physical activity. There is a lack of sports clubs in the area and limited coaching capacity meaning there is not a range of opportunities for young people to participate locally which has a detrimental impact on physical and mental wellbeing. Through this project the WECSH will provide free after school sporting opportunities to ensure children in Lochee have access to sport and physical activity which will improve their confidence, sense of belonging, skill development and give them the opportunity to have fun and be active together. From this project we will see an improvement in both the physical and mental health of young people in the area.

The WECSH uses sport as a vehicle to improve the lives of people for the better. In addition to making people more active sport can also support with combatting isolation, improving challenging behaviour, skill development and anti-social behaviour. The learning through sport will help shape traits that these young people will develop and take forward into adulthood.

The project is also needed in relation to the current cost of living crisis. With 20.3% of the population of Lochee classed as income deprived (Scottish Government SIMD Data 2020) this grant to provide sport and physical activity opportunities for the benefit of children and young people's physical & mental health, is absolutely crucial with families facing cost of living challenges resulting in families not having the finance to support their child/children to be active. Consultation through conversations with parents has shown that increased cost of food and energy means for a high percentage of families in the Lochee ward, money is not available to support their child to attend sport and physical activity opportunities. As a local sports organisation we want to bring activity to children and young people who are currently facing barriers to participation and promote inclusion through sport.

A parent of a child who attended one of the tennis sessions at Tayview Primary School provided the following quote in showing the impact of the provision to date and to support of the continued need for the project:

"She has thoroughly enjoyed tennis club, the fact that it takes place immediately after school within the school itself has been great".

The following comment received from another parent of a child who attended the sessions also supports this – "The barrier to attending clubs is logistics. As a non-driver it is sometimes difficult to get to venues".

**What local consultation has taken place regarding this application?**

(Please attach evidence summarising the results of any consultation)

Discussions have taken place with school staff and Active Schools Coordinators with school staff outlining the need for more continued sport and physical activity opportunities for their young people.

Discussions have then taken place between the WECSH and the Active Schools Coordinators to discuss WECSH provision to support meeting this community need.

Discussions have also taken place regarding lack of opportunities within the cluster PEPAS group (PE, Physical Activity and Sport). This group consists of representation from all the schools in the cluster.

Feedback has been received from local parents, as outlined above regarding the impact of the sessions and the continued need.

**What evidence do you hold that the local community supports this application?**

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

We sent out a survey to the parents of all participants who have taken part in the provision during 23-24. The question "On a scale of 1-5 how much did your child enjoy this provision?", all responses bar one, ticked 5.

The following quote received from a parent through the survey demonstrates the positive impact of the sessions on her child's mental health and therefore supports this application: "My child at times can be shy and reluctant to engage in activities. This gave him the opportunity to engage with peers from his class as well as other primary 2 classes within the school. He got a lot of enjoyment out of this and looked forward to each Wednesday it was on".

Another parent demonstrates the social impact of her children participating in the sports sessions: "These projects are great for the children to mix and make new friends, learn new skills, build confidence in their own abilities and increase their physical activity in a fun way".

In addition, we have also carried out consultation with the pupils themselves to ensure that the activities are those that young people want to participate in. The results demonstrate that there is a desire from the young people themselves to participate in the sports provided by the WECSH.

**How will the project / activity tackle deprivation or benefit those experiencing deprivation?**

(Refer to Section 1 of the Guidance Notes)

Due to the identified schools being in an area of deprivation there are fewer opportunities for them to access. This project will bring activity to the doorstep of local young people and break down barriers they face to participation including transport and cost. We believe that everyone should have equal opportunity to participate in sport and physical activity and by providing this activity in their community and at a venue where young people are comfortable, we will help to tackle inequalities. This programme will help promote an active lifestyle and lifelong participation in sport and physical activity.

**For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:**

**Have all relevant permissions been agreed?** (please state what these are)

n/a

**How will the planned project be maintained?** (please state who will be responsible for this)

n/a

**What is the expected 'life' of the improvement?** (e.g. before it will require replacement)

n/a

**Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award?** (If there would be additional costs for this, please indicate this in the budget section)

n/a

**What other sources of funding have you secured / tried to secure for this project?**

- If none, please state why this is the case**  
(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
None, as this activity directly has a positive impact on children in Lochee we have identified Dundee Partnership as the most appropriate funding source to support addressing this local community need.	n/a

**What are the costs of your activity and how much money is required?** Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Tennis: £20 per hour x 1 hour x 6 weeks (x6 – will deliver 6, 6 week blocks throughout the year).	£720.00	£720.00
Hockey: £20 per hour x 1 hour x 6 week block (x3 – will deliver 3, 6 week blocks throughout the year)	£360.00	£360.00
Football: £20 per hour x 1 hour x 4 week block (x3 – will deliver 3, 4 week blocks throughout the year)	£240.00	£240.00
<b>Totals</b>	<b>£1320.00</b>	<b>£1320.00</b>

- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**

- **If reserves held are less than three months operating expenses please confirm this below**

Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

**What other documents are you attaching to evidence the budget costs for this application?** (e.g. quotes, estimates, projected income and expenditure)

Quotes are the same for all sports coaches - £20 per hour.

**How do you intend to monitor the project Outputs and Outcomes?**

The WECSH committee will monitor the outputs and outcomes at our bi-monthly committee meetings. In addition, we will work in partnership with the schools, Active Schools and the Leisure and Culture Dundee Community Sport Hub Officer to evaluate the project through distributing surveys to parents and obtaining feedback from teachers.

Consultation will take place with participants and parents at the end of the block of activity. Through our existing strong relationships with school staff, we will work closely together to measure the impact of the delivery.

<b>What is the planned start date of the event/activity?</b> Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective ( <i>see section 2 of the guidance notes</i> )	August 2024
<b>What is the planned end date of the event/activity?</b>	March 2025

### Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan / Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

<b>City Plan / Local Community Plan Outcome:</b> Improve mental health and wellbeing	
<b>Purpose of activity / project within this Outcome:</b> The WECSH will provide sporting opportunities for young people in an area of deprivation. Making these accessible locally is crucial to improving physical and mental health, in particular for those who experience inequalities.	
	<b>Target 2024-25</b>
Outputs	
Primary school aged children in the ward will benefit from free and local sport and physical activity opportunities	150 primary school aged children.
Outcomes / Indicators:	
We will consult with 30 participants and 30 parents to find out their views on increased access to sport and physical activity opportunities	30 participants 30 parents

<b>City Plan / Local Community Plan Outcome:</b>	
<b>Purpose of activity / project within this Outcome:</b>	
	<b>Target 2024-25</b>
Outputs	
Outcomes / Indicators:	