

**Dundee Partnership**  
**Community Regeneration Fund**  
**for Grant Application**  
**2024/25**

<b>Applicant Information</b>	
<b>Name of Applicant Group</b>	Douglas Pram Pushing Group
<b>Activity Title</b>	Parent & Child wellbeing
<b>Grant Requested (£)</b>	£350

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE
Coldside

PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR
<input checked="" type="checkbox"/> Small Grant

<p>✓ East End</p> <p>Lochee</p> <p>Maryfield</p> <p>North East</p> <p>Strathmartine</p>	<p>Physical &amp; Environmental Improvement</p> <p>Youth Inclusion</p>  <p>Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to <a href="mailto:dundee.partnership@dundeecity.gov.uk">dundee.partnership@dundeecity.gov.uk</a></p>
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## Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

### Have you:

- |   |                          |
|---|--------------------------|
| Read the guidance sections of the form  | <input type="checkbox"/> |
| Fully completed the information on the front of the form  | <input type="checkbox"/> |
| Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)                                | <input type="checkbox"/> |
| Checked that your budget adds up properly?  | <input type="checkbox"/> |
| Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year? | <input type="checkbox"/> |
| Included appropriate, measurable outputs & outcomes?  | <input type="checkbox"/> |
| Provided your groups accounts, or other appropriate financial information?  | <input type="checkbox"/> |
| Sourced and attached all relevant quotes?   | <input type="checkbox"/> |

(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)

Checked that the bank details or financial code are correct / complete?

 ✓

Signed the form, given accurate contact details and ticked the GDPR box?

 ✓

<b>Who is the grant for?</b> (Name of Applicant Group / Department)	Douglas Pram Pushing group		
<b>Did you receive a Dundee Partnership grant during 2023-24?</b> (If yes, list all grants below)			<b>NO</b>
<b>Title of project funded</b>	<b>Amount granted</b>	<b>When</b>	<b>Was it fully spent?</b>

**Please give a description of what you want this grant for - (please limit your answer to 500 words or less)**

The grant is to provide food and activities while bringing parents and children together for free family activities. The group will work in partnership with SAMH and take place at Dawson Park, Chrysalis project. To enhance physical, mental and social wellbeing. Keeping families together to look at healthy eating and physical activity messages. We will include the Health Inclusion Nursing team, whereby parents can be offered a health check and information about their and their children's wellbeing. Providing a safe space for parents to discuss health issues important to them. With the view to explore further issues with parents moving forward.

We will look to provide, loose park play, sensory activities, treasure hunt, creative flower walk, chalk for hopscotch, etc. The park is an ideal environment for building confidence of parents and children with free play activity. Helping to reduce anxieties of parents with clear boundaries and sharing their experiences. The parents and children will prepare food together, look at healthier snacks and make use of the open kitchen to develop tasty healthier meals and snacks.

The parents will develop supportive relationships with each other, whilst providing new opportunities to engage meaningfully with their children.

**Which City Plan / Local Community Plan Outcome(s) will it address?**

The Strategic priority is Health, Care & Wellbeing – Improve Mental Health & Wellbeing

**How many people will benefit from this project?**

Will any specific groups benefit from this project? (male, female, age range or protected characteristic)  
20 – 30. A mix of adults and children, male and female, mix of age ranges

**Please say why the project is needed (please limit your answer to 500 words or less)**

The project is needed to support the development of skills and confidence for parents to engage better with their children about health and wellbeing issues. Sharing parenting tips and advice and feeling included in their children's development. The recent pram pushing group developed from parents asking for a walk and talk experience to reduce social isolation of new parenthood.

Parenthood has been an isolating experience for some of the parents and they are looking to learn from each other, to make new social connections. This will be a welcoming group who inspire and support each other regardless of background. For example, some work and are on maternity leave, some are volunteers, and all can gain confidence and skills, learning from peer support opportunities.

The need for this group was raised by parents who wanted to come together with their children and explore free and inclusive activities in their local area. Some activities are inaccessible due to cost, Eg £7.50 per one hour workshop.

**What local consultation has taken place regarding this application?**

(Please attach evidence summarising the results of any consultation)

In conversation with people in attendance at the local Douglas Community Centre.

**What evidence do you hold that the local community supports this application?**

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

In conversation with parents attending the pram pushing and has been identified as a local need by the Douglas management group.

**How will the project / activity tackle deprivation or benefit those experiencing deprivation?**

(Refer to Section 1 of the Guidance Notes)

The project will benefit those experiencing deprivation by providing activities at no cost for themselves and their children, breaking down any barriers to participation relating to cost.

**For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:**

**Have all relevant permissions been agreed?** (please state what these are)

N/a

**How will the planned project be maintained?** (please state who will be responsible for this)

N/a

**What is the expected 'life' of the improvement?** (e.g. before it will require replacement)

N/a

**Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award?** (If there would be additional costs for this, please indicate this in the budget section)

**N/a**

**What other sources of funding have you secured / tried to secure for this project?**

- **If none, please state why this is the case**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)

Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
CHT would be picking up the costs of 3 trial weeks for activities and food provision Venue costs in kind by SAMH	£90

**What are the costs of your activity and how much money is required?** Please give specific details (expand list / use an additional sheet if required) and provide all quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).

Cost Heading	Full Costs (£)	DP Aid (£)
Food	180	90
Activity/ Resources	260	260
<b>Totals</b>	440	350

- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**  
Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

**What other documents are you attaching to evidence the budget costs for this application?** (e.g. quotes, estimates, projected income and expenditure)

<p><b>How do you intend to monitor the project Outputs and Outcomes?</b></p> <p>Numbers attending and feedback received through the use of questionnaires, photos and participant comments</p>
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<p><b>What is the planned start date of the event/activity?</b></p> <p>Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)</p>	26 <sup>th</sup> August 2024
<p><b>What is the planned end date of the event/activity?</b></p>	30 <sup>th</sup> September 2024

**Outputs & Outcomes**

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan / Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

<b>City Plan / Local Community Plan Outcome: Health, Care &amp; Wellbeing – Improve Mental Health &amp; Wellbeing</b>	
<b>Purpose of activity / project within this Outcome: Deliver 6 weeks of activity around health &amp; wellbeing</b>	
	<b>Target 2024-25</b>
Outputs	
Weekly sessions	6
People attending	20 - 30

Outcomes / Indicators:	
Feedback from questionnaires	20
Photos and participant comments	20