

# Dundee Partnership Community Regeneration Fund

## Grant Application 2024/25

<b>Applicant Information</b>	
<b>Name of Applicant Group</b>	The R and R Cafe
<b>Activity Title</b>	Recovery / Community Cafe
<b>Grant Requested (£)</b>	£3,870

- The Physical & Environmental Improvement Fund is to provide financial assistance for community initiatives aimed at improving the local area through Capital expenditure. Capital expenditure is something of a physical nature including the acquisition, improvement or structural enhancement of an asset valued at £6,000 or more.

- The Youth Inclusion Fund is to provide financial assistance for community initiatives aimed at working with Children and Young People. Applications should be for an activity (or activities) focused on including children & young people in activities, diverting young people from an existing undesirable activity or preventing them joining in with such activity. This should reflect a need that children and young people have been consulted on.

- The Small Grants Fund is for other applications that contribute towards achievement of the Dundee City Plan / Local Community Plan, usually up to £5,000, but there may be lower local restrictions on the amount. Therefore, it is important to check with the relevant Community Worker as listed on page 8 for any local restrictions or other requirements.

This application should address needs in one of the below Wards within which the Dundee Partnership supports activity. If an activity covers more than one Ward then an application is required for each Forum, but it is essential that each application can stand on its own if agreed and that the application is not for a city-wide activity, but a local activity that is to take place in more than one Ward.

TICK THE WARD WHERE YOUR PROJECT WILL OPERATE
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PLEASE INDICATE WHICH TYPE OF GRANT YOU ARE APPLYING FOR
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ColdsideX	Small GrantX
East End	Physical & Environmental Improvement
Lochee	Youth Inclusion
Maryfield	
North East	
Strathmartine	

Please note that communications regarding this application will be sent to you via email unless you indicate otherwise. All communication for this application should be made to [dundee.partnership@dundeecity.gov.uk](mailto:dundee.partnership@dundeecity.gov.uk)

### Checklist for the DP Community Regeneration Fund Application Form

Before submitting your application form to the Dundee Partnership Team, please use the below checklist to ensure that your form is as fully completed as possible. Please also note that submitting an incomplete form can cause delays in processing or rejection of your application.

**Have you:**

- Read the guidance sections of the form
- Fully completed the information on the front of the form
- Provided a response to all sections of the application form (including indicating a section as 'N/A' where relevant)
- Checked that your budget adds up properly?
- Checked that your start date is after the date at which funds could be available, (see page 6) and that your end date is within the financial year?
- Included appropriate, measurable outputs & outcomes?
- Provided your groups accounts, or other appropriate financial information?

Sourced and attached all relevant quotes?

(multiple quotes are required where >£5,000 is being applied for to ensure value for money is being considered)

Checked that the bank details or financial code are correct / complete?

Signed the form, given accurate contact details and ticked the GDPR box?

<b>Who is the grant for?</b> (Name of Applicant Group / Department)	Crossreach Tayside Support Services		
<b>Did you receive a Dundee Partnership grant during 2023-24?</b> (If yes, list all grants below)			<b>YES / NO</b>
<b>Title of project funded</b>	<b>Amount granted</b>	<b>When</b>	<b>Was it fully spent?</b>
The R and R Cafe	£4140	April 2023	Yes

**Please give a description of what you want this grant for - (please limit your answer to 500 words or less)**

The grant is to help pay rent to Coldside Parish Church for the use of the hall and kitchen.

It is £30 per hour for three hours, Once a week. (£90)

To allow us to hold a Recovery Café there on a weekly basis. For 43 weeks of the year.

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<p><b>Which City Plan / Local Community Plan Outcome(s) will it address?</b></p> <p>Helping address addiction by keeping people in recovery and helping them to move forward with their lives learning new skills and adding to their CV, working towards employment.</p> <p>Helping towards loneliness.</p> <p>Helping towards Living crises.</p>
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<p><b>How many people will benefit from this project?</b></p>	
<p>Will any specific groups benefit from this project? (male, female, age range or protected characteristic)</p> <p>All groups and all ages can benefit from this project. The whole community.</p>	

<p><b>Please say why the project is needed (please limit your answer to 500 words or less)</b></p> <p>The R and R was established in 2014, it is a community café, run by people in recovery of addictions. It is a safe place for all walks of life from the elderly to the youngest. People who are in recovery can access this knowing that it is a safe place for them to come and spend some time, making friends, learning activities, have a sense of belonging, help others by passing on their. It also removes fear of addiction from the community, in particular the elderly.</p>
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The food prices are kept to a minimum, this helps with the current living crisis whilst encouraging those who attend to pay their way.

It gives opportunities to people in recovery or those who have been affected by a loved one's addiction to volunteer, learn new skills (serving, food rotation, cleanliness, Fridge/freezer temps, taking orders, handling money and achieve a food hygiene certificate).

We have recently offered a Smart Recovery group to run before the café opens, offering tools and skills to stay in recovery.

Everyone is accepted for themselves and we hold zero stigma in the café.

We have a well-being nurse once a month and benefit advice from Voiceability, on a weekly basis.

We have applied for food share and am awaiting on word back.

We have just purchased a karaoke machine to allow people to have a sing-song which may lead to having a 'modern choir' This was bought after requested by the customers of the R and R. It will lift spirits, provide motivation and give people something to build upon.

We have also agreed to have a employee from a new project called, '**Giving Back, (for community success)**' based initially in Broughty Ferry, they will come to us and offer advice on a number of things including, mental health, finances, loneliness, stress and offer signposting in a number of area's. They will work independently for the benefit of the customers of the café and the community surrounding us in the same way as the NHS nurses work.

Now have a 'PAY FORWARD' in place. Where people could leave a donation to help pay for someone's food if they were struggling. It's an obvious way of helping people out but it also allows people to 'give back'.

**What local consultation has taken place regarding this application?**

(Please attach evidence summarising the results of any consultation)

Established in 2014, comments from customers on what they like and how they enjoy the café are on-going. We have just completed our first year back since covid and although slow is now starting to take off once more.

**What evidence do you hold that the local community supports this application?**

(For example, was it proposed by members of a particular group? Does it directly address need identified by community members?)

As above, initially was a project started by ADP but was taken over by Crossreach when other services stopped sending in an employee.

We work closely with the customers and ask what they would like to see in the café. We also provide a complaints and compliments book and encourage customers to write in the book with their comments on how we run the café.

We have been told:

- I enjoy the community based friendly atmosphere, what it promotes and generates, It's a safe place to come and to connect and eat and drink. What it provides in my humble opinion, is priceless.
- Very Friandly staff which are extremely inviting, great for the community where they can come for warmth and somewhere they can relax and talk, Food is nice also.
- Great food, very friendly, highly recommend it to everyone.

- I find the R and R to be an excellent focal point for me to meet my clients, it is welcoming and informal allowing cliets to be open and receive the support they require. Voicability.
- Popped into R and R for a nosey, was greeted by friendly staff, had a hot drink followed by a hot filled roll which was very tasty and plentiful. Chatted to several users and visitors, also friendly. Would recommend this safe place/ café. Will visit again. Keep up the good work.
- R and R Café, good food and good chat, Drank a gallon of tea the sausage egg doubler was dino.
- Always a laugh and giggle, staff always welcoming.
- Great environment and lovely food.
- As a founding member to the recovery café it is amazing to see it still running nearly 10 years later. Well done everyone!
- Amazing experience, all except Lee, swanning around like Gordon Ramsay. (Smilie face)
- Fantastic, friendly and encouraging. Good gub.
- Very friendly, welcoming, so good to meet faces who know. Service great and with a smile. ( smillie face)
- Nice and friendly, good company – everybody easy to talk to. Food and cup of tea good.
- Good great people, everyone is friendly, getting into the swing of things, can only get better. Good food too.
- Lovely visit to R and R Café, Still the best bacon and egg roll in Dundee. Great to see a busy café, I'm looking forward to my next visit. - Neil Sneddon.
- Best food for lunch! Lovely people and friendly atmosphere. Guttled I couldn't get Roberts scones as he is working. Loads of support.

**How will the project / activity tackle deprivation or benefit those experiencing deprivation?**  
(Refer to Section 1 of the Guidance Notes)

We keep our prices to a bare minimum and would always provide food for those who could not afford to pay. We have started running a 'pay forward' scheme, where people can buy a cup of tea or coffee / a meal for someone who is struggling. We signpost to other organisations which can help people with food & clothing and toys for children and will continue to signpost to any other service that we know about which can provide help in other area's. We have advice about benefits each week in situ.

**For Physical & Environmental Improvements (which must be Capital worth at least £6,000 in value) the following questions must be answered:      **N/A****

**Have all relevant permissions been agreed?** (please state what these are)

**How will the planned project be maintained?** (please state who will be responsible for this)

**What is the expected 'life' of the improvement?** (e.g. before it will require replacement)

**Could a plaque indicating the Community Regeneration Fund as a source be added on location for this award?** (If there would be additional costs for this, please indicate this in the budget section)

**What other sources of funding have you secured / tried to secure for this project?**

- **If none, please state why this is the case.....NONE.**

(Detail below, including applications that are pending or that have been turned down. We may ask for further evidence of an application for other funding)



Source of Funding (detail if this funding is for more than 1 year, if applicable)	£
We try to keep ourselves self-funded by the sale of food and only require rent to be paid to enable us to continue. Due to us being such a small project we often find that we are not told about funding available until it's too late. However, we have had a one off of funding in the past (2021), which helped us to provide activities when setting up after lockdown. We will continue to search for other funding in future to help us keep building on what we have.	£1,000

<p><b>What are the costs of your activity and how much money is required?</b> Please give specific details (expand list / use an additional sheet if required) and provide <u>all</u> quotes (good practice for applications for over £5,000 is to provide three quotes to ensure value for money is received, and we will require to see these where relevant).</p>		
Cost Heading	Full Costs (£)	DP Aid (£)
Rent £30. Per hour for 3 hours once a week.	£4,500	£3,870
Crossreach pays the rest at present. £630.		
<b>Totals</b>	<b>£4,500</b>	<b>£3,870</b>

- **All applicants are required to submit a copy of the group's most recent annual accounts with this application. These will be used to help determine eligibility for funding, and WITHOUT THEM AN APPLICATION WILL NOT PROCEED**
- **If reserves held are less than three months operating expenses please confirm this below**  
Note that if you have already submitted your accounts within this financial year, further copies may not be needed - please check with the Dundee Partnership Team if unsure

**What other documents are you attaching to evidence the budget costs for this application?** (e.g. quotes, estimates, projected income and expenditure)  
 No other costs.

**How do you intend to monitor the project Outputs and Outcomes?**  
 We intend to have a customer survey and comments from the people attending the café along with conversations with customers to help them feel included.

<p><b>What is the planned start date of the event/activity?</b>          Please note turn around on applications is 6 - 10 weeks and funding cannot be retrospective (<i>see section 2 of the guidance notes</i>)</p>	<p>13/06/2024</p>
<p><b>What is the planned end date of the event/activity?</b></p>	<p>04/04/2025</p>

**Outputs & Outcomes**

It is expected that applicants will have evidence to support performance information when completing returns on the performance against target. Consideration of this should be given when outputs and outcomes are set out.

Applicants will usually refer to one [City Plan](#) / [Local Community Plan](#) Outcome, but the opportunity is given for up to two, if required. **Please refer to section 3 of the Guidance Notes** for examples of outputs and outcomes / indicators.

<p><b>City Plan / Local Community Plan Outcome:</b></p>	
<p><b>Purpose of activity / project within this Outcome:</b></p>	
	<p><b>Target 2024-25</b></p>
<p>Outputs</p>	

Outcomes / Indicators:	

<b>City Plan / Local Community Plan Outcome:</b>	
<b>Purpose of activity / project within this Outcome:</b>	
	<b>Target 2024-25</b>
Outputs	
Outcomes / Indicators:	