

For official use only:

Ref:NE2413

Dundee Partnership **Community Regeneration Fund**

Grant Application **2024/25**

Applicant Information	
Name of Applicant Group	One Parent Families Scotland
Activity Title	Holiday provision program
Grant Requested (£)	3858

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR
PROJECT WILL OPERATE

PLEASE INDICATE WHICH TYPE OF GRANT YOU
ARE APPLYING FOR

Coldside	Small Grant
East End	Physical & Environmental Improvement
Lochee	Youth Inclusion
Maryfield	
North East	
Strathmartine	

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to dundee.partnership@dundeecity.gov.uk

Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

Have you:

- | | |
|---|--------------------------|
| Read the guidance sections of the form | <input type="checkbox"/> |
| Fully completed the information on the front of the form | <input type="checkbox"/> |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant) | <input type="checkbox"/> |
| Checked that your budget adds up properly? | <input type="checkbox"/> |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year? | <input type="checkbox"/> |
| Included appropriate, measurable outputs & outcomes? | <input type="checkbox"/> |
| Provided your groups accounts, or other appropriate financial information? | <input type="checkbox"/> |

Sourced and attached all relevant quotes?

(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)

Checked that the bank details or financial code are correct / complete?

Signed the form, given accurate contact details and ticked the GDPR box?

Who is the grant for? (Name of Applicant Group / Department)	One Parent Families Scotland		
Did you receive a Dundee Partnership grant during 2023-24? (If yes, list all grants below)			YES
Title of project funded	Amount granted	When	Was it fully spent?
Kitchen Project	6199	March 2023	Yes

Please give a description of what you want this grant for - (please limit your answer to 500 words or less)

OPFS Dundee Supporting Families & Employment Support Services have proactively delivered a variety of support services tailored to meet the evolving and diverse needs of single parents and their children throughout Dundee.

As part of our ongoing work with single parents, it has been highlighted there is a lack of low cost or free family activities available to the families we support particularly during holidays. Single parents tell us that they often cannot access day trips and

outings over the holiday period, which are usually out of reach due to issues such as costs, low income and family dynamics. We want to address inequality in family socialisation opportunities that currently exists for single parents. Current costs of regular family activities and the income deprivation experienced by such families in the North- East (SIMD 2020) mean children miss out on the benefits of experiencing regular planned family activities.

It is our hope to gain funding which will allow us to provide free activity sessions throughout the school holidays for families to have opportunities to socialise, reduce isolation and have enjoy family time together. We plan to host 4 summer sessions from our building in heart of Fintry and hold a single parent picnic at Camperdown park. A further 4 holiday sessions would be held during the October break and a final 4 sessions during Easter.

Each session will target 10 families and the picnic 25 families, it is anticipated this support will benefit around 250 children by the end of the programme. The sessions will run over a 3-hour period allowing time for families to enjoy an activity centred around family wellbeing, emotional regulation, strengthening family bond and to experience something that they may not have otherwise been able to afford. In addition, they will have opportunity to have lunch together, provided by Dundee Bairns reducing isolation and promoting positive connections.

To further support our parents to take part we are looking to provide up to 60 bus tickets to alleviate the financial burden of travel to these events, other summer activities and be as inclusive as possible to those experiencing extreme poverty.

In addition to our activity sessions, we will be delivering weekly Fun & Food sessions to the NE local community during the summer, with support from Dundee Bairns via the provision of lunches. This is something we have done for many years and to support this further we would like to purchase a gazebo as we are borrowing one from another project and during summer this is not always available. This would enable us to be highly visible to the local community, provide this support in all weather conditions and build on the delivery throughout the year. We anticipated 90 children and 60 adults will benefit from this support. The gazebo would also enable us to create a quiet outdoor space for those children who may have additional needs and need time and space away from various activities and noise.

Which City Plan / Local Community Plan Outcome(s) will it address?

1. **We need to respond to the cost of living crisis** Request for access to local support from services. North East Community Collectives 2021-22 (North East has a higher percentage of Children living in poverty (36%) compared to Dundee average (31%). – SIMD 2020.
2. **We need to tackle social isolation and improve mental wellbeing** People in the North East have expressed a need for more opportunities to connect locally, Engage Dundee 2021 and Community Collectives 2021/22.
3. **We need to improve life chances for children and families** Parents and carers have expressed a need for local family activities, Engage Dundee 2021 and Community Collectives 2021/22.

How many people will benefit from this project?

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)

Activities

80 Single parents (90% female 10% male)

250 Children (0 – 18 age range)

Food and fun

90 children and 60 adults

Please say why the project is needed (please limit your answer to 500 words or less)

We have also seen a rise in the number of larger families (3+ children) referred into the service for parenting support. Parents are struggling with children's additional needs, mental health, behaviour and school attendance. This is compounded by the continuing impact of cost of living including increased levels of debt.

The realities of the cost of living, families experiencing real hardship and poverty means these single parents are unable to afford activities during the summer which

potentially impacted on children development and wellbeing being. We are also hearing about single parents being notified about transitioning from legacy benefits to UC and up to 6 weeks delay in receiving

Research by OPFS in 2023 (Living without a Lifeline) illustrates the harsh economic realities confronted by many single parent households. This revealed that single parent families are grappling with a cost-of-living crisis, leading to severe financial hardships, child poverty, and compromised mental well-being for all within the family. The compounded challenges of parental mental health, isolation, and financial concerns contribute to a more complex home environment, impact children's resilience and well-being. The report sheds light on the intricate factors influencing the well-being of low-income families.

Our proposal of activities provides a safe and interactive opportunities for single parent families to come together. Our approach will centre around family wellbeing, emotional regulation, strengthening family bond and to experience something that they may not have otherwise been able to afford aims to reduce isolation and promoting positive connections.

What local consultation has taken place regarding this application?

(Please attach evidence summarising the results of any consultation)

We have a regular single parents peer group which runs weekly, around 12 parents regularly attend. They have told us that they feel that even a trip to the local park is unavailable due to the cost of a picnic and bus fares. A lot of what they plan is based on outdoors however as this is weather dependant is not always possible and indoor activities are too expensive.

Parents regularly tell us they do not feel confident about accessing groups and events particularly when they are a single parent due to feel judged and this is compounded if they have children with additional needs. Busy environments trigger challenging behaviours which parents tell us are difficult to deescalate due to the stress and anxiety they also feel in these situations deepening feelings of failure and confidence to do this again in the future.

“My children have additional needs that are very different, I find it hard to take them places because I feel judged on for their behaviour so most of the time we

are just in the flat, its small and we don't have a garden so I feel frustrated at them even though I know it's not their fault, it makes me feel like a failure as a mum."

What evidence do you hold that the local community supports this application?

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

See above

Last year we provided in partnership with Dundee Bairns, our food and fun sessions provided 241 children and 159 adults in the Fintry area received lunch and activity sessions. Demonstrating a need in the local area.

"It is good to see other families and getting to interact with different people. So many activities for the kids to do. Gets my child out of their comfort zone."

"It can be hard to find things to do during the holidays."

"Daughter said "it was fun and brought me out of my shell."

"The activities get the kids out of the house for a bit and it's something they enjoy."

"It is so difficult to find affordable activities so it is great to have this and I love how we also get information about other free stuff going on in the area."

"It is a safe and relaxed space so my son coped well with his additional needs."

"It is a safe and relaxed space so my son coped well with his additional needs."

How will the project / activity tackle deprivation or benefit those experiencing deprivation?

(Refer to Section 1 of the Guidance Notes)

The SIMD 2020 reported that Fintry (21.5%) where Families House is situated is the community area within North East LCPP/Ward that has the third greatest percentage of the population who are classed as income deprived. Mill O Mains (28.7%) is followed by Whitfield (24.3%) both within walking or public transport are first and second. Definition of income deprived- this is people who are claiming key benefits, children in low income households and families dependant on tax credits. (Source North- East SIMD 2020 page 14.)

These families currently experience a very small amount of disposable income and therefore family time and access to activities is usually unaffordable. These activities and programmes aimed to tackle the social isolation and mitigate some of the financial barriers single parent families experience.

In addition, many single parent families' will be transitioning this year from legacy benefits to UC and parents are likely to experience financial chaos as this transition occurs or when pay differs due to school holidays. We have reports of families waiting up to 6 weeks for benefits to be received, causing untold impact and creating debt many are worried about these changes and them having no income during the school holidays.

For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:

Have all relevant permissions been agreed? (please state what these are)

N/A

How will the planned project be maintained? (please state who will be responsible for this)

N/A

What is the expected 'life' of the improvement? (e.g. before it will require replacement)

N/A

Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award? (If there would be additional costs for this, please indicate this in the budget section)

N/A

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<p>What other sources of funding have you secured / tried to secure for this project?</p> <ul style="list-style-type: none"> If none, please state why this is the case <p>(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)</p>	
Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
Dundee Bairns to support with lunches	
We have also approached local business to support but as yet had limited success.	

<p>What are the costs of your activity and how much money is required? Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).</p>		
Cost Heading	Full Costs (£)	DP Aid (£)
Activities (around 200 per session x12) – e.g scrap antics, Devine Magic)	2400	2400
Gazebo (3X3)	594	594
Resources (25 per session x 24 (activities and food and fun)	600	600
Bus Tickets x 60 x £4.40	264	264
Totals	3858	3858

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- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**
Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

What other documents are you attaching to evidence the budget costs for this application? (e.g. quotes, estimates, projected income and expenditure)

Quotes from activity providers, prices of potential purchases

How do you intend to monitor the project Outputs and Outcomes?

Evaluation work will be ongoing through out the program and any changes made accordingly, through conversations and feedback forms. Parents will be asked for feedback on the day and at the end of the program as an overall.

We will then review and match the outcomes met for each of the attending parents.

<p>What is the planned start date of the event/activity? Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)</p>	<p>09.07.2024</p>
<p>What is the planned end date of the event/activity?</p>	<p>18.02.2025</p>

Outputs & Outcomes

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan / Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

City Plan / Local Community Plan Outcome:	
<ul style="list-style-type: none"> • Responding to the cost of living crisis • To improve life chances for children and families via the provision of activities 	
Purpose of activity / project within this Outcome:	
<p>Our proposal of activities provides a safe and interactive opportunities for single parent families to come together during school holidays. Our approach will centre around family wellbeing, emotional regulation, strengthening family bond and to experience something that they may not have otherwise due to financial barriers and aims to reduce isolation and promoting positive connections.</p>	
	Target 2024-25
Outputs	
<ul style="list-style-type: none"> • Provide holiday provision for 80 Families. 	Target = 80 Adults and 250 children
Outcomes / Indicators:	
<ul style="list-style-type: none"> • Families have access to no cost activities during school holidays • Children experience a range of activities including lunch which do not impact parent financially. • Parents have a safe space to build peer relationships and share difficulties 	80 families benefit from provision during holidays

City Plan / Local Community Plan Outcome:

- **Tackle social isolation and improve mental wellbeing**

Purpose of activity / project within this Outcome:

Our proposal of activities provides a safe and interactive opportunities for single parent families to come together. Our approach will centre around family wellbeing, emotional regulation, strengthening family bond and to experience something that they may not have otherwise due to financial barriers and aims to reduce isolation and promoting positive connections.

	Target 2024-25
Outputs	
<ul style="list-style-type: none">• Provide holiday provision for 80 Families.	Target = 80 Adults and 250 children
Outcomes / Indicators:	
<ul style="list-style-type: none">• Families report a reduction in isolation over the school holidays• Families develop skills in coping with family mental health and wellbeing	80 families benefit from provision during holidays